

Eigenstate Thermalization Hypothesis and Beyond: Exercises

GGI Winter School 2025

Silvia Pappalardi

Exercise 1. *Probability distribution of the Gaussian Orthogonal Ensemble (GOE).* A GEO $D \times D$ matrix H can be written as $H = (A + A^T)/2$, where the entries of A are independent normal gaussian random variables, i.e. $P(A_{ij}) \propto e^{-H_{ij}^2/2}$. Show that the probability distribution of H can be written as

$$P(H) = \prod_i \frac{e^{-\frac{H_{ii}^2}{2}}}{\sqrt{2\pi}} \prod_{j>i} \frac{e^{-H_{ij}^2}}{\sqrt{\pi}} \propto \exp\left(-\frac{1}{2}\text{Tr}(H^2)\right). \quad (1)$$

Note that this distribution is characterized by $\text{Var}H_{ij} = \frac{1}{2}\text{Var}(H_{ii})$.

Exercise 2. *The Wigner Surmise.* Consider from a 2×2 GOE matrix:

$$H = \begin{pmatrix} x_1 & x_2 \\ x_3 & x_1 \end{pmatrix}, \quad x_1, x_2 = \mathcal{N}(0, 1), \quad x_3 = \mathcal{N}(0, 1/2), \quad (2)$$

where $\mathcal{N}(a, b)$ indicates the normal distribution of average a and variance b . Write the eigenvalues $\lambda_{1,2}$ and show that the probability distribution of the level spacing $s = \lambda_1 - \lambda_2$ reads:

$$p(s) = \frac{s}{2} e^{-s^2/4}. \quad (3)$$

(Hint: for $x = f(y)$ the probability distribution of x reads $p(x) = \int dy p(y) \delta(x - f(y))$). Rescale the level spacing by its average $\bar{s} = s/\langle s \rangle$, such that $\langle \bar{s} \rangle = 1$ and show that the previous equation leads to the so-called Wigner Surmise for the GOE:

$$\bar{p}(s) = \frac{\pi}{2} s e^{-\frac{\pi}{4}s^2}. \quad (4)$$

Exercise 3. *Poisson distribution for independent random variables.* Consider D iid random variables $X_1, \dots, X_D$ from a common probability distribution $p_X(x)$. Show that the distribution of the local level spacings is given by the exponential law

$$\lim_{D \rightarrow \infty} p_D(\bar{s}) = e^{-\bar{s}} \quad (5)$$

which is the law for the spacing in a Poisson process, where

$$\bar{s} = s D p_X(x). \quad (6)$$

Exercise 4. *Average level density.* Given the Wigner semi-circle law

$$\bar{\rho}(\lambda) = \frac{1}{\pi} \frac{1}{\sqrt{\beta D}} \sqrt{2 - \left(\frac{\lambda}{\sqrt{\beta D}} \right)^2}, \quad (7)$$

write it for the variables $x = \lambda / \sqrt{\beta D}$ and compute its Fourier transform:

$$\text{SFF}_1(t) \equiv \int e^{ixt} \bar{\rho}(x) d\lambda \equiv z_1(t). \quad (8)$$

What is the asymptotic behaviour at large t ?

Exercise 5. *The spectral form factor for the GUE.* Given a $D \times D$ GUE matrix H with variance $\frac{1}{2D}$, compute the spectral form factor defined as

$$\text{SFF}_2(t) = \left| \frac{\text{Tr}(e^{-iHt})}{D} \right|^2, \quad (9)$$

using that the eigenvalues x_i and x_j for $i \neq j$ are correlated as

$$\bar{\rho}^{(2)}(x_i, x_j) = \frac{D^2}{D(D-1)} \left[\bar{\rho}(x_i) \bar{\rho}(x_j) - \left(\frac{D}{\pi} \frac{\sin(2\beta D(x_i - x_j))}{2\beta D(x_i - x_j)} \right)^2 \right]. \quad (10)$$

Exercise 6. *Porter-Thomas distribution.* Given the distribution of the components of unitary vectors

$$\rho_{\text{UE}}(\mathbf{c}^{(i)}) = c_D \delta \left(1 - \sum_{\alpha=1}^D |c_\alpha^{(i)}|^2 \right) \quad \forall i, \quad (11)$$

consider the following marginal distribution of a single component

$$\rho_{\text{UE}}(y) = \int d^2 c_1 \dots d^2 c_D \delta(y - |c_1|^2) \rho_{\text{UE}}(\mathbf{c}). \quad (12)$$

Show that the re-scaled single component $\eta = \frac{y}{D}$ follows the so-called Porter-Thomas distribution in the large D limit:

$$\rho_{\text{UE}}(\eta) = \lim_{D \rightarrow \infty} \frac{1}{D} \rho_{\text{UE}}(\eta/D) = e^{-\eta}. \quad (13)$$

Exercise 7. *Toy model for ETH 1.* Given Haar expectation values $\overline{U_{i\alpha} U_{\beta j}^\dagger} = \delta_{ij} \delta_{\alpha\beta} / D$ and

$$\overline{U_{i\alpha} U_{\alpha j}^\dagger U_{j\beta} U_{\beta i}^\dagger} = \frac{1}{D^2 - 1} \left(1 + \delta_{\alpha\beta} - \frac{1}{D} - \frac{\delta_{\alpha\beta} \delta_{ij}}{D} \right), \quad (14)$$

show that the statistics of the matrix elements of an observable in the energy eigenbasis, $A_{ij} = \sum_\alpha A_\alpha U_{i\alpha} U_{\alpha j}^\dagger$ with $U_{i\alpha} \equiv \langle i | \alpha \rangle$, at the leading order in D reads

$$\overline{A_{ij}} = \langle A \rangle \delta_{ij}, \quad \overline{A_{ii}^2} - \overline{A_{ii}}^2 = \frac{\langle A^2 \rangle - \langle A \rangle^2}{D} + \mathcal{O}(D^{-2}) \quad (15)$$

while for $i \neq j$:

$$\overline{|A_{ij}|^2} = \frac{\langle A^2 \rangle - \langle A \rangle^2}{D} + \mathcal{O}(D^{-2}), \quad (16)$$

with $\langle \cdot \rangle = \text{Tr}(\cdot)/D$.

Exercise 8. *Toy model for ETH 2.* Show that the summary ansatz

$$A_{ij} = \langle A \rangle \delta_{ij} + \frac{R_{ij}}{\sqrt{D}} \sqrt{\kappa_2(A)}, \quad (17)$$

with $\overline{R_{ij}} = 0$ and $\overline{|R_{ij}|^2} = 1$ is equivalent to $\overline{A_{ii}} = \langle A \rangle$, Eq.(15) and Eq.(16).

Exercise 9. *Thermalization via ETH.* 1) Consider a quantum quench from an initial state $|\psi_0\rangle$ with extensive initial energy $\langle \psi_0 | \hat{H} | \psi_0 \rangle = E_0 = N e_0$ and sub-extensive energy fluctuations $\langle \psi_0 | (\hat{H} - E_0) | \psi_0 \rangle = \Delta_{E_0}^2 = N \delta_{e_0}^2$. Assuming absence of degeneracies and using the ETH ansatz, show that the infinite time-average of a local operator $\hat{A}(t)$ is given by

$$[A]_\infty \equiv \lim_{T \rightarrow \infty} \int_0^T \langle \psi_0 | \hat{A}(t) | \psi_0 \rangle \simeq \mathcal{A}(E_0) + \frac{1}{2} \left(\frac{\partial^2 \mathcal{A}}{\partial E^2} \right) \Delta_{E_0}^2 = \langle E_0 | \hat{A} | E_0 \rangle + O(1/N). \quad (18)$$

Exercise 10. *Thermalization via ETH.* 2) In the same quench scenario as the previous exercise, show how ETH implies thermalization: not only local observables equilibrate to the micro-canonical expectation value [cf. Eq.(18)], but there are only exponentially small fluctuations on top. In other words, show the following scaling

$$\sigma_{\hat{A}}^2 \equiv [A^2]_\infty - [A]_\infty^2 = \sum_{mn, m \neq n} |c_i|^2 |c_m|^2 |A_{nm}|^2 \leq \max |A_{nm}|^2 \propto e^{-S(\bar{E})}. \quad (19)$$

Exercise 11. *ETH factorization of observables with repeated indices.* Using ETH and saddle-point integration, show that for local observables $\hat{A}$ the following holds:

$$\sum_i \frac{e^{-\beta E_i}}{Z} A_{ii}^2 \simeq \mathcal{A}(e_\beta)^2 + \mathcal{O}(N^{-1}) \simeq [\langle \hat{A} \rangle_\beta]^2 + \mathcal{O}(N^{-1}). \quad (20)$$

Exercise 12. *Corrections to ETH factorization.* Using the ETH ansatz, compute the correction to the Eq.(20) above. Namely show that

$$\sum_i \frac{e^{-\beta E_i}}{Z} A_{ii}^2 \simeq [\langle A \rangle_\beta]^2 + \mathcal{A}'(e_\beta)^2 \Delta_{E_\beta}^2 + \mathcal{O}(N^{-2}), \quad (21)$$

where $\mathcal{A}'(e^*) = \frac{\mathcal{A}(E)}{\partial E} |_{e=e^*}$ and $\Delta_{E_\beta}^2 = \langle (\hat{H} - E_\beta)^2 \rangle_\beta = \frac{1}{N|S''|}$ is the energy variance of the canonical state. (Hint: use the saddle point to compute corrections to both $\sum_i e^{-\beta E_i} / Z A_{ii}$ and $\sum_i e^{-\beta E_i} / Z A_{ii}^2$.)

This diagram enters in the calculation of the two point function $\kappa_2(t) \equiv \langle A(t) A \rangle_\beta - \langle A \rangle_\beta^2$. For which class of observables can this correction become of the same order of $\kappa_2(t)$?

Exercise 13. Using the Eigenstate Thermalization Hypothesis Ansatz, show that the Fourier transform of the following regularized correlator

$$F_2(t) = \text{Tr}(\rho^{1/2} \hat{A}(t) \rho^{1/2} \hat{A}) - \text{Tr}(\rho \hat{A})^2 \quad \text{with } \rho = \frac{e^{-\beta H}}{Z} \quad (22)$$

is the bare off-diagonal smooth function appearing in ETH evaluated at the thermal energy, i.e. $\tilde{F}(\omega) = |f(e_\beta, \omega)|^2$.

Exercise 14. *Classical and Free cumulants.* Using the moment-cumulant implicit definitions

$$\mathbb{E}(x_1 x_2 \dots x_n) = \sum_{\pi \in P(n)} \prod_{b \in \pi} c_{|b|}(x_{b(1)} x_{b(2)} \dots x_{b(n)}), \quad \langle A_1 A_2 \dots A_n \rangle = \sum_{\pi \in NC(n)} \prod_{b \in \pi} \kappa_{|b|}(A_{b(1)} A_{b(2)} \dots A_{b(n)}), \quad (23)$$

where $b = (b(1), b(2), \dots, b(n))$ denotes the element of the block of the partition and $|b|$ its length, compute the classical and free cumulants

$$c_3(x_1, x_2, x_3), \quad c_4(x_1, x_2, x_3, x_4), \\ \kappa_3(A_1, A_2, A_3), \quad \kappa_4(A_1, A_2, A_3, A_4).$$

Then compare $\kappa_4(A_1, A_2, A_3, A_4)$ and $c_4(A_1, A_2, A_3, A_4)$, by writing the last one to respect to $\langle \cdot \rangle$ and not $\mathbb{E}(\cdot)$.

Exercise 15. *Free-cumulants of GUE.* Compute $\kappa_4(H, H, H, H)$ for a GUE random matrix H in the large D limit.

Exercise 16. *Freeness as a rule for mixed moments.* In the case of $D \times D$ matrices A, B and , show that $\kappa_2(AB) = 0$, $\kappa_3(ABA) = 0$ and $\kappa_4(ABAB) = 0$ imply

$$\langle ABAB \rangle = \langle A^2 \rangle \langle B^2 \rangle + \langle A \rangle^2 \langle B^2 \rangle - \langle A \rangle^2 \langle B \rangle^2. \quad (24)$$

Show that this correspond to the $n = 2$ of the more general expression

$$\langle ABAB \dots AB \rangle = \sum_{\pi \in NC(n)} \kappa_\pi(A, \dots, A) \langle B, \dots, B \rangle_{\pi^*}, \quad (25)$$

where π^* is the dual of the partition.

Exercise 17. *Factorization of non-crossing ETH diagrams.* Show that in the large N limit the following factorizations hold:

$$\kappa_{(b)}(t_1, t_2, t_3) = \sum_{i \neq j \neq m} \frac{e^{-\beta E_i}}{Z} A(t_1)_{ij} A(t_2)_{ji} A(t_3)_{im} A_{mi} = k_2^{\text{ETH}}(t_1, t_2) k_2^{\text{ETH}}(t_3, 0) + \mathcal{O}(N^{-1}) \quad (26a)$$

$$\kappa_{(c)}(t_1, t_2, t_3) = \sum_{i \neq j \neq k} \frac{e^{-\beta E_i}}{Z} A(t_1)_{ii} A(t_2)_{ik} A(t_3)_{km} A_{mi} = k_1^{\text{ETH}} k_3^{\text{ETH}}(t_2, t_3, 0) + \mathcal{O}(N^{-1}) \quad (26b)$$

$$\kappa_{(e)}(t_1, t_2, t_3) = \sum_{i \neq j} \frac{e^{-\beta E_i}}{Z} A(t_1)_{ii} A(t_2)_{ii} A(t_3)_{ij} A_{ji} = [k_1^{\text{ETH}}]^2 k_2^{\text{ETH}}(t_3, 0) + \mathcal{O}(N^{-1}), \quad (26c)$$

where

$$k_n^{\text{ETH}}(A(t_1) A(t_2) \dots A(t_n)) = \frac{1}{Z} \sum_{i_1 \neq i_2 \neq \dots \neq i_n} e^{-\beta E_{i_1}} A_{i_1 i_2} A_{i_2 i_3} \dots A_{i_n i_1} e^{it_1 \omega_{i_1 i_2} + \dots + it_n \omega_{i_n i_1}}. \quad (27)$$

Exercise 18. Given n energy eigenvalues $E_{i_1}, \dots, E_{i_n}$, the average energy $E^+ = (E_{i_1} + E_{i_2} + \dots + E_{i_n})/n$ and the energy differences $\vec{\omega} = (E_{i_1} - E_{i_2}, E_{i_2} - E_{i_3}, \dots, E_{i_n} - E_{i_1})$, show the following identity

$$E_{i_1} = E^+ + \vec{\ell}_n \cdot \vec{\omega} \quad \text{with} \quad \vec{\ell}_n = \left(\frac{n-1}{n}, \dots, \frac{1}{n}, 0 \right). \quad (28)$$