

Universe homogeneous and isotropic at large scales.
Described with FRWL metric

$$ds^2 = \eta_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a^2(t) (\delta_{ij} dx^i dx^j)$$

conformal time $\tau \equiv \int dt/a$
From geodesic equation $\Rightarrow p \propto 1/a$ ^{momentum}

Dynamics described by Einstein equations:

$$G_{\mu\nu} = \frac{8\pi G}{3} T_{\mu\nu} \rightarrow \text{Friedmann equations}$$

$T_{\mu\nu} = \text{diag}[\rho, p, p, p]$ stress-energy tensor of perfect fluid

From the conservation of $T^{\mu\nu}$, we get the evolution of energy:

$$\rho \propto \begin{cases} a^{-3} & \text{MATTER} \\ a^{-4} & \text{RADIATION} \\ \text{const.} & \Lambda \end{cases}$$

Microscopic description is given by DISTRIBUTION FUNCTION

$$f \equiv f(p, t) \quad \text{Note, no dependence on } \vec{x}, \vec{p} \text{ due to homog. and isotr.}$$

Relation between macro and micro:

$$\rho = g_s \int \frac{d^3p}{(2\pi)^3} E f(p, t); \quad P = g_s \int \frac{d^3p}{(2\pi)^3} \frac{p^2}{3E} f(p, t)$$

Due to rapid interactions in the early universe ($\Gamma \gg H$), particles are in local thermal equilibrium and we can use equilibrium distributions:

$$f_{FD, BE} = \frac{1}{e^{E/T} \pm 1} \Rightarrow \rho \propto \begin{cases} T^4 & \text{UR} \\ mn \dots & \text{NR} \end{cases} \quad \text{[NB: } \rho_{UR} \propto g_* T^4]$$

From II law of thermod. \Rightarrow entropy is conserved: $S \propto g_* T^3$

Particles decoupling [use of the thumb: $\Gamma \sim H$] when (non) relativistic, keep equilibrium distr. with

$$T \propto \begin{cases} 1/a & \text{(UR at dec.)} \\ 1/a^2 & \text{(NR at dec.)} \end{cases}$$

The full evolution is described with Boltzmann equations:

$$\frac{d}{dt}[f] = C[f]$$

↓
Liouville operator
accounts for metric

$$\frac{d}{dt} = \frac{\partial}{\partial t} + \frac{dx^i}{dt} \frac{\partial}{\partial x^i} + \frac{dp^i}{dt} \frac{\partial}{\partial p^i} + \frac{d\hat{p}^i}{dt} \frac{\partial}{\partial \hat{p}^i}$$

In homog. and isot.

$$\frac{d}{dt} = \frac{\partial}{\partial t} - H p \frac{\partial}{\partial p}$$

$$\frac{dp}{dt} = \frac{dp}{da} \frac{da}{dt} = -p \frac{\dot{a}}{a}$$

and we get again $p \propto 1/a$

Collisional operator
accounts for all interactions $1+2 \rightleftharpoons 3+4$

In equilibrium, $C[f] = 0$

The full evolution of the Universe is given by the coupled system of EE and BE.

PERTURBED UNIVERSE

We know the Universe is not fully hom. and isot. While this description holds for the background evolution, we need to revise it to describe the observations. According to current understanding, inhom. and anisotropies added from tiny perturbations about the smooth background. In the most simple model of the early Universe, they originated from quantum fluctuations of the dominant (scalar) field at that time (e.g., we can think of time-shift of $\phi(t+dt)$). These scalar fluctuations are converted in metric perturbations and frozen as they exit the horizon during inflation. The same inflation mechanism also generates tensor perturbations to the metric.

These perturbations are "drawn" from a Gaussian distribution and ^{thus} are a possible stochastic realization (i.e., we live in a possible stochastic realization of the Universe).

The evolution of these perturbations as they re-enter the horizon at later times is governed by "deterministic" equations.

Perturbation of species $X \rightarrow \delta_X(t) \sim T[X] \int_{\text{SUBORDINAL}} \rightarrow$ Encodes stochasticity

↑
Transfer function describes "determ." evolution

[Note, we assume ADIABATIC initial conditions, so we only need 1 field to describe all]

Perturbations are small \Rightarrow Easy to treat in Fourier space, where
 1) each Fourier mode evolves independently (as long as we are in linear regime); 2) the system of PDE simplifies to ODE.

Perturbations are Gaussian \Rightarrow All physics properties can be extracted from the variance of the distribution (NB: the average is 0 if we consider

$$\delta_x = \frac{\delta X - \bar{X}}{\bar{X}} : \quad \langle \delta_x(\vec{k}) \delta_x^*(\vec{k}') \rangle = (2\pi)^3 \delta_{\vec{k}-\vec{k}'} P_{\delta}(k)$$

\uparrow Independence of Fourier modes \uparrow Rotational invariance

$P_{\delta}(k)$ is the POWER SPECTRUM. Note, $\mathcal{P}_{\delta}(k) = k^3 P_{\delta}(k)$ is the variance in log. bin:
 $\sigma^2 \propto \int d^3k P_{\delta} = \int k^2 dk P_{\delta} = \int dk \ln k P_{\delta}$

Inflation produces almost scale invariant spectrum \mathcal{P} :

$$\mathcal{P}_{\text{scal.}} = A_s k^{n_s-1} \rightarrow \text{spectral index } \sim 1$$

\uparrow Amplitude

[Note this is usually computed as the power spectrum of the gauge-invariant curvature perturbation \mathcal{R} , which is conserved on super-horizon scales,] at the time of horizon crossing $aH=k$

As we will see, tensor perturbations have 2 DOF, $h_{+,\times}$, and the total PS is:

$$P_T = P_{\times} + P_{+}$$

where each DOF is given by $\mathcal{P}_{\times,+} \langle h_{\times,+}(\vec{k}) h_{\times,+}^*(\vec{k}') \rangle = (2\pi)^3 \delta_{\vec{k}-\vec{k}'} P_{\times,+}(k)$

and $\mathcal{P}_T(k) = A_T k^{n_T} \rightarrow$ tensor spectral index $\sim r$ [Note, we usually use $r \equiv \frac{P_T}{P_{\delta}} = \frac{A_T}{A_s}$]

\downarrow
 $\propto n_{\text{INFLATION}}$

So, back to the δ_x , we can write: $\delta_x(\eta, \vec{k}) = \overbrace{[\delta_x(\eta, \vec{k}) / S_{in}(\vec{k})]}^{\text{transfer} \equiv \delta_x(\eta, k)} S_{in}(\vec{k})$
 $\langle \delta_x(\vec{k}_1) \delta_x^*(\vec{k}_2) \rangle = (2\pi)^3 \delta_{\vec{k}_1-\vec{k}_2} [\delta_x(k, \eta)]^2 P(k)$

So, inflation gives us $P(k)$. Let's see what we need to compute the transfer. Again, the evolution is given by the system of Einstein-Boltzmann equations. We need to derive their perturbed version.

First, we perturb the METRIC^{g_{μν}}, which is now, in principle, a 4x4 full tensor. However, the 16 DOF can be reduced, because 1) g_{μν} is symmetric 2) we can absorb 4 DOF with the gauge choice. We remain with 6 DOF, that can be identified based on their behavior under rotations into SCALAR (1), VECTOR (2) and TENSOR (2). We neglect vector, because they are not sourced in the early universe.

The decomposition theorem states that, at linear order, different types of perturbations to the metric are independent from each other.

Therefore, we can treat them separately when deriving the corresponding evolution equations.

For SCALAR perturbations, we use the conformal Newtonian gauge, where the metric is:

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu} \Rightarrow h_{00} = -2\psi; h_{0i} = 0; h_{ij} = 2\phi\delta_{ij}$$

For TENSOR perturbations, we use

$$h_{00} = -1; h_{0i} = 0; h_{ij} = \begin{pmatrix} h_+ & h_x & 0 \\ h_x & -h_+ & 0 \\ 0 & 0 & 0 \end{pmatrix} = \int_S h_s E_s^{ij}; E_s = E_{+x} / (E_{2,4})$$

↓ Transverse traceless
 ↓ Polarization tensor

From the metric, we can already compute the perturbed version of the Liouville operator. We need to retain, in principle, all terms

SCALAR

Define the 4-momentum $P^\mu = (P^0, P^i)$

$$-P^0 \rightarrow g_{\mu\nu} P^\mu P^\nu = -m^2 \Rightarrow -(1+2\psi)P^0{}^2 + \overset{g_{ij}P^iP^j = P^2}{P^2} = -m^2 \Rightarrow |P^0 \simeq (1+\psi)E|$$

$$-P^i \rightarrow P^2 = g_{ij}P^iP^j = a^2(\delta_{ij} + 2\phi\delta_{ij})P^iP^j \Rightarrow |P^i = (1-\phi)\frac{p}{a}\hat{p}^i|$$

$$-\frac{dx^i}{dt} = \frac{dx^i}{d\lambda} \frac{d\lambda}{dt} = \frac{P^i}{P^0} = \frac{\hat{p}^i}{a} \frac{p}{E} (1-\phi+\psi)$$

$$-\frac{dp^i}{dt} = \frac{dp^i}{d\lambda} \frac{d\lambda}{dt} = \frac{1}{P^0} \frac{d}{d\lambda} (a(1+\phi)P^i) = \frac{1}{P^0} \left[a(1+\phi) \overset{\text{geodesic}}{\frac{dP^i}{d\lambda}} + P^i_a \left(\frac{P^0 d}{dt} + \frac{P^k d}{dx^k} \right) (a(1+\phi)) \right]$$

$$\text{Using } \frac{dp}{dt} = \frac{d}{dt} \sqrt{\delta_{ij} p^i p^j} = \delta_{ij} \frac{p^i}{p} \frac{dp^j}{dt}$$

↓

$$\Rightarrow \frac{dp}{dt} = - \underbrace{(H + \Phi)}_{\text{Hubble friction in perturbed Universe}} p - \underbrace{\frac{E}{a} \hat{p}^i \frac{\partial \psi}{\partial x^i}}_{\text{Cosmological Gravitational redshift (} \hat{p}^i \frac{\partial \psi}{\partial x^i} \leq 0 \Rightarrow \text{well at rest well} \Rightarrow \text{gain energy loss)}$$

(Note that $g_{ij} = a^2 \delta_{ij} (1 + 2\Phi) = \delta_{ij} \bar{a}^2$; $\bar{a} = a \sqrt{1 + 2\Phi} \approx a(1 + \Phi)$
 so that $\frac{\dot{\bar{a}}}{\bar{a}} = H + \dot{\Phi}$)

$$\text{Using } \frac{d\hat{p}^i}{dt} = \frac{d}{dt} \left(\frac{p^i}{p} \right) = \frac{E}{ap} \left(\delta_{ij}^k - \hat{p}^i \hat{p}^k \right) \left(\frac{p^j}{E} \Phi - \psi \right)_{,k}$$

↓
 Change in direction is due to interfering gradients of potentials.
 Note this is a first-order effect only (will be useful later)

We are left with:

$$\left| \frac{d}{dt} = \frac{\partial}{\partial t} + \frac{\hat{p}^i}{a} \frac{p^j}{E} (1 - \Phi + \psi) \frac{\partial}{\partial x^i} + \left[(H + \Phi) p - \frac{E}{a} \hat{p}^i \frac{\partial \psi}{\partial x^i} \right] \frac{\partial}{\partial p} + \frac{d\hat{p}^i}{dt} \frac{\partial}{\partial \hat{p}^i} \right|$$

TENSOR

Derive 4-momentum

$$- g_{\mu\nu} P^\mu P^\nu = -m^2 = -P^0^2 + p^2 \Rightarrow |P^0| = E$$

$$\begin{aligned} \text{Let's define } P^i &= C \hat{p}^i \Rightarrow g_{ij} P^i P^j = p^2 = a^2 (\delta_{ij} + h_{ij}) C^2 \hat{p}^i \hat{p}^j = \\ &= a^2 C^2 (1 + h_{ij} \hat{p}^i \hat{p}^j) \Rightarrow C = \frac{p}{a} \left(1 + \frac{1}{2} h_{ij} \hat{p}^i \hat{p}^j \right) \end{aligned}$$

$$|P^i| = \frac{p}{a} \left(1 + \frac{1}{2} h_{jk} \hat{p}^j \hat{p}^k \right) \hat{p}^i$$

$$\Rightarrow \frac{dx^i}{dt} = \frac{P^i}{P^0} = \frac{\hat{p}^i}{a} \frac{p}{E} \left(1 + \frac{1}{2} h_{jk} \hat{p}^j \hat{p}^k \right)$$

With same procedure, we get $\frac{dp^i}{dt}$:

$$\frac{dp}{dt} = -p \left(H + \frac{1}{2} \dot{h}_{jk} \hat{p}^j \hat{p}^k \right) \Rightarrow \text{Only Hubble friction}$$

$$\frac{d\hat{p}^i}{dt} = 0 \Rightarrow \text{No change in } \hat{p}^i \text{ due to tensor perturbations}$$

Putting things together:

$$\left| \frac{d}{dt} = \frac{\partial}{\partial t} + \frac{\hat{p}^i}{a} \frac{\partial}{\partial x^i} \left(1 + \frac{1}{2} h_{kl} \hat{p}^k \hat{p}^l \right) \frac{\partial}{\partial x^i} - p \left[1 + \frac{1}{2} h_{kl} \hat{p}^k \hat{p}^l \right] \frac{\partial}{\partial p} \right|$$

In a perturbed universe, the distribution function depends on t, \vec{x}, p, \hat{p}^i :

$$f \equiv f(t, \vec{x}, p, \hat{p}^i) \xrightarrow{\text{linearize}} f = f_0 + f_1; f_0 = f_{BE,FD}$$

The components of $T^{\mu\nu}$ are also perturbed, and off-diagonal terms appear:

$$T^0_0 = g_s \int \frac{d^3 p}{(2\pi)^3} E (f_0 + f_1) = \rho + \delta\rho$$

$$T^0_i = g_s \int \frac{d^3 p}{(2\pi)^3} p_i (f_0 + f_1) =$$

$$T^i_j = g_s \int \frac{d^3 p}{(2\pi)^3} \frac{p^i p_j p^l}{E} (f_0 + f_1) = (P + \delta P) \delta^i_j + \Sigma^i_j$$

Anisotropic shear (off-diag)
(Note: if $E \sim m \gg p$, $T^i_j \sim 0$)
NR particles have vanishing T^i_j

From metric + stress-energy tensor, we can write the perturbed Einstein equations (not derived here) SCALAR: $2) \text{ Poisson} + \Phi) \Phi = -\Psi$ unless anisotropic stress $\neq 0 \Rightarrow$ CONSTRAINT EQUATIONS (no ∂_t^2)
TENSOR: $k^i + 2g^i_k k^k + k^i k_l = 0$

From metric + dist. funct., we can write the perturbed Boltzmann eq.

Let's move to Fourier ($\frac{\partial}{\partial x^i} \rightarrow i k \hat{r}^i$) and to conformal time ($t \rightarrow a\eta$)

and to comoving \tilde{p} ($\tilde{p} = ap \rightarrow \frac{d\tilde{p}}{dt} = a(pH + \frac{dp}{dt})$):

$$\frac{\partial f_1}{\partial \eta} + i \vec{k} \cdot \hat{p} \frac{\tilde{p}}{E} (1 - \frac{\tilde{p}}{E}) f_1 - \left[\frac{\partial \Phi}{\partial \eta} \tilde{p} \frac{\partial f_0}{\partial \tilde{p}} \right] = C[f_0 + f_1] \quad \text{SCALAR}$$

$$\frac{\partial f_1}{\partial \eta} + i \vec{k} \cdot \hat{p} \frac{\tilde{p}}{E} f_1 - \frac{1}{2} \frac{\partial h_{kl}}{\partial \eta} \hat{p}^k \hat{p}^l \tilde{p} \frac{\partial f_0}{\partial \tilde{p}} = C[f_0 + f_1] \quad \text{TENSOR}$$

$$\frac{1}{2} \frac{\partial h_{kl}}{\partial \eta} \epsilon_{ijkl} \hat{p}^k \hat{p}^l$$

$\sum_s \frac{\partial h_s}{\partial \mathcal{M}} \epsilon_{s,kl} \hat{p}^k \hat{p}^l \Rightarrow$ Choose a spherical coord. system, where $\epsilon_s = \epsilon_{+,x}$
 $\hat{p}^i = (\sin\theta \cos\varphi, \sin\theta \sin\varphi, \cos\theta)$ $k=(0,0,1)$

$\epsilon_+ = \text{diag}[1, -1, 0]$, $\epsilon_x = \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} \Rightarrow$ Only terms that survive are:
 $\epsilon_{+,11} (\hat{p}^1)^2 + \epsilon_{+,22} (\hat{p}^2)^2$
 $\epsilon_{x,12} \hat{p}^1 \hat{p}^2 + \epsilon_{x,21} \hat{p}^2 \hat{p}^1$

$$\frac{\partial h_+}{\partial \mathcal{M}} (\sin^2\theta \cos^2\varphi - \sin^2\theta \sin^2\varphi) + \frac{\partial h_x}{\partial \mathcal{M}} (2 \sin^2\theta \cos\varphi \sin\varphi) =$$

$$= \sin^2\theta \left(\frac{\partial h_+}{\partial \mathcal{M}} \cos 2\varphi + \frac{\partial h_x}{\partial \mathcal{M}} \sin 2\varphi \right) = (1 - \mu^2) \sum_s \frac{\partial h_s}{\partial \mathcal{M}} e^{\pm 2i\varphi}$$

$\downarrow \frac{e^{2i\varphi} + e^{-2i\varphi}}{2}$ $\downarrow \frac{e^{2i\varphi} - e^{-2i\varphi}}{2i}$ let's define $\cos\theta = \hat{k} \cdot \hat{p} = \mu$

Instead of solving the full Boltzmann, it is useful to expand the perturbations in harmonics (after integrating opportunistically over momentum p):

$$\cancel{X} \approx \int d^3p \quad X = \sum_{\ell} (-i)^{\ell} (2\ell+1) X_{\ell} P_{\ell}(\mu)$$

\uparrow Integrated dist. function over momentum \downarrow Legendre polynomial used to expand the angular dependence of X

With this normalization, $X = e^{i(\hat{k} \cdot \hat{p})}$ expands with coefficients $X_{\ell} = \frac{1}{2} P_{\ell}(\cos\theta)$ BESSEL

We obtain a system of ODE. For NR species, this is simply given by 2 equations: one for the density, one for velocity (remember stress was vanishing). For REL. species (and massive neutrinos) we have an infinite hierarchy of equations:

- $l=0 \Rightarrow$ density δ
- $l=1 \Rightarrow$ velocity v
- $l=2 \Rightarrow$ anisotropic shear
- \vdots

We will see that, for photons, we only have to solve up to $l=4$. $l > 4$ moments can be obtained from the solutions of $l \leq 4$.

* For collisionless species, easier to derive δ, θ from $T_{\mu\nu} = 0$.