Pulling yourself up by your Bootstraps in Quantum Gravity

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Bootstrap

Find the space of *possible theories* just using consistency: Symmetries and Quantum Mechanics



From Wikipedia: "A self-starting process that is supposed to proceed without external input"

Conformal Field Theories

CFTs are quantum field theories invariant under angle-preserving transformations of space (or spacetime)

They are central objects in physics. Mathematically rigid structures.











Conformal Bootstrap

Early 70s: Ferrara Gatto Grillo, Polyakov bootstrap axioms

Belavin Polyakov Zamolodchikov² Early 80s: exact solution of some 2d CFTs, e.g. 2d Ising

Modern era (since 2008): Rattazzi Rychkov Tonni Vichi Carve out *theory space* by the linear functional method

Compile a catalogue of all consistent CFTs in various dimensions

The bootstrap oracle

Not anything goes in CFT!

Tentative CFT data are constrained by rigorous bootstrap inequalities



Figure credit: S. Rychkov

The λ-point experiment



Specific heat $C \sim |T - T_c|^{\alpha}$ with $\alpha = -$

Microgravity experiment in space (1992): 8σ discrepancy with Montecarlo



$$\frac{2\Delta_s - 3}{3 - \Delta_s}$$



[Chester, Landry, Liu, Poland, Simmons-Duffin, Su, Vichi]

Simons Collaboration on



Specific to 2d CFTs. Consider the theory at finite temperature $T = 1/\beta$

$$Z(\beta) = \sum_{i} e^{-\beta E_{i}} \qquad \qquad Z(\beta) = Z$$

Posivity and crossing: not anything goes

$$\sum_{n} \alpha_{n} \left(\frac{\partial}{\partial \beta}\right)^{2n+1} \bigg|_{\beta=1} \left[\sum_{i} e^{-\beta E_{i}} - e^{-E_{i}/\beta} \right] = 0$$

Cleverly constructed linear functional constrains possible spectra $\{E_i\}$



Hellerman,



Bootstrapping quantum gravity?

Not anything goes in quantum gravity! Give a low-energy effective theory (particle content and interactions), does it admit a UV completion or is part of the *Swampland*?

$$S = \frac{1}{8\pi G} \int d^D x \sqrt{g} \left(R + \alpha_2 R^2 + \dots + \alpha_2 R^2 + \dots + M \right)$$



- + $(\nabla \phi)^2 + \lambda \phi^4 + g_2 (\nabla \phi)^4 + \dots)$

Bootstrapping quantum gravity?

Bootstrap methods apply most directly to gravity in Anti de Sitter space

CFTs are holograms for quantum gravity theories in AdS



Black hole thermodynamics

Entropy $= \cdot$



For M87 black hole, $S \sim 10^{96}$

The original hint for holography

$$\frac{A}{4G\hbar} = \frac{A}{4\ell_{\rm Planck}^2}$$



What is the simplest theory of 3D gravity?

Unlike in 4D, no propagating bulk gravitons. There are however boundary gravitons.

$$S = \frac{1}{8\pi G} \int d^3x \sqrt{g} \left(R - \frac{1}{\ell^2} \right) + \dots ?$$

Eithere a theory of " $\mathcal{P}\mathcal{P}\mathcal{P}_{Planck}$ " gravity?/ \mathcal{O} , which is very large for weakly coupled gravity By " $\mathcal{P}\mathcal{U}\mathcal{P}_{Planck}$ " gravity we mean *just* boundary gravitons and black holes $C = \frac{2G}{2G}$ is also the central charge (# of degrees of freedom) of the dual CFT



Look for the theory with the highest possible E_1

Hellerman

gravitons $|\Omega\rangle, L_{-2}|\Omega\rangle, L_{-2}L_{-2}|\Omega\rangle, \dots$ \mathcal{O} E_1 0

Bootstrapping 3D gravity



 $Z_{\rm CFT} = Z_{AdS}$

- For given *c*, $E_1 \leq E_{gap}(c)$, or else we cannot satisfy $Z(\beta) = Z(1/\beta)$



Numerical bounds

Afkhami-Jeddi HartmanTajdini

Two numerical surprises at c = 4 and c = 12: spectrum and degeneracies converge to integers, for no good apparent reason

E.g. for
$$c = 12$$
:
 $E_{\text{gap}} \le 2 + 10^{-30}$ and $n_1 = 196884 = 196883 + 1$, $Z^{c=12} \rightarrow j(\tau) - 744$

Modularity and monster symmetry! But *why*?

From $c \leq 2000$, extrapolated asymptotics

gravitons
$$|\Omega\rangle, L_{-2}|\Omega\rangle, L_{-2}L_{-2}|\Omega\rangle, \dots$$

$$E_{gap}(c) \sim \frac{c}{9.08} \text{ as } c \to \infty$$



Sphere Packing Problem

What is the densest configuration of identical spheres in *d* dimensions?

Deep question, with connections to modular forms, number theory, cryptography, ...

Solved only in d = 1, 2, 3, 8, 24.

In d = 2, honeycomb lattice (Toth, 1940)



Sphere Packing Problem

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In d = 3, Kepler's conjecture (1611): stack hexagonal layers. Proved by Hales in 1998.





Sphere Packing Problem

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In d = 8, E_8 lattice. Solved by Viazovska on 3/14/2016. Short elegant proof.

In d=24, Leech lattice. Solved a week later with the same technique.



Linear programming bounds

Viazovska built on the Cohn-Elkies approach. A function f(r) with certain positivity and Fourier properties gives an upper bound. Find the best f(r) by linear optimization.



This amounts to a numerical proof in d = 8, 24. But an analytic proof was elusive.

Viazovska constructed analytically the "magic function" f(r)

Punchline



Cohn-Elkies $f(r) \equiv$ linear functional for the modular bootstrap $Z(\beta) = Z(1/\beta)$!

Sphere packing

d

density ρ

Viazovska `16





- More precisely, the Cohn-Elkies problem is equivalent to the modular bootstrap for $U(1)^c$

Modular bootstrap

$$c = \frac{d}{2}$$
$$E_1 = \rho^{2/d}$$

Mazáč`16

Bootstrapping graviton scattering?



Constrain $2 \rightarrow 2$ amplitude $\mathcal{M}(s, t)$ subject to analyticity, crossing, boundedness

CFT bootstrap — S-matrix bootstrap

Bounds in a weakly coupled low-energy theory of a scalar + gravity

$$S = \frac{1}{8\pi G} \int d^D x \sqrt{g} \left(R + (\nabla \phi)^2 + \lambda q \right)$$



Caron-Huot Mazáč LR Simmons-Duffin

 g_2 allowed to be a bit negative thanks to gravitational time delay

 $\phi^4 + g_2(\nabla^4 \phi^4) + g_3(\nabla^6 \phi^4) + g_4(\nabla^6 \phi^4)...)$

A bound in maximal sugra

$$S = \frac{1}{8\pi G} \int d^D x_{\Lambda}$$

$0 \le g_0 M^6 \le 3.000$. Compatible with type II string, $g_0 M^6 = 2\zeta(3) \cong 2.40$

 $\sqrt{g} \left(R + g_0 R^4 + \dots \right)$

Bounds from graviton scattering in D=4

Caron-Huot Li Parra-Martinez Simmons-Duffin



(See also Chiang Huang Li Rodina Weng)







- * Simplest theory of 3D gravity? Still an open question
- ♦ New insights bootstrap ↔ sphere packing E.g. improved numerics for large *d*: $\rho \lesssim 2^{-0.6044 d}$
- * Is there a more general relation between the constraints on both sides?

Outlook



Afkhami-Jeddi et al

Outlook



- In asymptotic Minkowski, beginning of the quantum gravity S-matrix bootstrap Must make plausible physical assumptions
- In asymptotic AdS, a corner of the CFT bootstrap * Fully rigorous

Caron-Huot Mazáč LR Simmons-Duffin





Proof that large *N* CFTs with large gap have a local AdS dual, with sharp inequalities

MUST WE NOT THEN **RENOUNCE THE OBJECT** ALTOGETHER, THROW IT TO THE WINDS AND INSTEAD LAY BARE THE **PURELY ABSTRACT?**

VASILY KANDINSKY 1911