

Probing self-interacting neutrinos with cosmological data

Based on arXiv:2403.05496 and arXiv:2309.03941

David Camarena

*Department of Physics and Astronomy
University of New Mexico, US*



Francis-Yan Cyr-Racine

John Houghteling



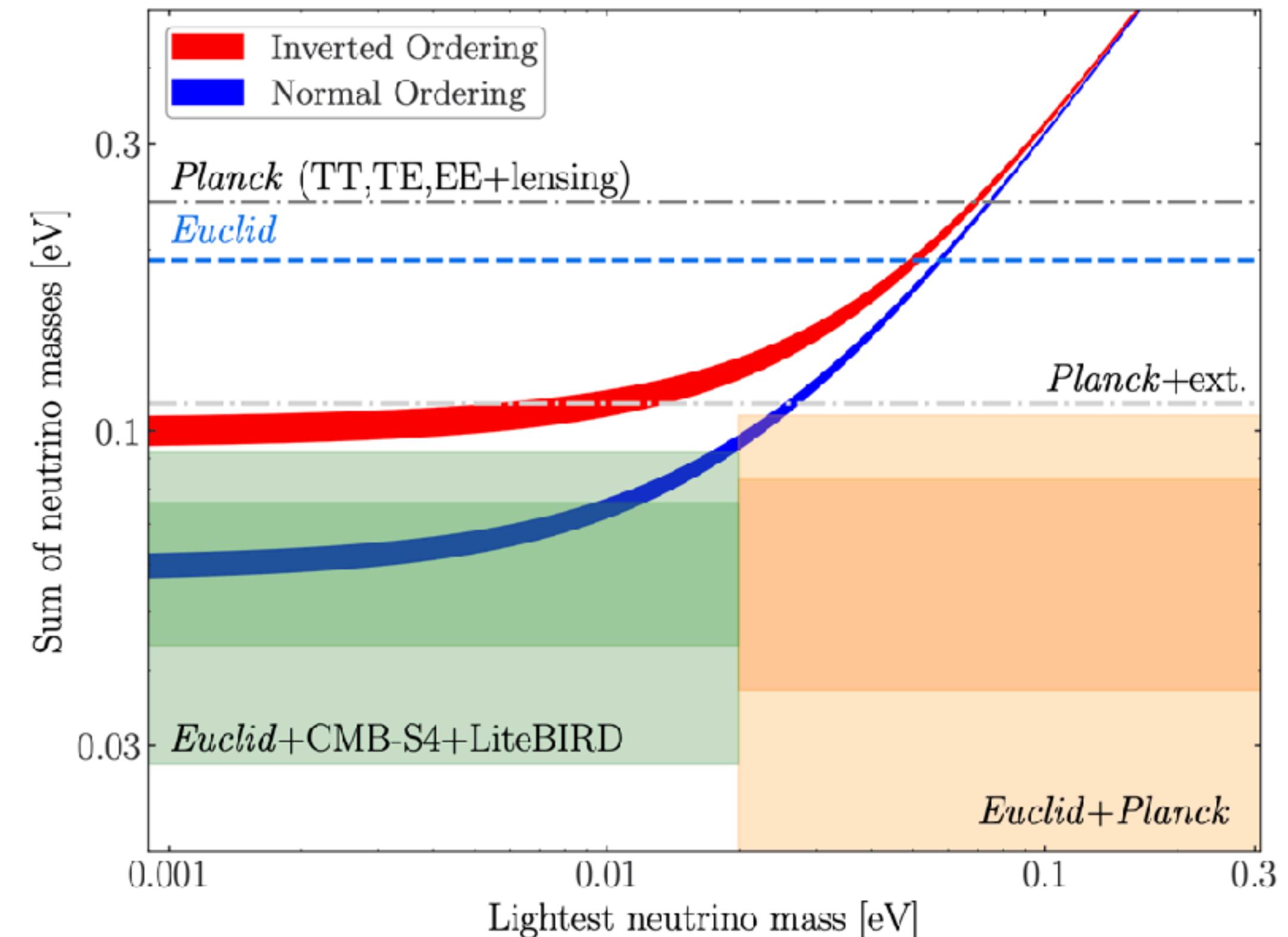
Neutrino Frontiers, Galileo Galilei Institute

1 July, 2024

Neutrino cosmology

- Neutrinos represent 41% of the energy budget in the early Universe.
 - Their gravitational interactions leave distinct imprints in various cosmological observables.
 - Cosmological observations enable tight constraints on pivotal parameters describing neutrino properties, e.g., $\sum m_\nu$.
- See Maria Archidiacono's Talk*
- Upcoming surveys will contribute to unveiling the nature of neutrinos!

Euclid Collaboration M. Archidiacono et al., arXiv:2405.06047



A fundamental SM prediction

- According to the SM, neutrinos commence to free-streaming at ~ 1 MeV (1s after BB).

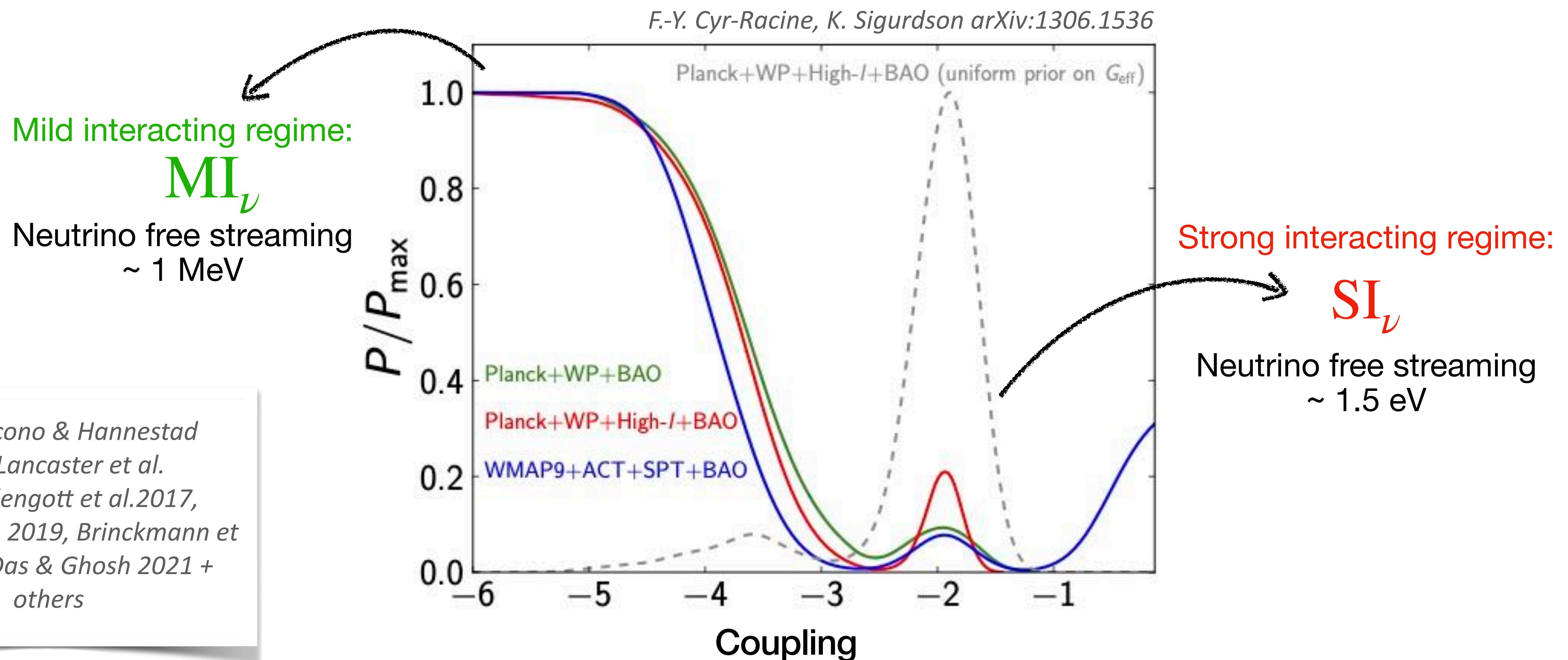
$$\Gamma \sim G_F^2 T^5 \text{ and } H \sim T^2/m_{\text{Pl}}$$

$$\left(\frac{\Gamma}{H}\right) \sim \left(\frac{T_{\text{FS}}}{1 \text{ MeV}}\right)^3$$

- SM implies that before recombination, ν are the only source free-streaming radiation.
- Evolution of cosmological perturbations are sensitive to the free-streaming nature of neutrinos.
- Cosmological data can be used to test physics BSM capable of modifying the free-streaming nature of neutrinos!

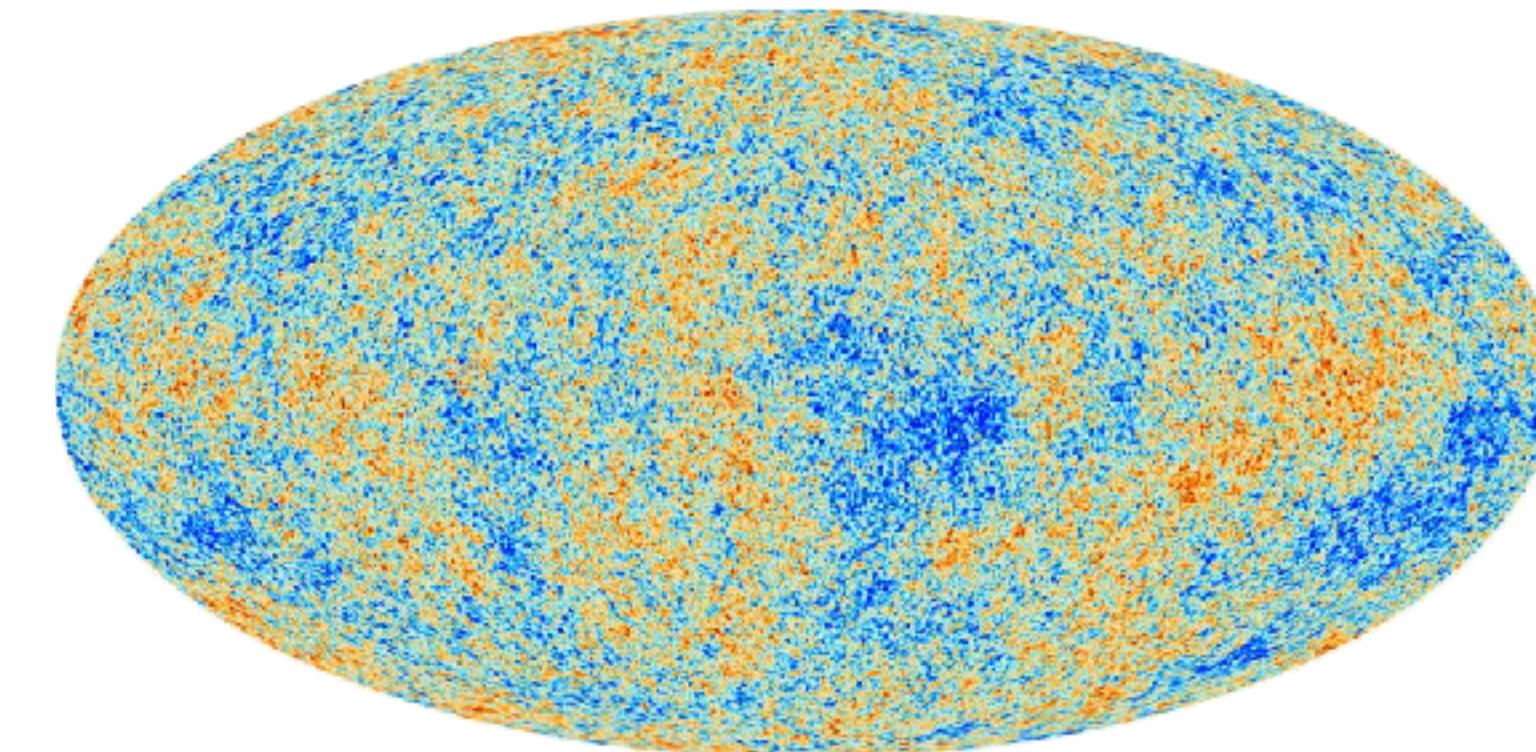
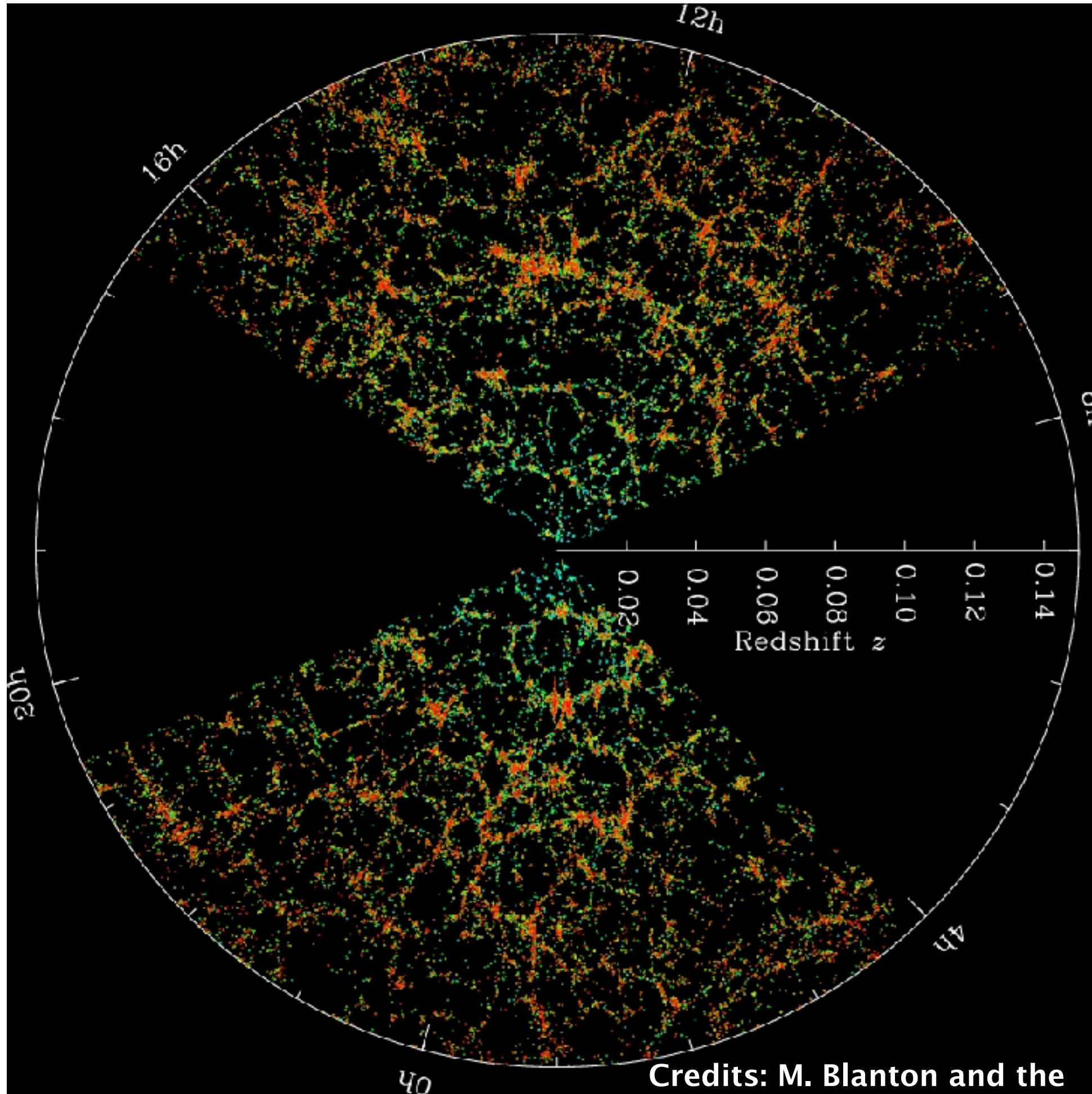
CMB data and neutrino self-interactions

Some CMB data allow a cosmological scenario in which ν strongly interact, delaying their free-streaming until close to matter-radiation equality!



Broadening the cosmological landscape

The evolution of perturbations as presented by the CMB data suggest that our Universe could feature novel interactions in the neutrino sector, yet...



Credit: ESA/Planck

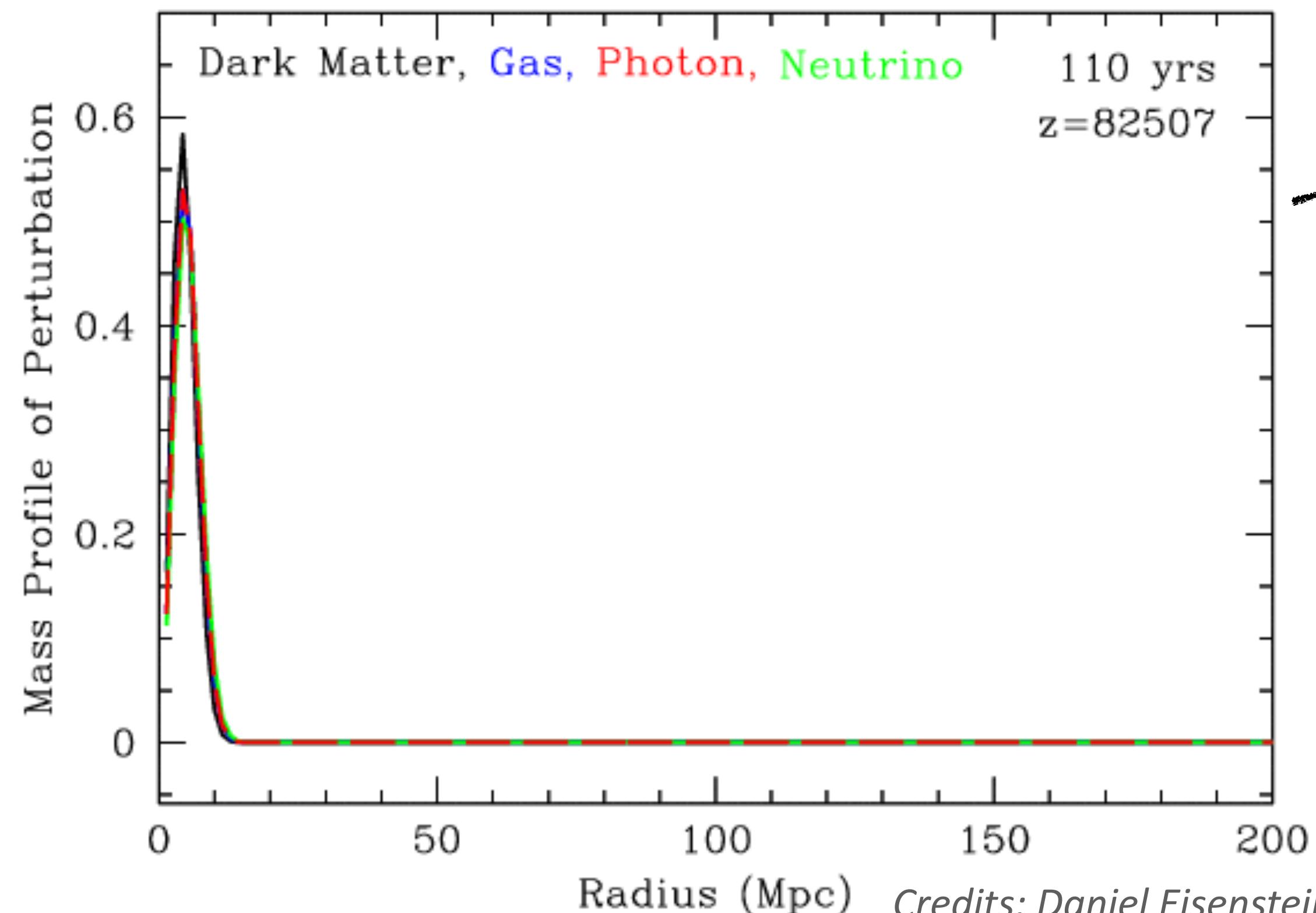


Free-streaming neutrinos

Neutrinos start to free streaming at ~ 1 MeV

$$\frac{\Gamma_{\text{weak}}}{H} \sim \left(\frac{T}{1 \text{ MeV}} \right)^3$$

Neutrinos travel supersonically, gravitationally pulling the baryon-photon wave front slightly ahead!



Changes in the CMB?
Phase shift towards larger scales
Reduction of the amplitude

Neutrino free streaming and its impact on the CMB

Neutrino FS leads to a phase shift and amplitude suppression of the photon perturbations

$$d_\gamma(k, \tau) = 3\xi_{\text{in}} \left(1 + \Delta_\gamma \right) \cos(\varphi_s + \delta\varphi_s) + \mathcal{O}(\varphi_s^{-1})$$

$$\Delta_\gamma \simeq -0.2683R_\nu + \mathcal{O}(R_\nu^2)$$

$$\delta\varphi = 0.1912\pi R_\nu + \mathcal{O}(R_\nu^2)$$

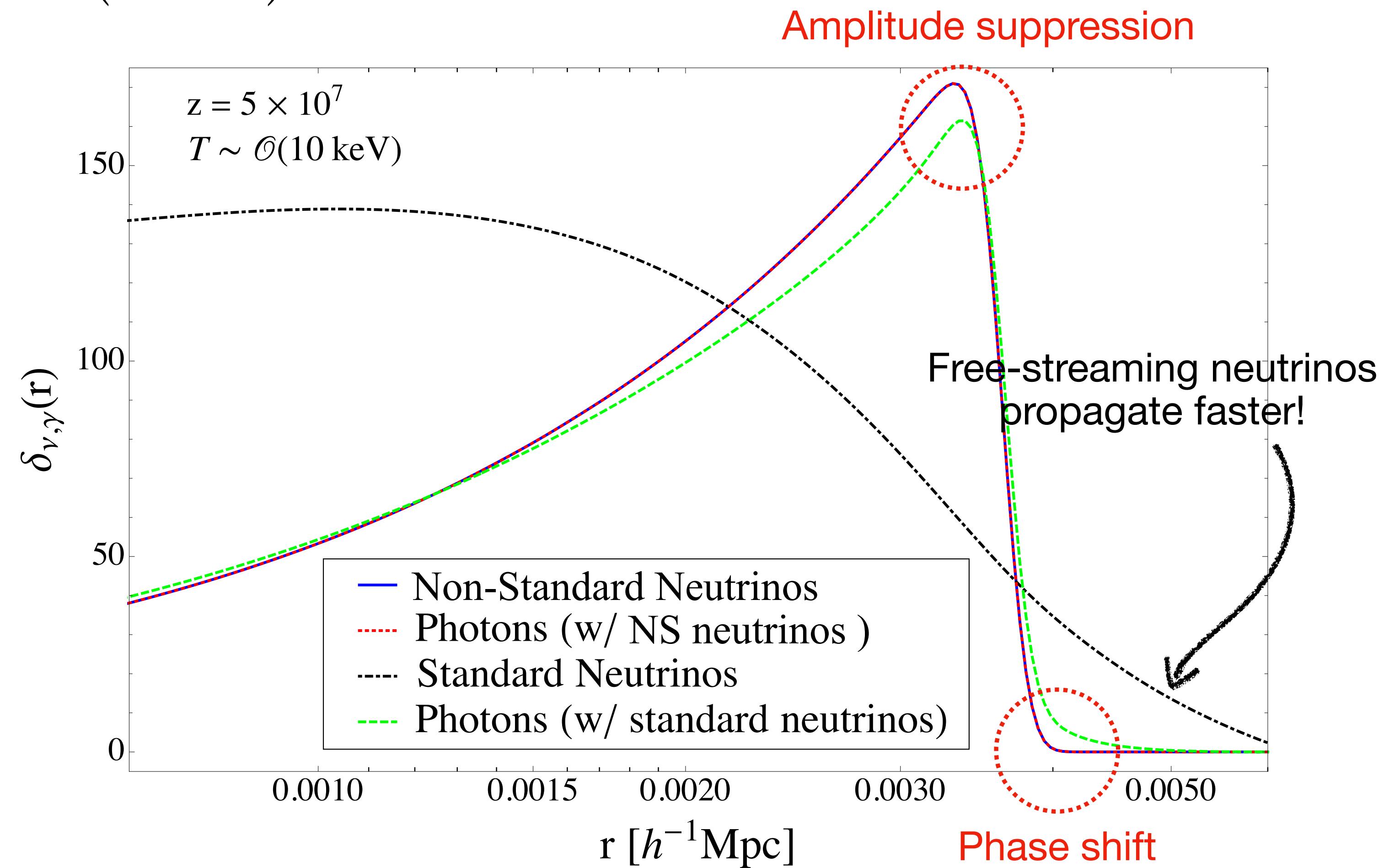
Characterized by the radiation free-streaming fraction

$$R_\nu = \frac{\rho_\nu}{\rho_\gamma + \rho_\nu} \simeq 0.403$$

In the standard paradigm

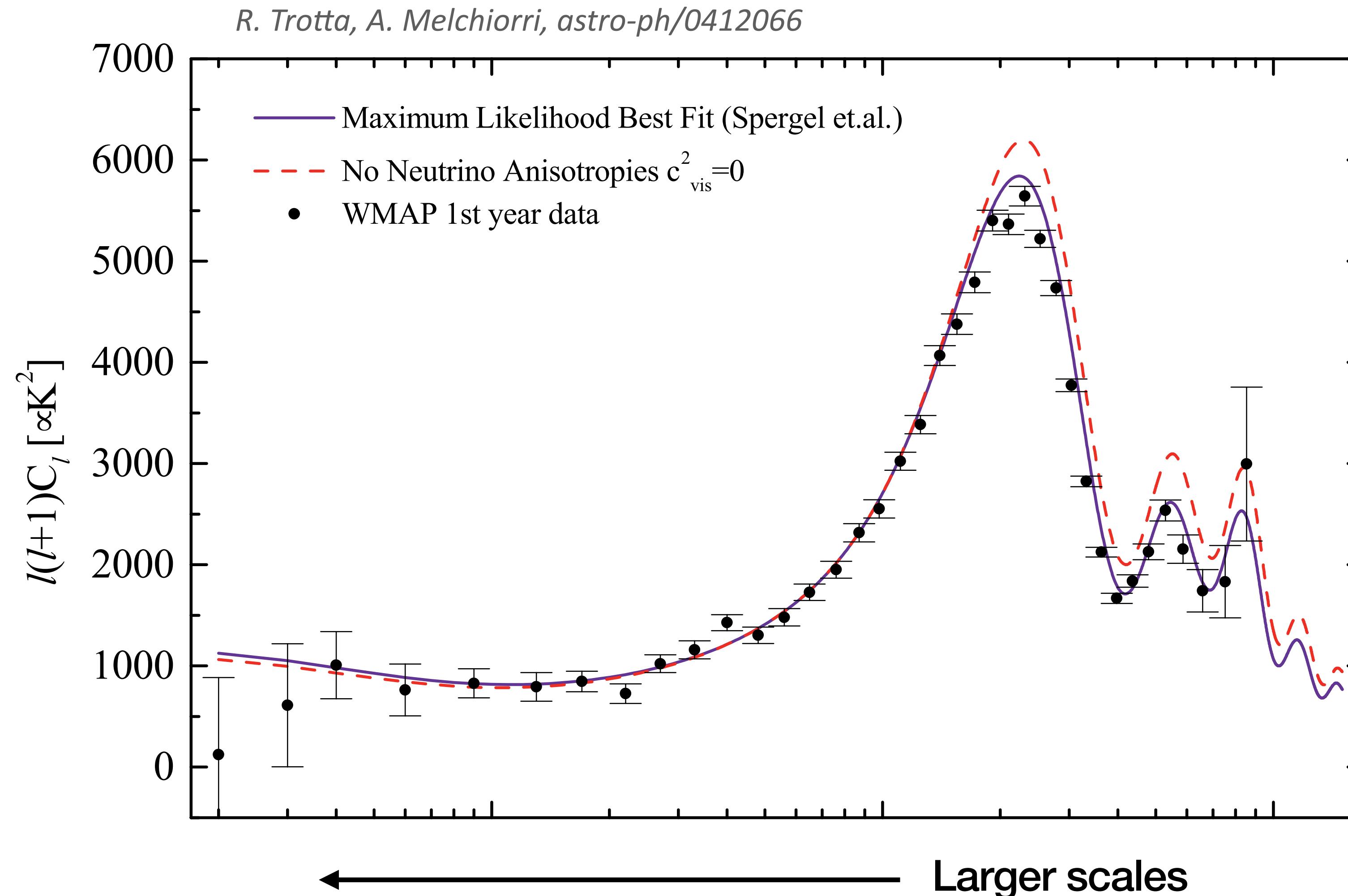
Bashinsky & Seljak, astro-ph/0310198

Baumann et al., arXiv:1508.06342



Neutrino free streaming and its impact on the CMB

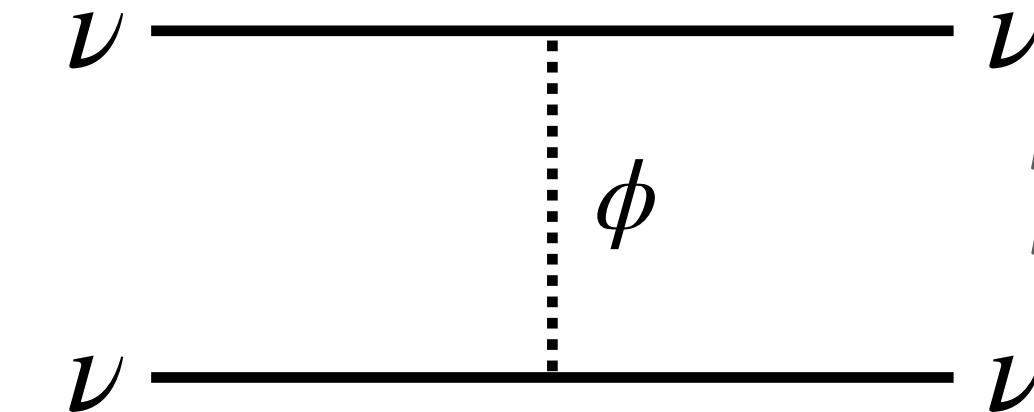
Neutrino FS leads to a phase shift and amplitude suppression of the photon perturbations



Delayed neutrino free streaming: self-interacting neutrinos

Neutrino free streaming can be delayed by the self-interactions among neutrinos:

$$\mathcal{L} \supset -\frac{1}{2}m_\phi^2\phi^2 + \frac{1}{2}\left(g_\phi^{\alpha\beta}\nu_\alpha\nu_\beta\phi + \text{h.c.}\right)$$



Berryman et al., arXiv:2203.01955
Blinov et al., arXiv:1905.02727

Phenomenology dictated by the energy scale to be probe and mass of the mediator

The highest observed multipole of the CMB cross the horizon when $T_\nu < 100$ eV

For a massive scalar particles $m_\phi \gtrsim 1$ keV

4-Fermion interaction

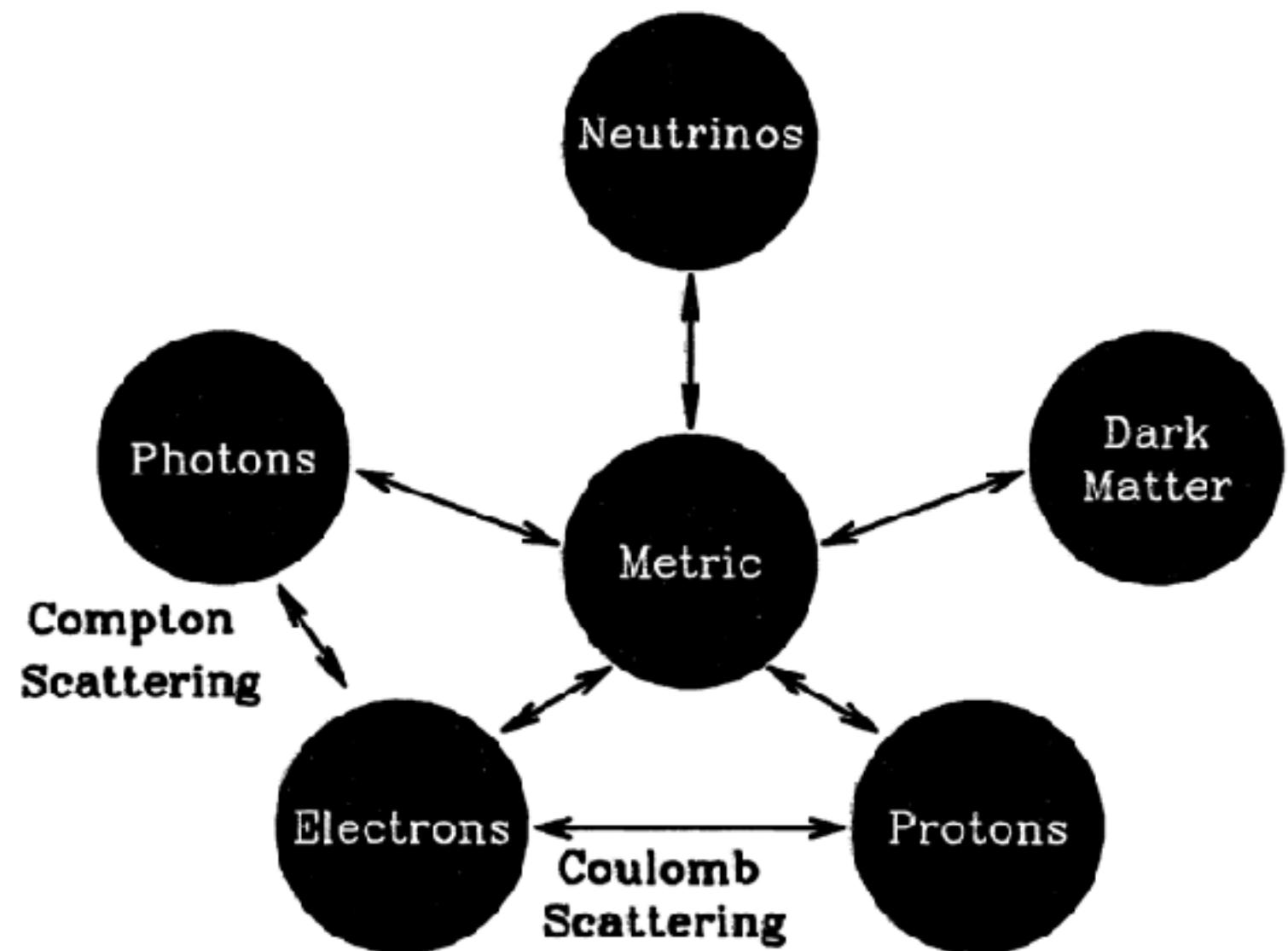


SM Fermi constant
 $G_{\text{eff}} \sim \mathcal{O}(10^{-11}) \text{ MeV}^{-2}$

$$G_{\text{eff}} = g_\nu^2/m_\phi^2$$

Simplest cosmological representation: $g_\phi^{\alpha\beta} = g_\nu\delta^{\alpha\beta}$ (universal coupling)

Cosmological perturbations in light of neutrino self-interactions



Credits: Scott Dodelson

Collision term
(Relaxation-time approximation)

Cyr-Racine, Sigurdson arXiv:1306.1536
Oldengott et al., arXiv:1706.02123

Neutrino inhomogeneities and anisotropies are determined via Boltzmann eqs:

$$\frac{\partial \nu_\ell}{\partial \tau} = -\frac{kq}{\epsilon} \left(\frac{\ell+1}{2\ell+1} \nu_{\ell+1} - \frac{\ell}{2\ell+1} \nu_{\ell-1} \right) + 4 \left[\frac{\partial \Phi}{\partial \tau} \delta_{\ell 0} + \frac{k}{3q} \epsilon \Psi \delta_{\ell 1} \right] - \frac{a G_{\text{eff}}^2 T_{\nu,0}^5}{f_\nu^{(0)}} \left(\frac{T_{\nu,0}}{q} \right) \left[A \left(\frac{q}{T_{\nu,0}} \right) + B_\ell \left(\frac{q}{T_{\nu,0}} \right) - 2D_\ell \left(\frac{q}{T_{\nu,0}} \right) \right] \nu_\ell$$

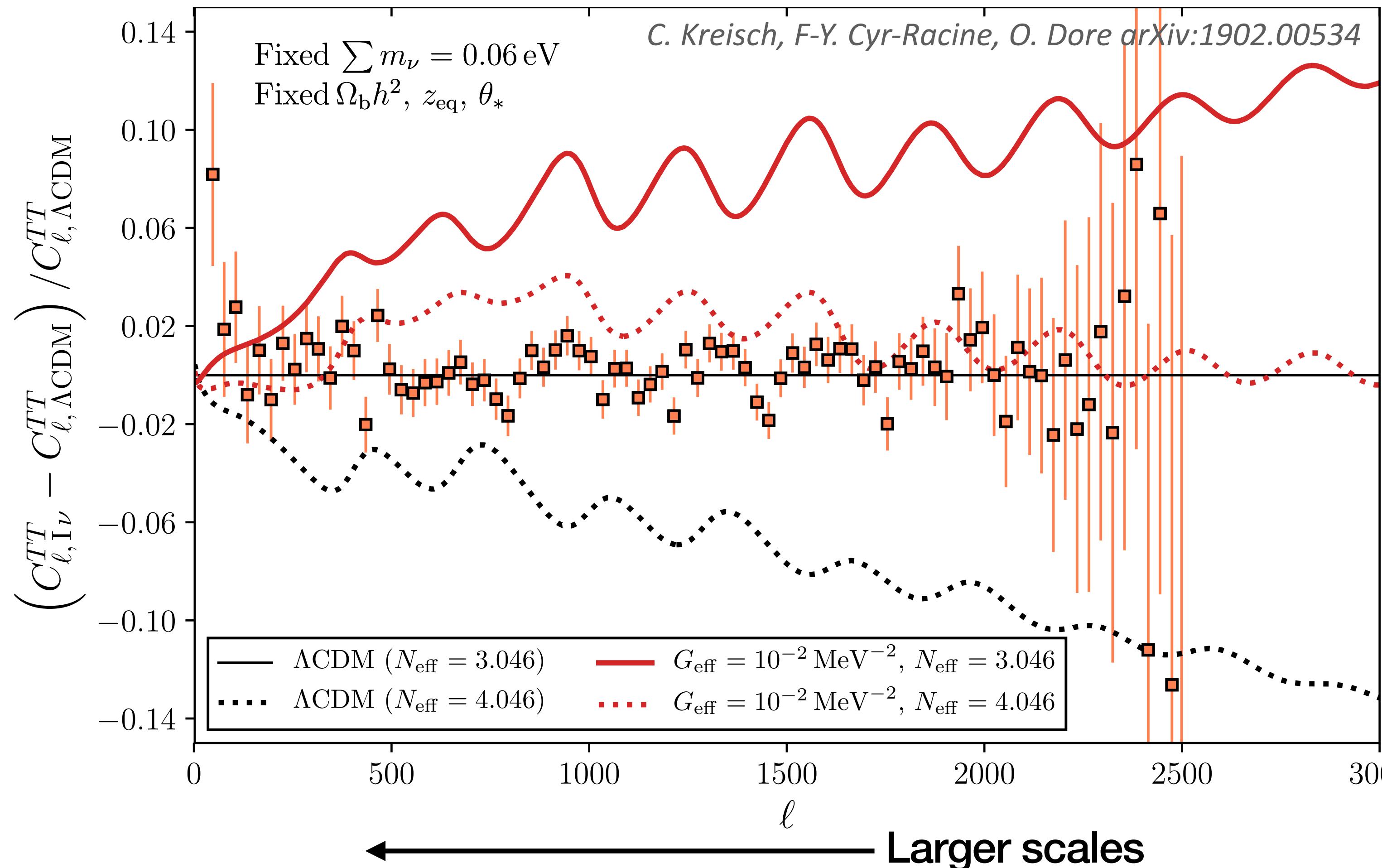
In the presence of self-interactions, neutrinos contribute to the anisotropic stress!

$$k^2(\Phi - \Psi) = 12\pi G a^2 (\bar{\rho} + \bar{P}) \sigma \longrightarrow \text{Anisotropic stress}$$

See Yvonne Y.Y. Wong's Talk

Neutrino self-interactions and their impact on the CMB

Cosmological scenarios in the SI_ν regime suppress the free streaming of neutrinos eliminating the typical amplitude increase and a phase shift produced by the SM neutrinos

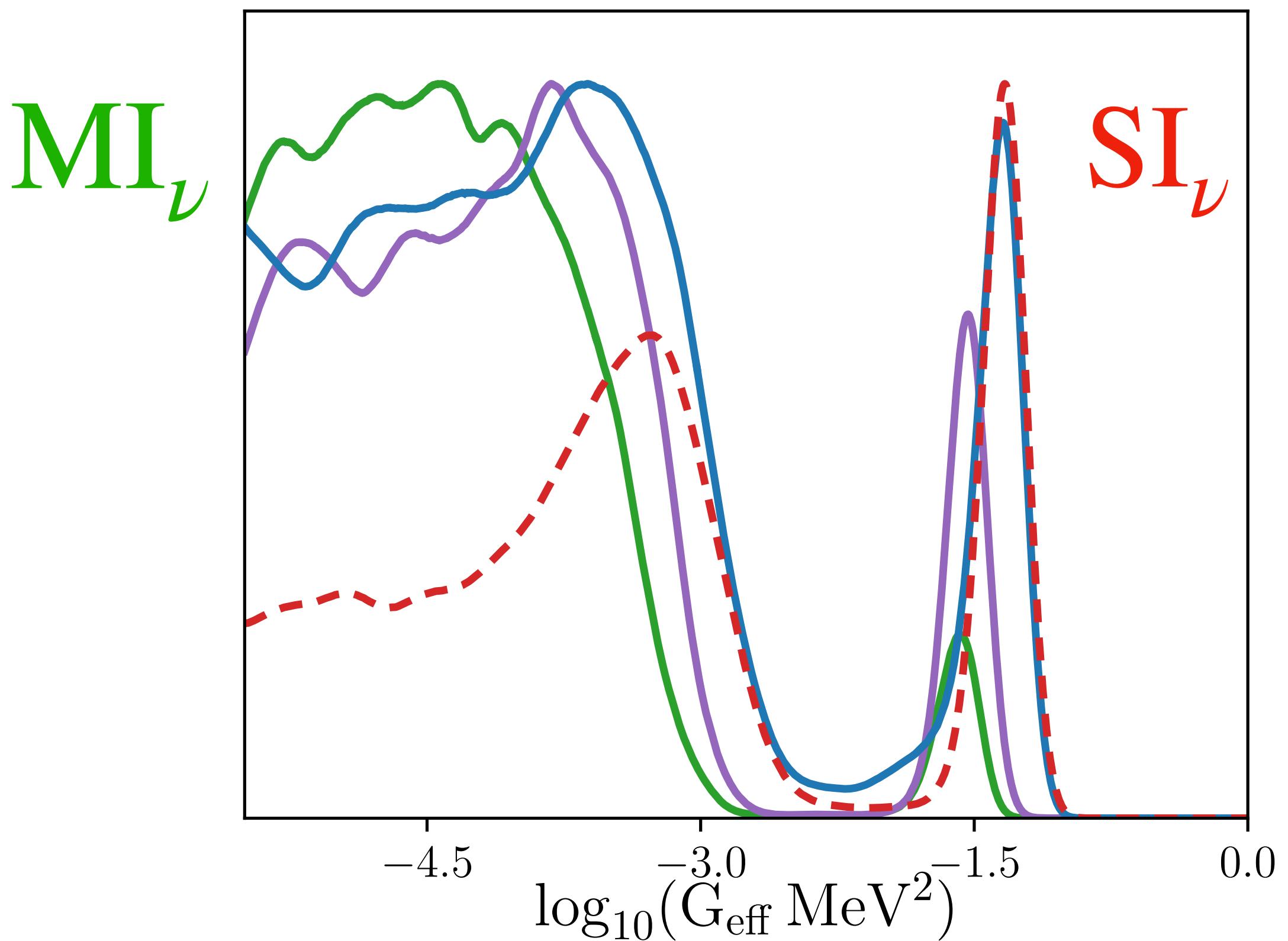


$$\Gamma \propto G_{\text{eff}}^2 T^5$$
$$T_{\text{FS}} \sim \left(\frac{G_F}{G_{\text{eff}}} \right)^{2/3} \text{ MeV}$$

N_{eff} can compensate the effects produced by G_{eff}

Persistent results in the CMB data

— TT,TE,EE
— TT + lens + BAO — TT,TE,EE + lens + H_0
 --- TT + lens + BAO + H_0



C. Kreisch, F-Y. Cyr-Racine, O. Dore arXiv:1902.00534

Some CMB data show a persistent preference for neutrino in the SI_ν regime.

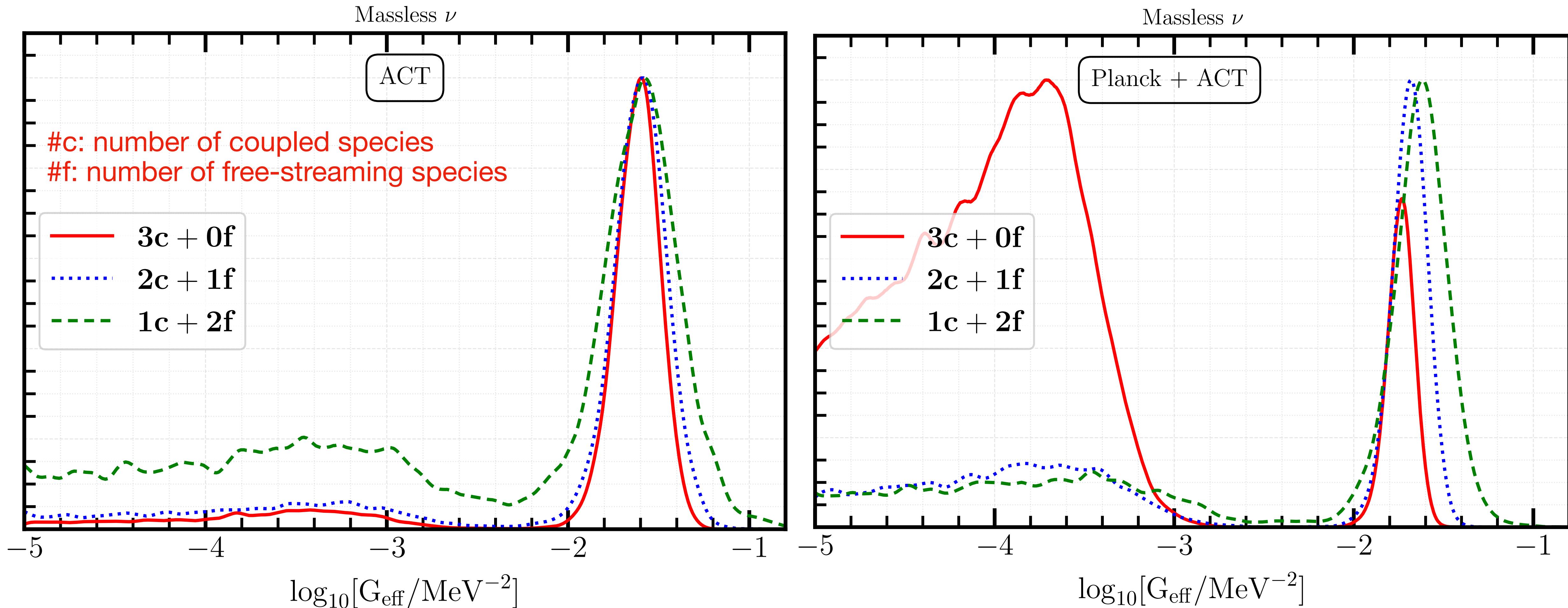
Yet, CMB polarization significant disfavor the simplest cosmological representation of this mode.

Archidiacono & Hannestad, arXiv:1311.3873
Lancaster et al., arXiv:1704.06657
Oldengott et al., arXiv:1706.02123
Kreisch, Cyr-Racine, Dore arXiv:1902.00534
+ others

Persistent and perplexing results in the CMB data

The Atacama Cosmology Telescope (ACT) CMB data display
an outrageous preference for SI_ν neutrinos!

Kreisch et al., arXiv:2207.03164
Das & Ghosh, arXiv:2303.08843



Parameter correlations

Strong self-interacting neutrinos can provide a good fit to some CMB data by means of correlations with other cosmological parameters.

C. Kreisch, F-Y. Cyr-Racine, O. Dore arXiv:1902.00534

Primordial power spectrum:

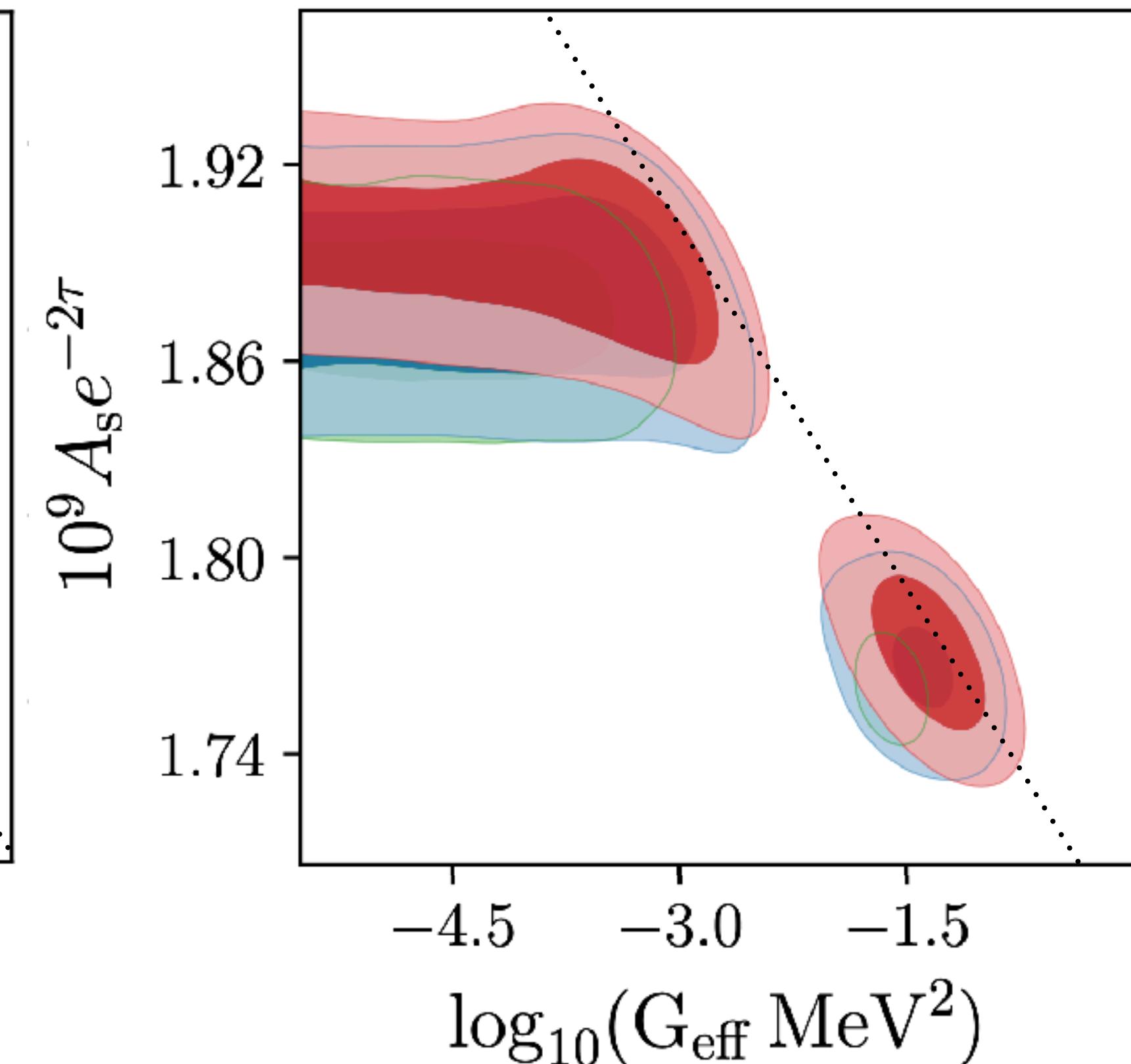
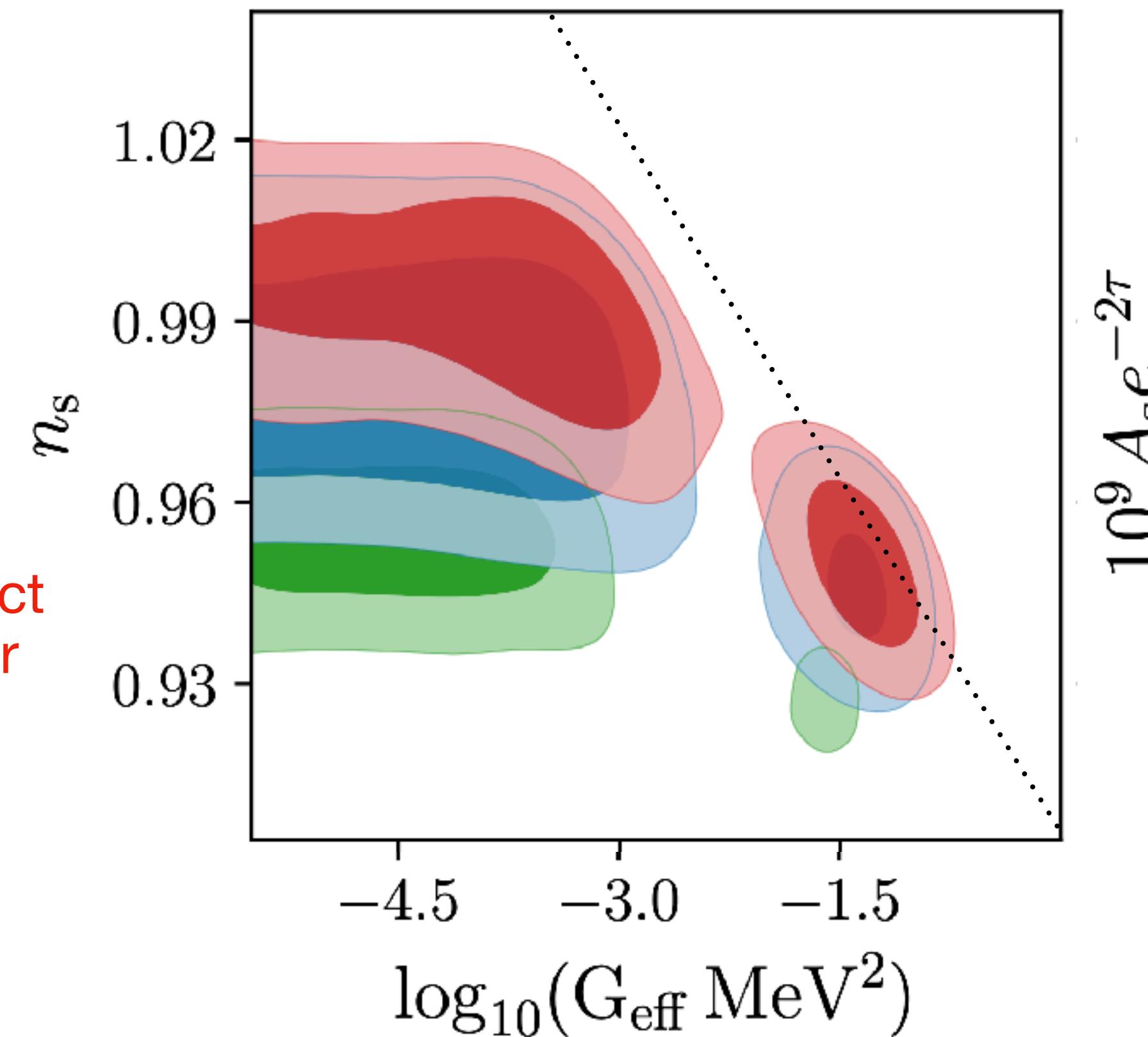
$$\Delta_s^2(k) = A_s \left(\frac{k}{k_*} \right)^{n_s - 1}$$

The simplest models of inflation predict almost a nearly scale-invariant power spectrum

$$n_s \approx 1$$

Barenboim et al., arXiv:1903.02036

Choudhury et al., arXiv:2207.07142
+ others



What we have learned so far from CMB data

- SI_ν neutrinos provides a good fit to some CMB data by means of correlations with others cosmological parameters — in particular those related with the primordial power spectrum.
- A cosmological scenario in which the neutrino free streaming is delayed is favored by the Planck temperature, ACT, and BAO data.
- The simplest representation of this scenario is greatly disfavored by CMB polarization data.

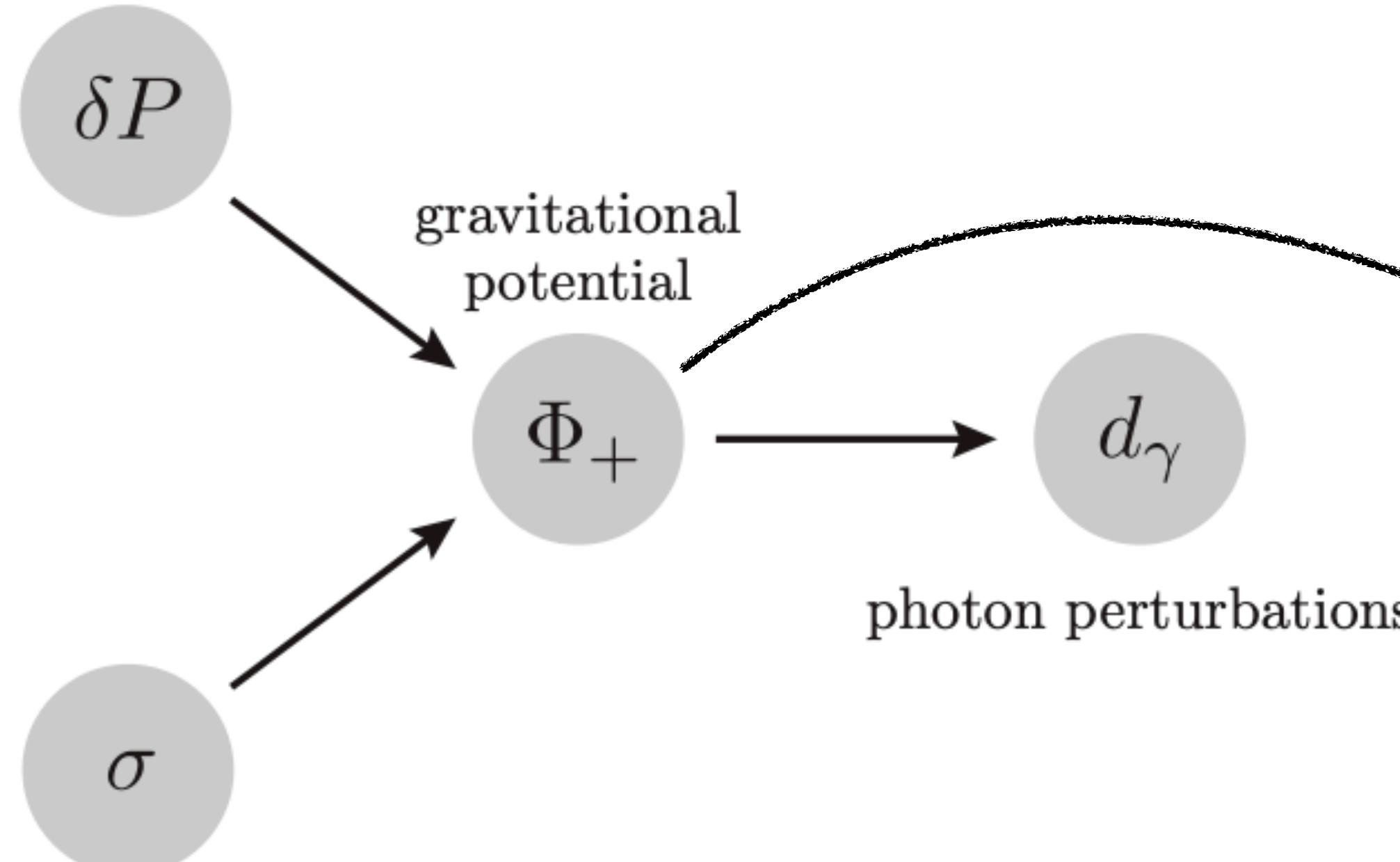
What about large-scale structure (LSS) data?

**Is the large-scale distribution of galaxy
consistent with this picture?**

Dark Matter perturbations in light of neutrino self-interactions

Self-interactions among neutrinos impact the evolution of cosmological perturbations:

pressure perturbations



Self-interactions also modify the evolution of dark matter perturbations

$$d_c(k, \tau) = -\frac{9}{2}\Phi_p + k^2 \int_0^\tau d\tau' \tau' \Psi(k, \tau') \ln(\tau'/\tau)$$

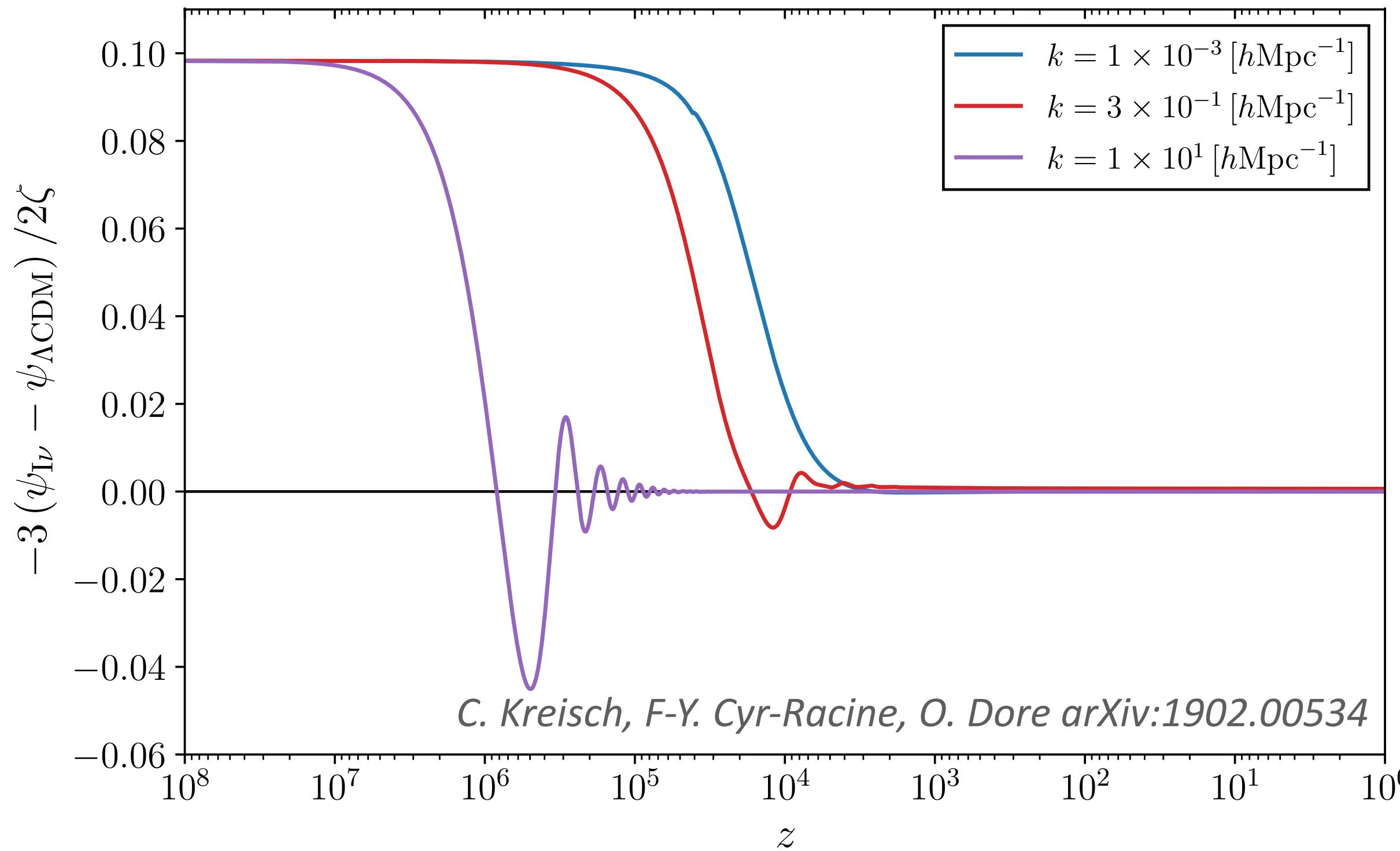
Bashinsky & Seljak, *astro-ph/0310198*

anisotropic stress

Baumann et al., arXiv:1508.06342

Self-interacting neutrinos and their imprint on DM perturbations

Self-interacting neutrinos imprint scale-dependent features on the evolution of dark matter perturbations



Modes entering the horizon:

Tightly coupled regime

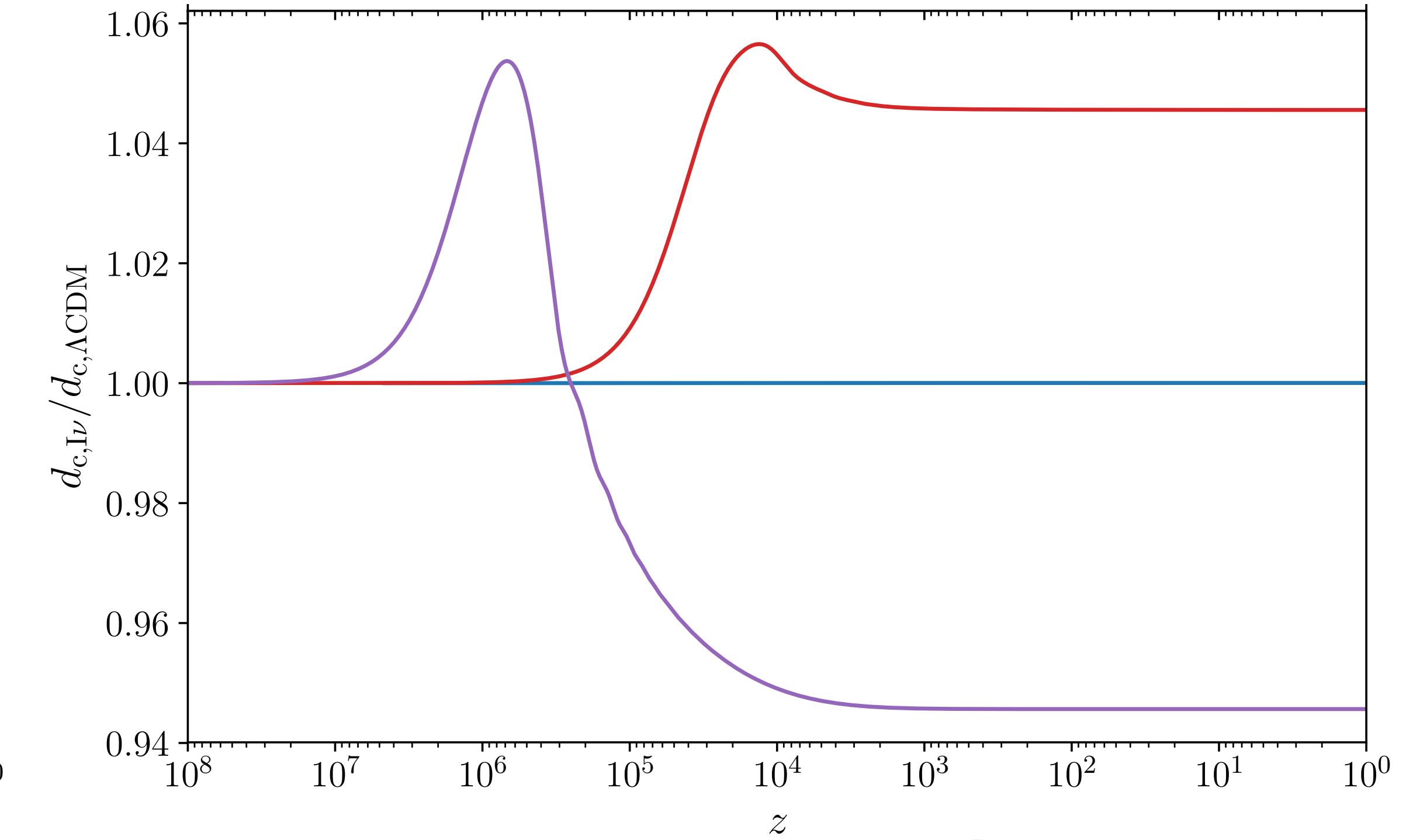
$$\Gamma_\nu/aH \gg 1 \rightarrow k_h^{\text{tc}}$$

Beginning of free streaming

$$\Gamma_\nu/aH \approx 1 \rightarrow k_h^{\text{fs}}$$

Well after self-decoupling

$$\Gamma_\nu/aH \ll 1 \rightarrow k_h$$



$$d_c(k, \tau) = -\frac{9}{2}\Phi_p + k^2 \int_0^\tau d\tau' \tau' \Psi(k, \tau') \ln(\tau'/\tau)$$

Neutrino self-interactions in the linear power spectrum

Substantial (scale-dependent) changes in the power spectrum are produced by the presence of self-interactions in the neutrino sector

Modes entering the horizon

Tight coupled regime

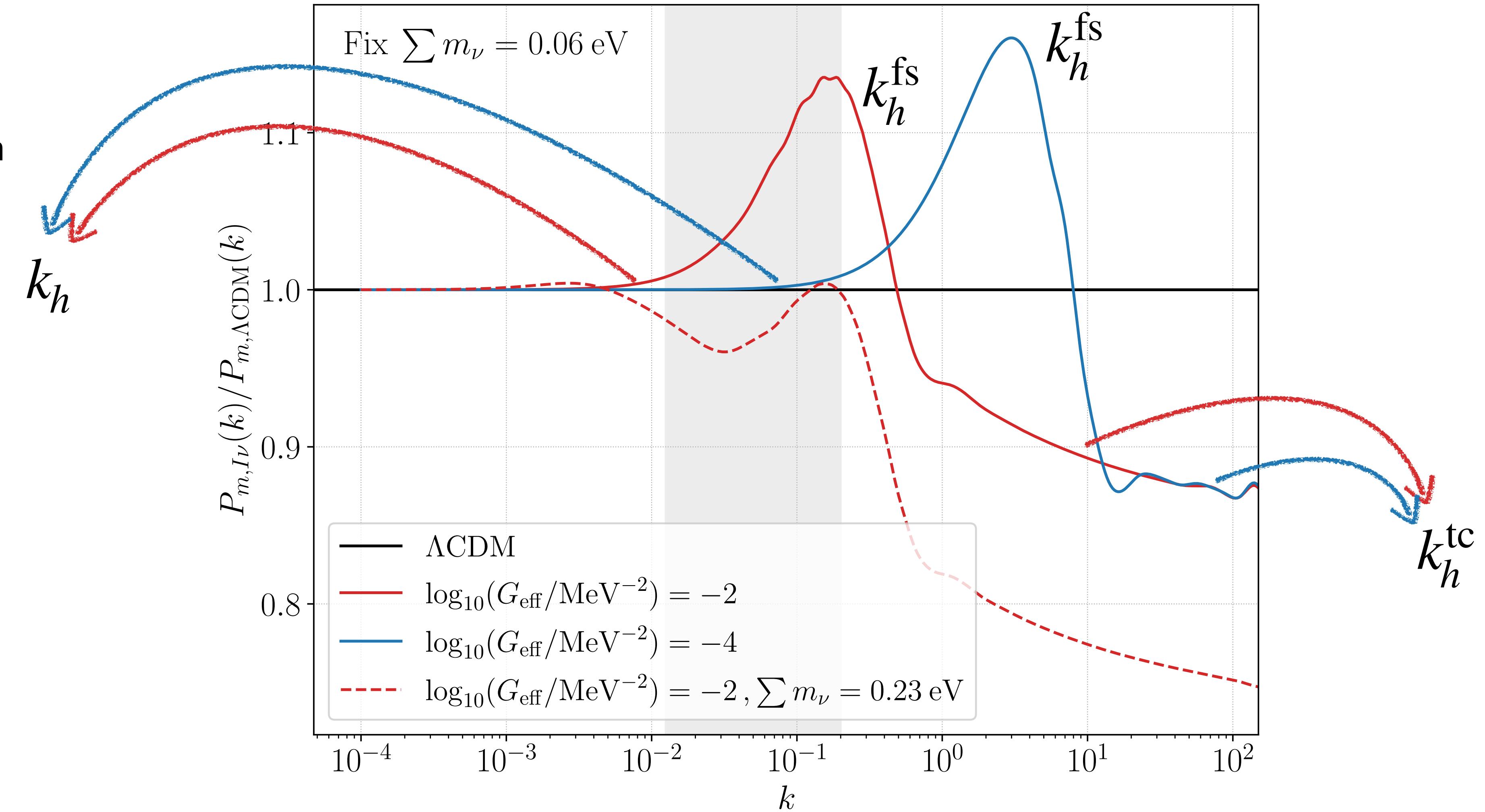
$\Gamma_\nu/aH \gg 1, k_h^{\text{tc}}$

Begin of free streaming

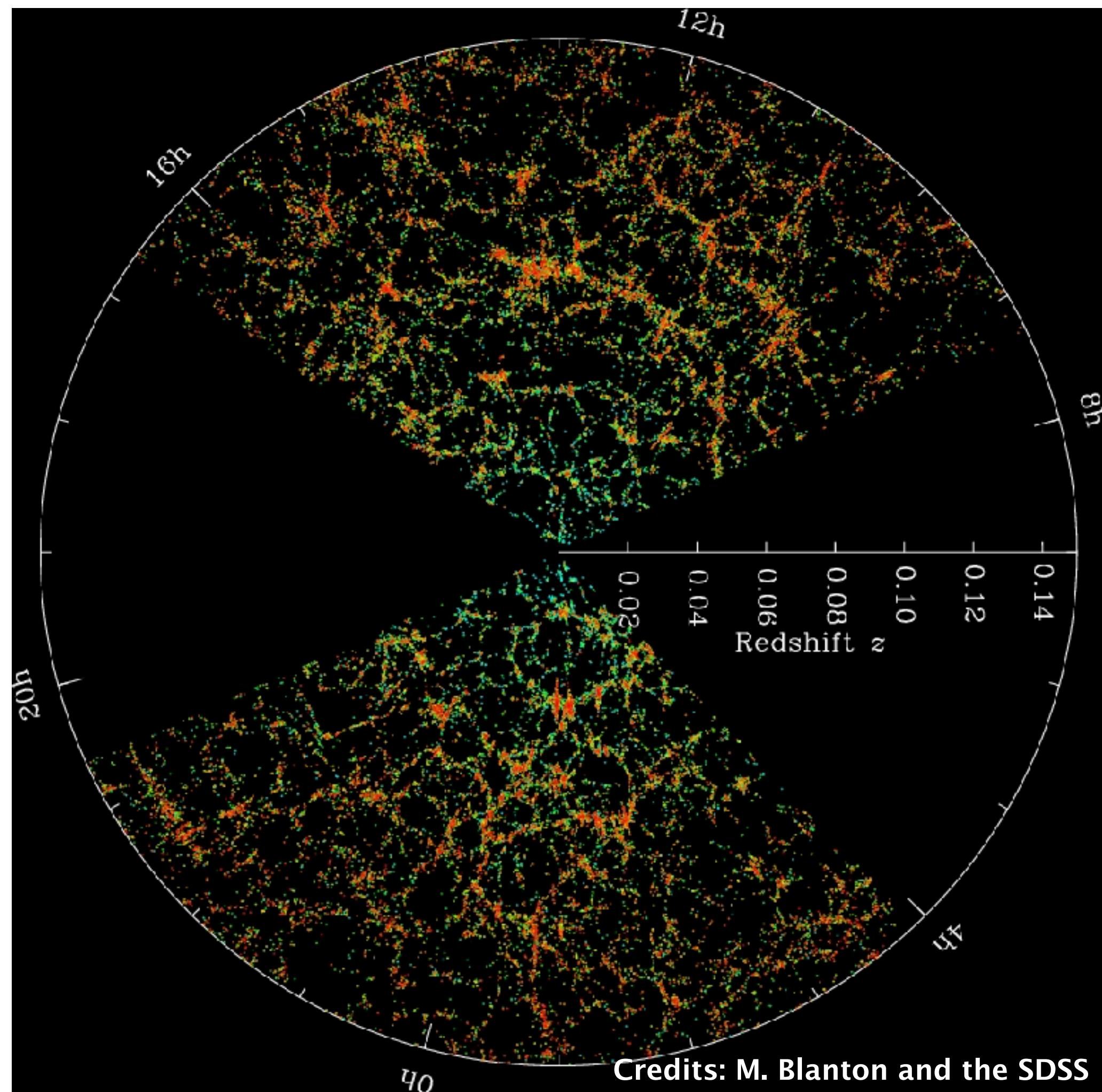
$\Gamma_\nu/aH \approx 1, k_h^{\text{fs}}$

Well after self-decoupling

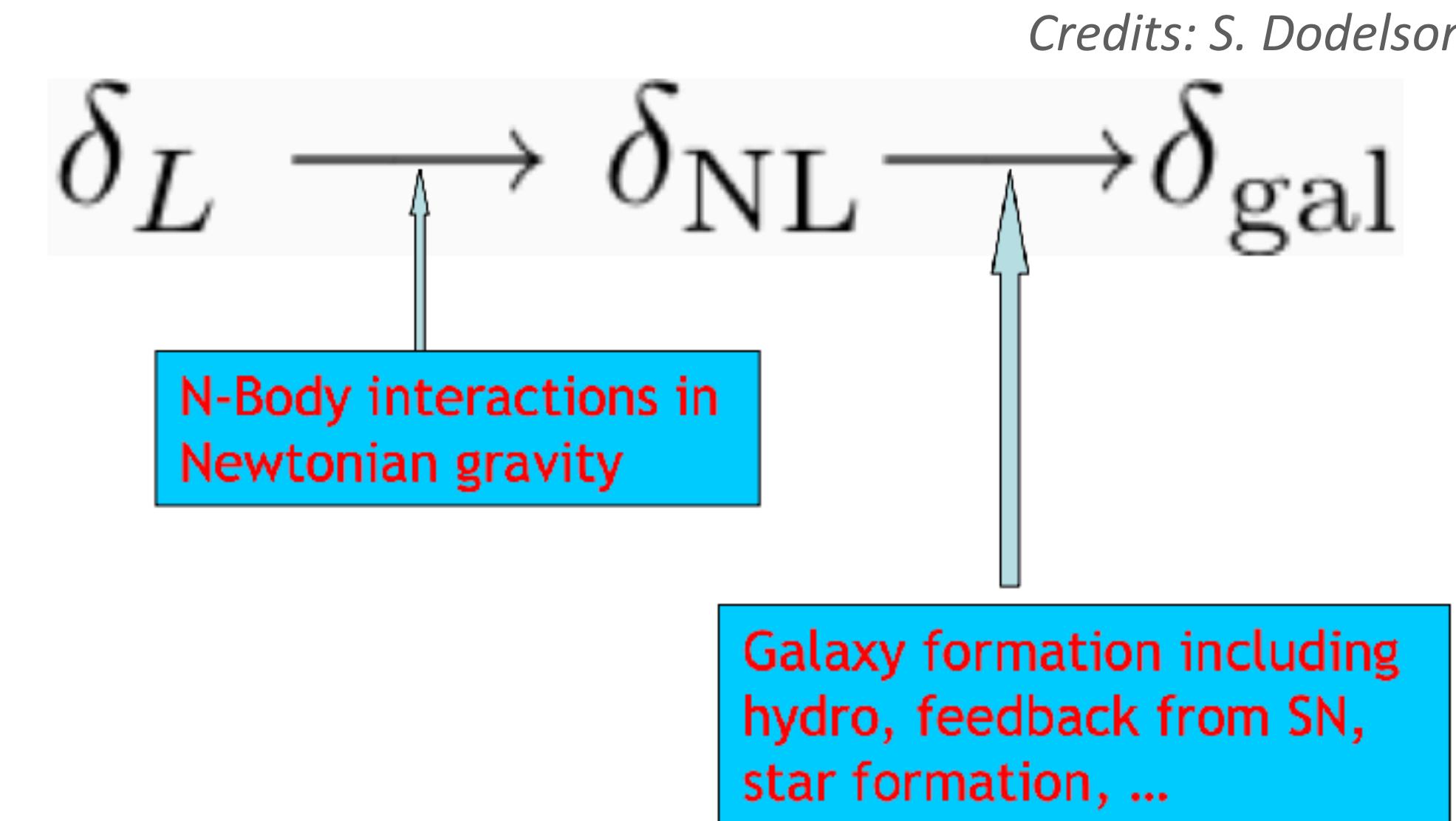
$\Gamma_\nu/aH \ll 1, k_h$



Neutrino self-interactions in the (mildly) non-linear regime



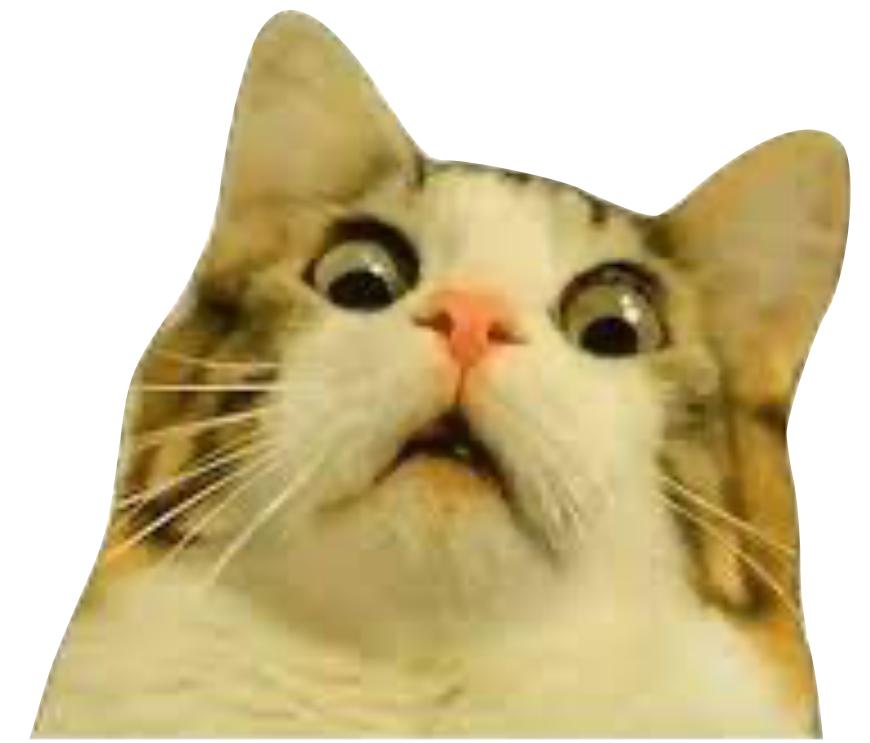
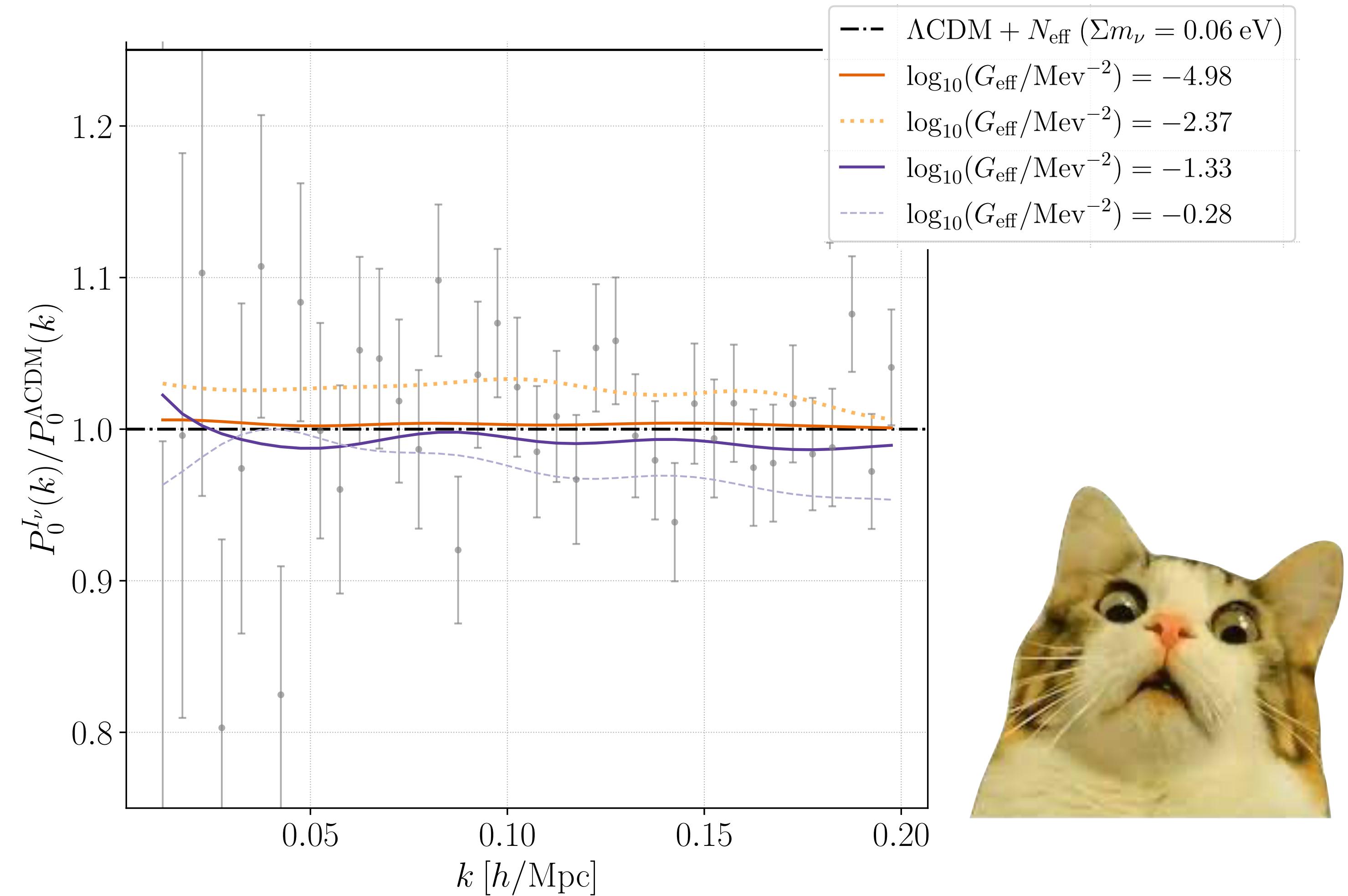
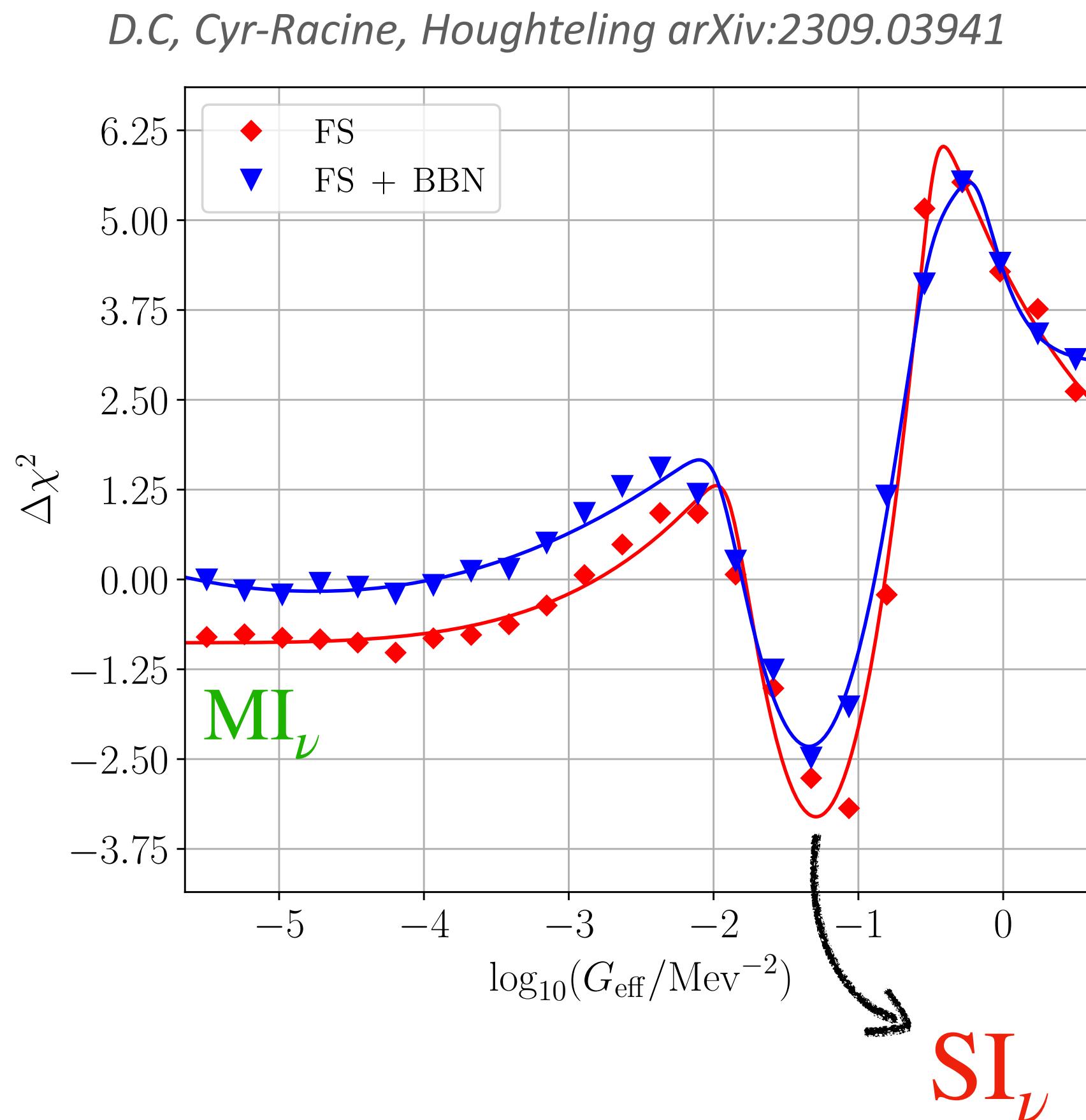
There is a nontrivial connection between our prediction (DM perturbations at linear-scales) and our observables (the distribution of galaxies across the Universe)



We compute the galaxy power spectrum using the EFTofLSS (CLASS-PT)

Galaxy power spectrum: profile likelihood

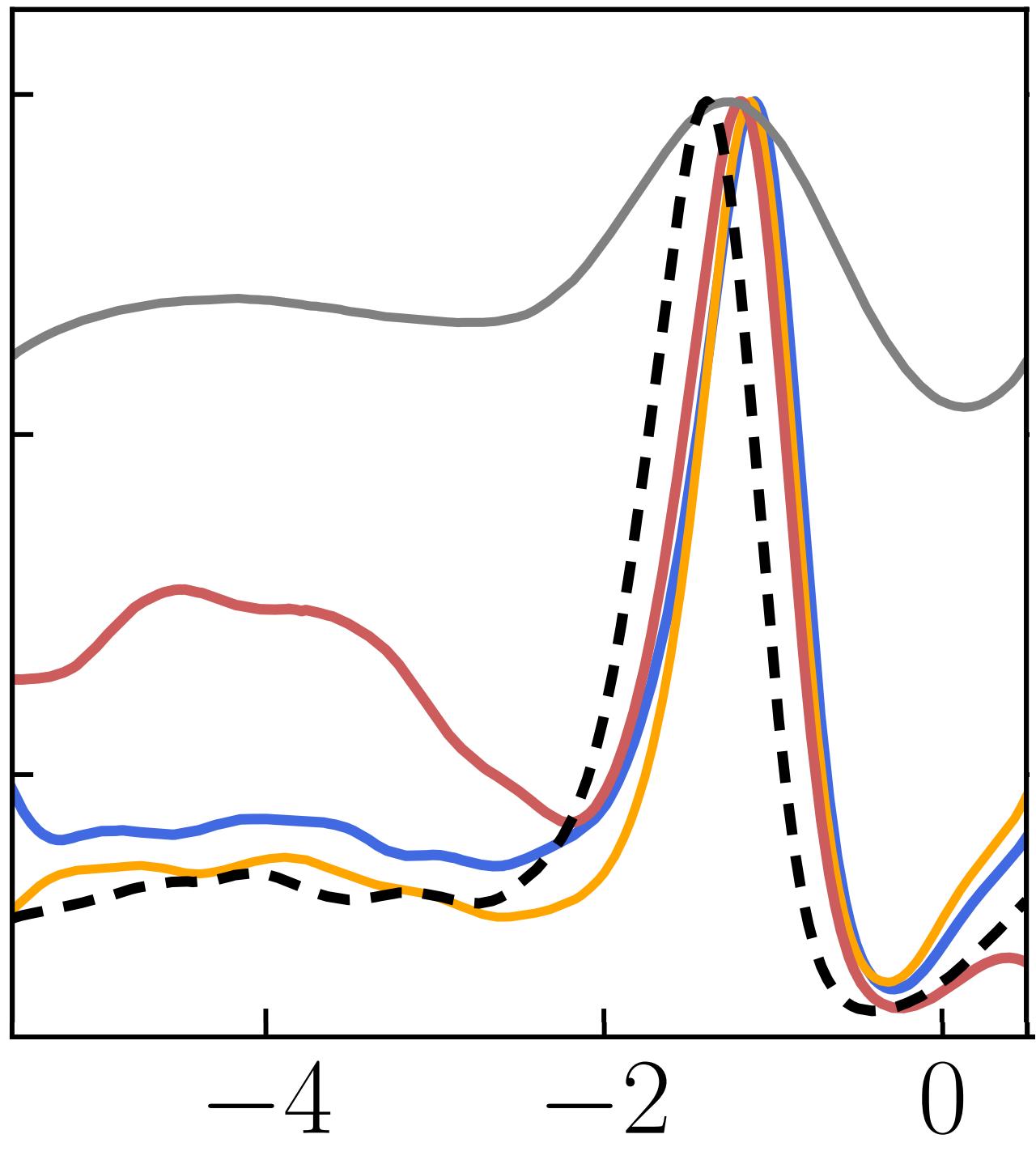
The galaxy power spectrum displays a mild preference for strongly self-interacting neutrinos!



Galaxy power spectrum: Bayesian analysis

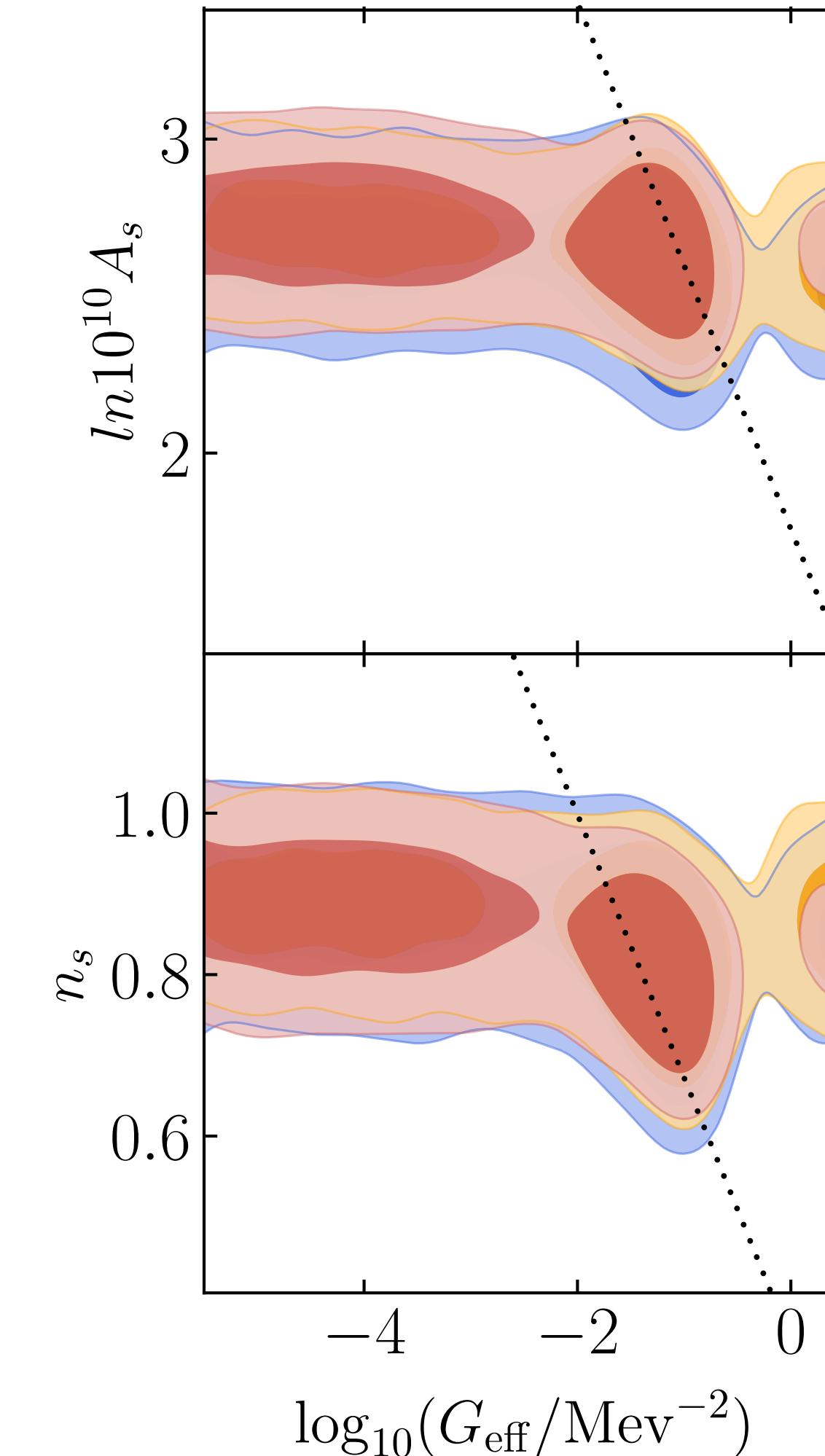
Legend:

- BBN + P_ℓ ($k_{\max} = 0.1$)
- BBN + P_ℓ ($k_{\max} = 0.25$)
- BBN + P_ℓ ($k_{\max} = 0.20$)
- BBN + $P_\ell + Q_0$
- BBN + $P_\ell + Q_0 + AP$



D.C, Cyr-Racine, Houghteling arXiv:2309.03941

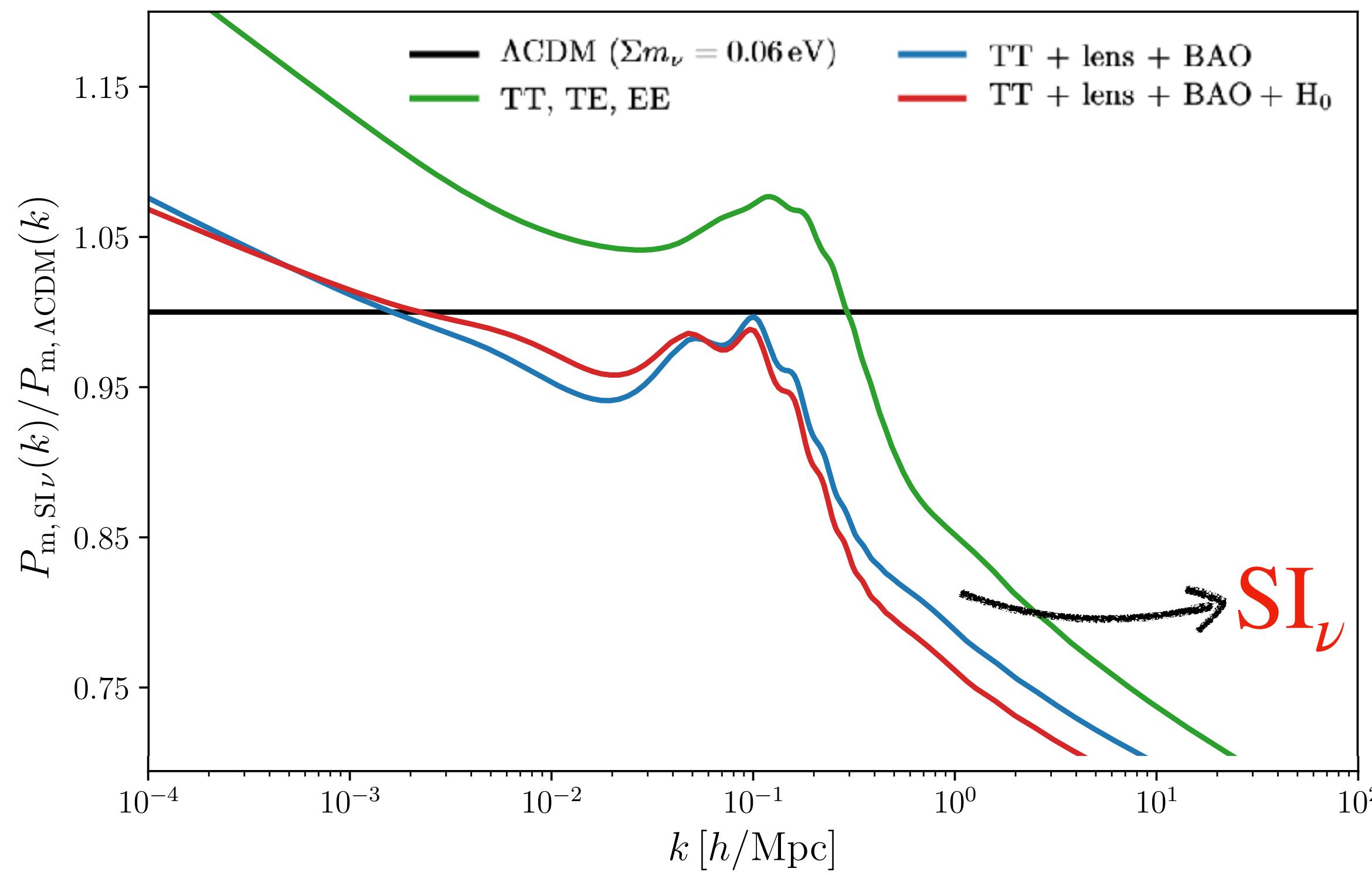
SI_ν cosmologies attain a good fit to the data by decreasing the values of n_s & A_s



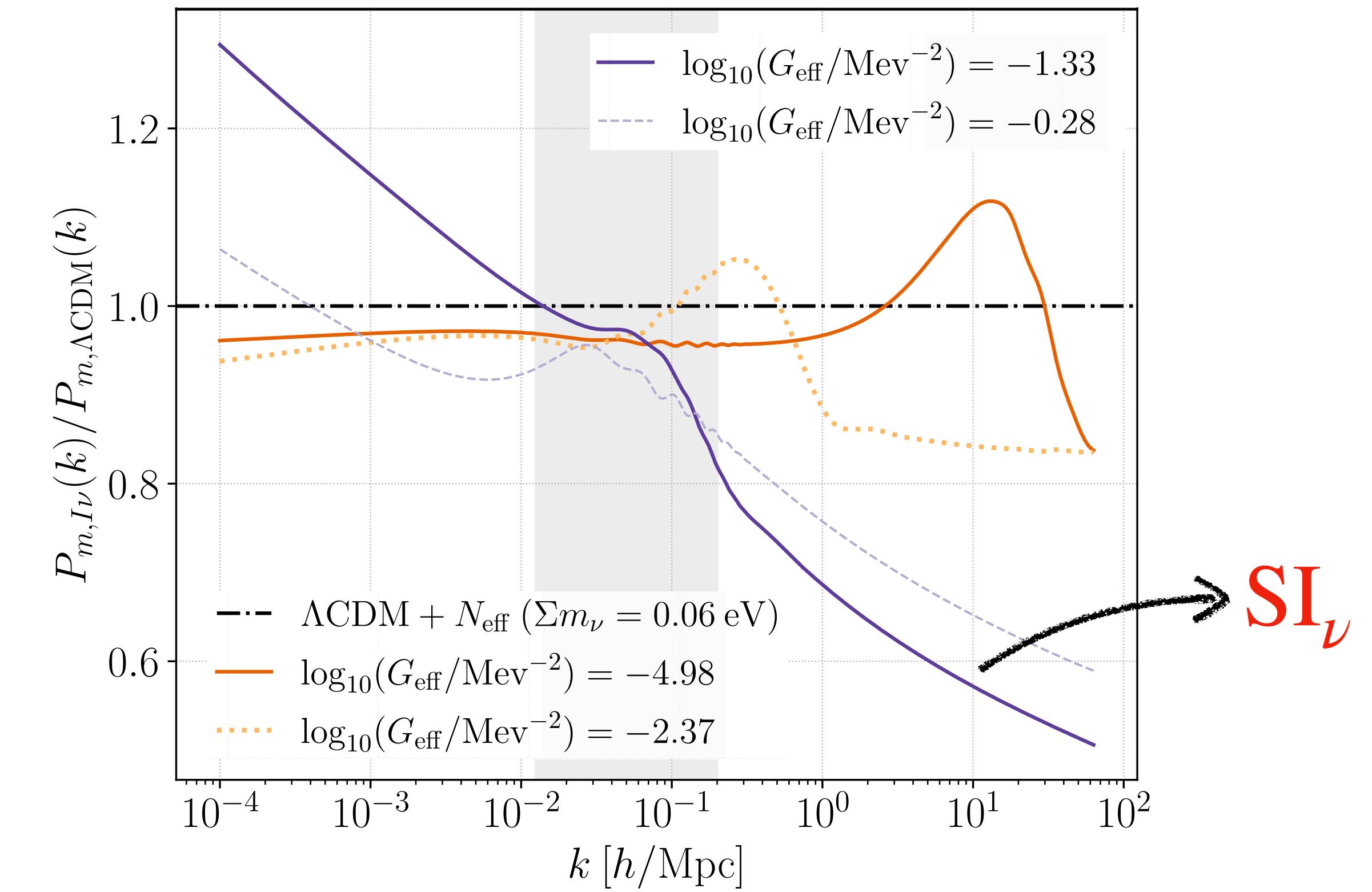
Clustering suppression at sub-galactic scales

Owing to correlations with the primordial power spectrum parameters, self-interacting neutrinos predict an important clustering suppression at sub-galactic scales!

CMB + BAO



LSS



C. Kreisch, F-Y. Cyr-Racine, O. Dore arXiv:1902.00534

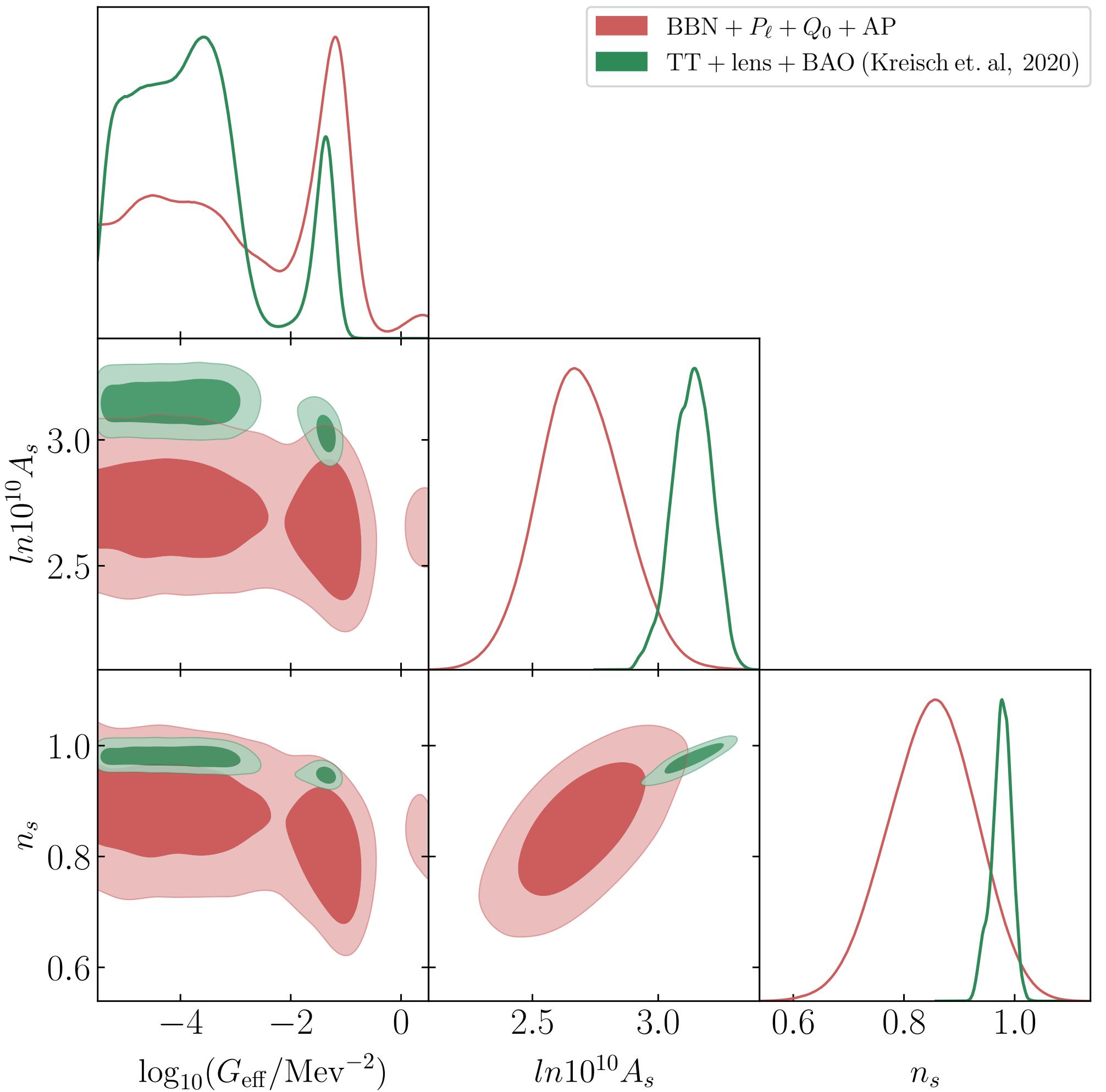
D.C. Cyr-Racine, Houghteling arXiv:2309.03941

What we have learned so far from LSS data

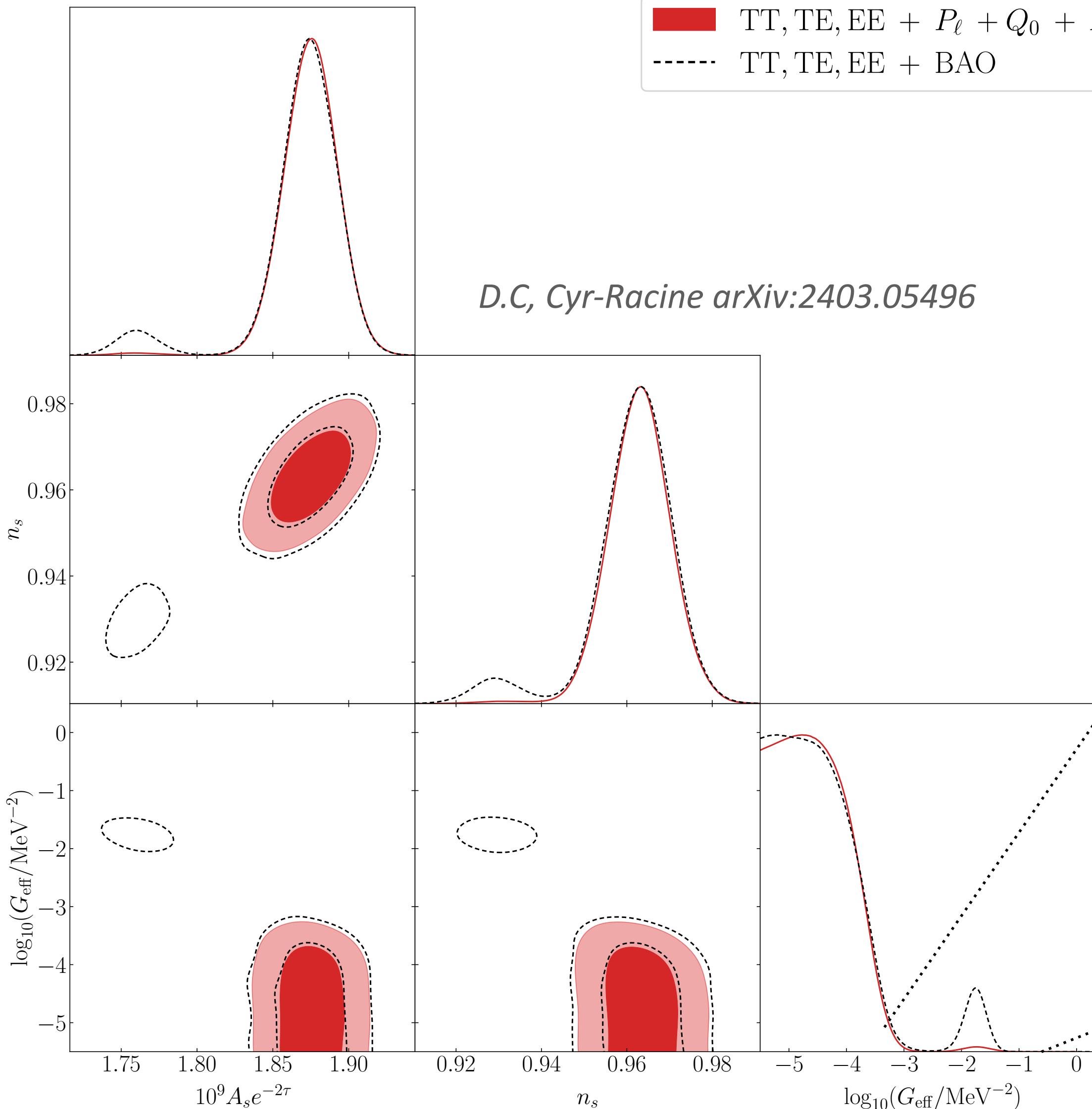
D.C, Cyr-Racine, Houghteling arXiv:2309.03941

- Galaxy data display a mild preference for SI_ν .
- We ruled out the possibility of an accidental feature in the CMB sky.
- Similar to the CMB analysis, the strong mode is possible thanks a multi-parameter correlation.
- SI_ν neutrinos predict a significant clustering suppression on small scales.

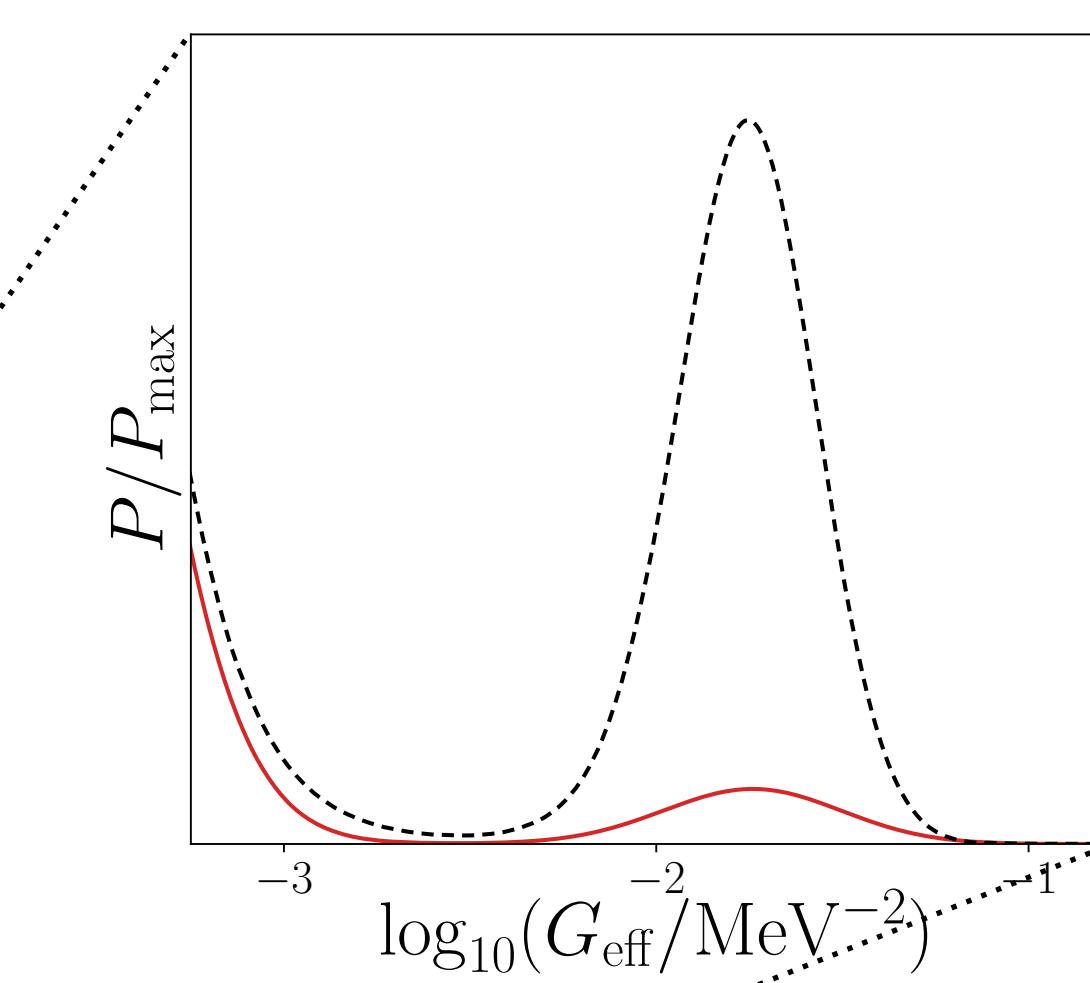
Are these results consistent with both LSS and the CMB data?



Joint analysis of the CMB and LSS data



Data	Λ CDM	Λ CDM + N_{eff} + $\sum m_\nu$	MI_ν
$\Delta\chi^2_{\text{total}}$	2.46	3.84	3.65
ΔAIC_{i0}	8.46	5.84	3.65
B_{i0}	0.0007 ± 0.0005	0.023 ± 0.015	0.0066 ± 0.0045

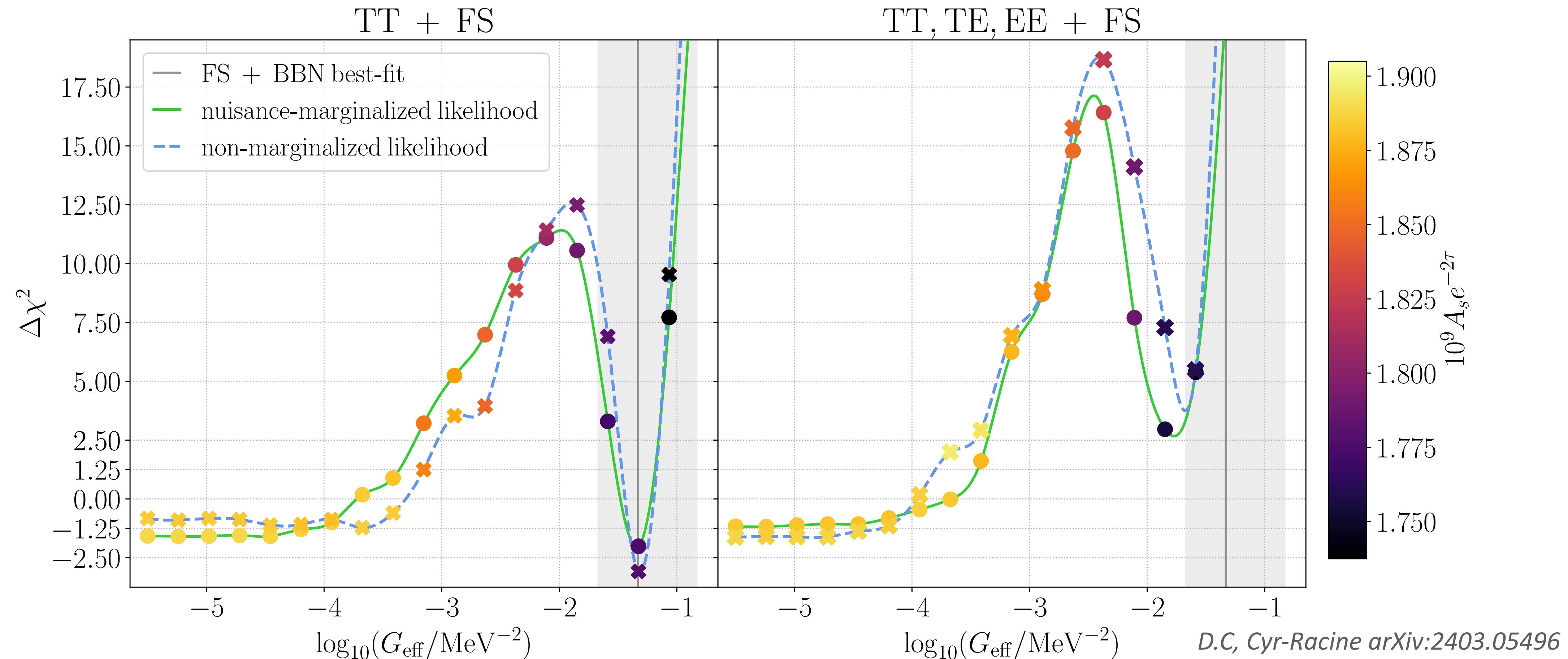


Our analysis disfavor the simplest representation of the SI_ν mode!



Joint analysis of the CMB and LSS data

The difficulty of simultaneously fitting the CMB and galaxy power spectra employing the simplest neutrino self-interaction scenario relates A_s and polarization data!

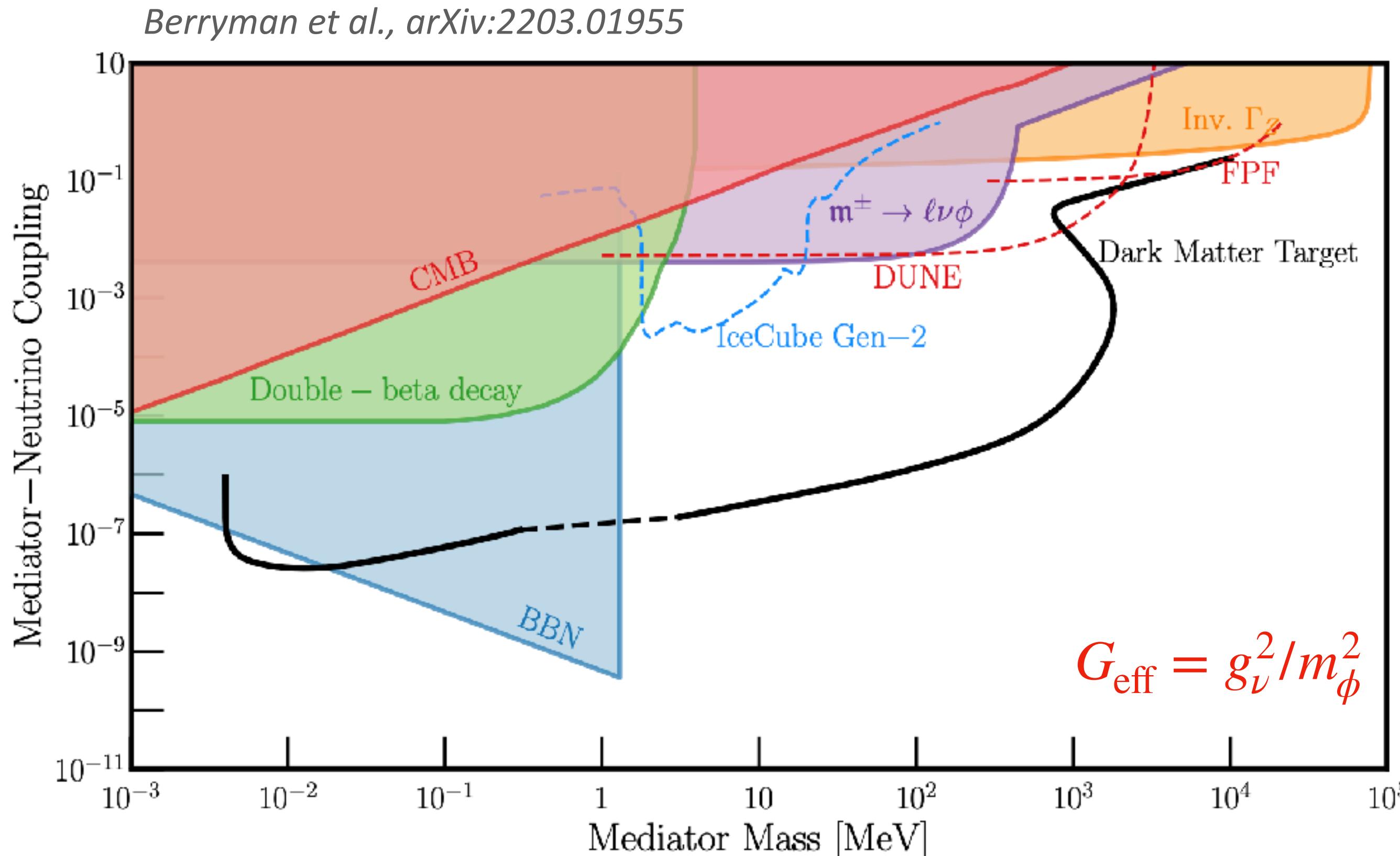


Self-interacting neutrinos: theoretical challenges

Cosmological observables offer a complementary way of studying new physics in the neutrino sector.

Our data allow for a cosmological scenario with a delayed neutrino free streaming.

Being clear that the simplest approximation to this phenomenology can not fully explain our observations
more complex phenomenologies are needed!



$\text{SI}_{\nu} \rightarrow$ Delay in the onset of neutrino free-streaming
Great opportunity to explore BSM physics!

Self-interacting neutrinos: theoretical challenges

Although LSS data offers a unique way to test new physics, predicting the observables is beyond a trivial task!

Me : This new BSM model is so cool ! How about some LSS constraints ?

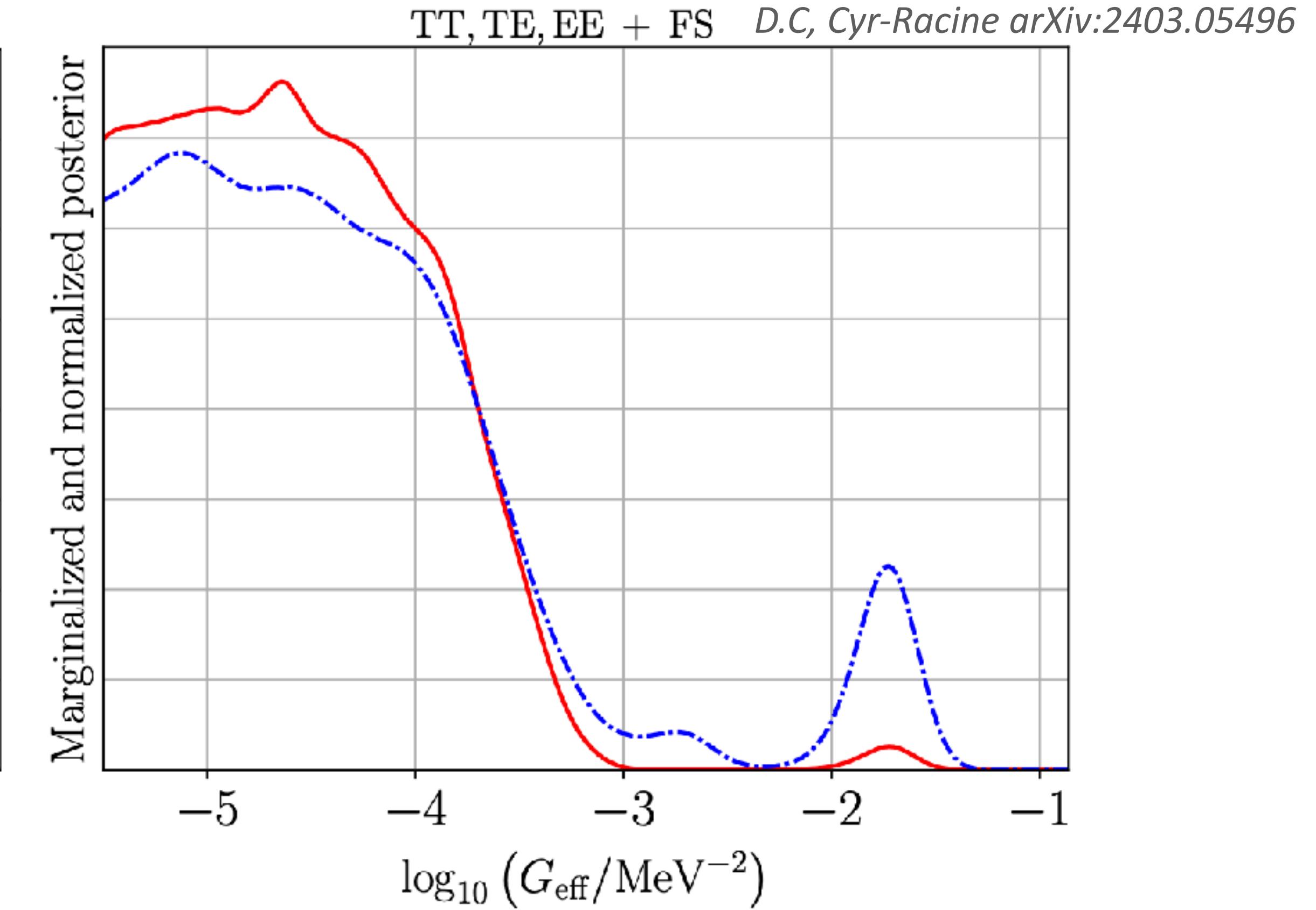
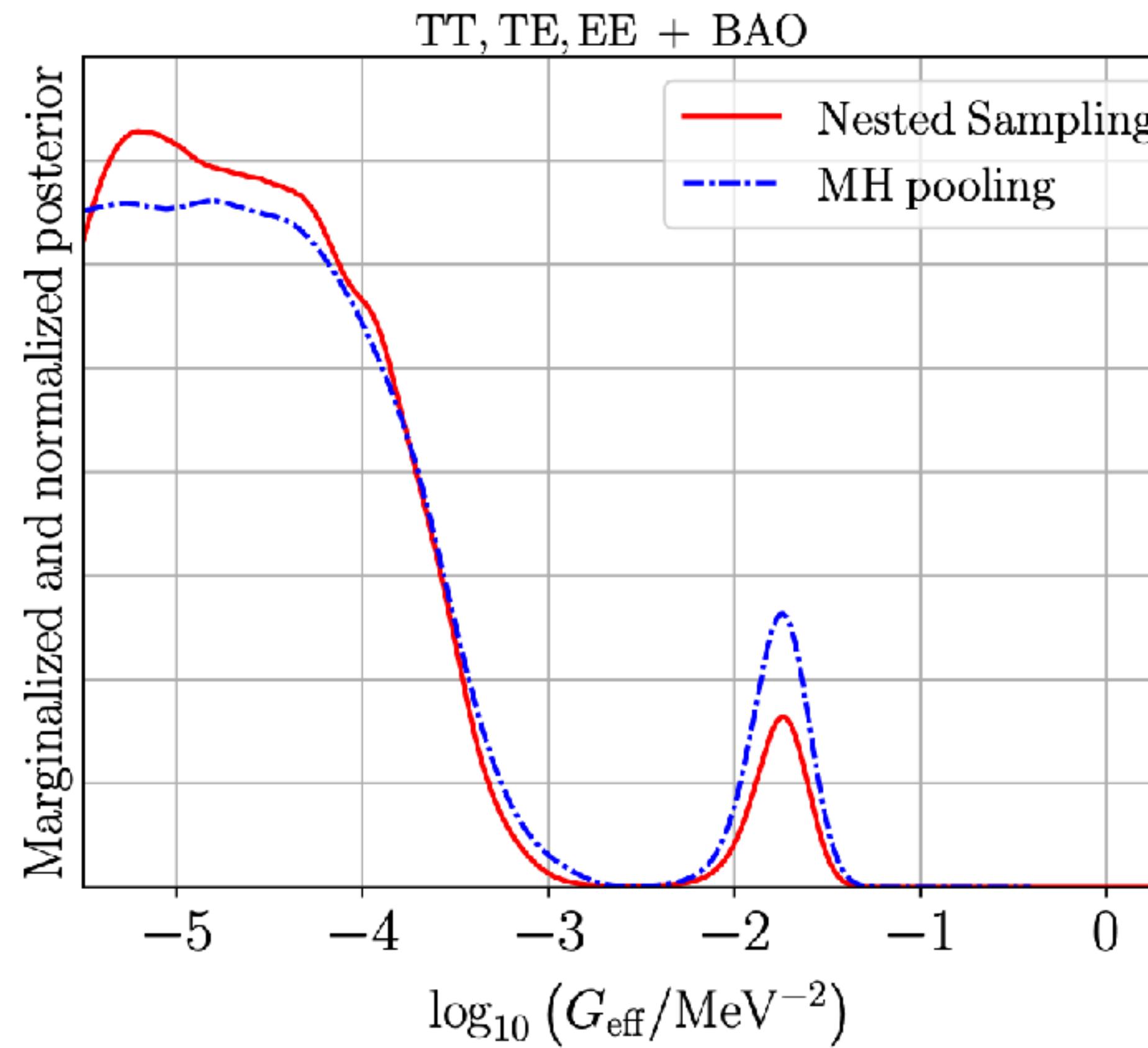
Also me :

- 1) Denial** : I'm never going to redo all the calculation I did for the standard model.
There has to be a way out !
- 2) Anger** : What's wrong with these people !
- 3) Bargaining** : Can I get away with only 1/2 of the calculations and wave my hands
for the rest?
- 4) Depression** : I'm never going to do it. It's Λ CDM all the way.
- 5) Acceptance** : Alright, I'll do it.

Credits: Emanuele Castorina

Self-interacting neutrinos: data analysis

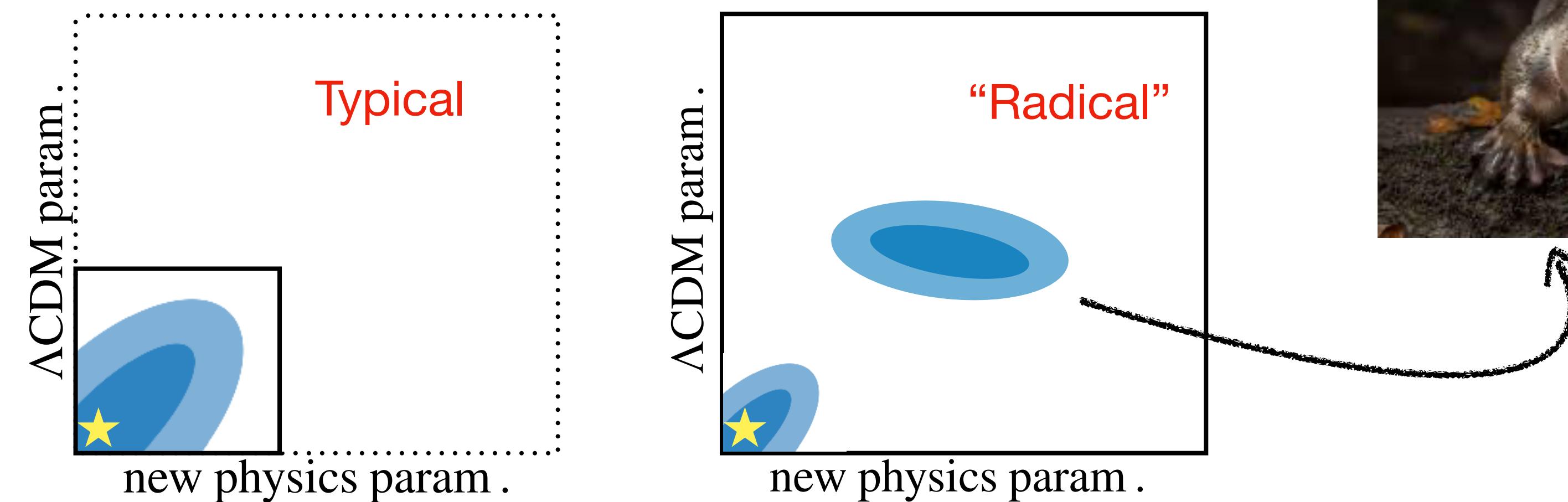
Even in its most simplest form, numerical artifacts affect the analysis of cosmological data



The search for new physics in the neutrino sector can be troublesome!

Takeaways

- Galaxy power spectrum also allows the SI_ν mode (it is not an incidental feature in the CMB).
- Joint analysis of galaxy and CMB data largely disfavor the simple representation (S8 tension).
- The SI_ν mode could hint at a yet-to-be-discovered feature in the Early Universe.
- Our results motivates the exploration of more complex models.



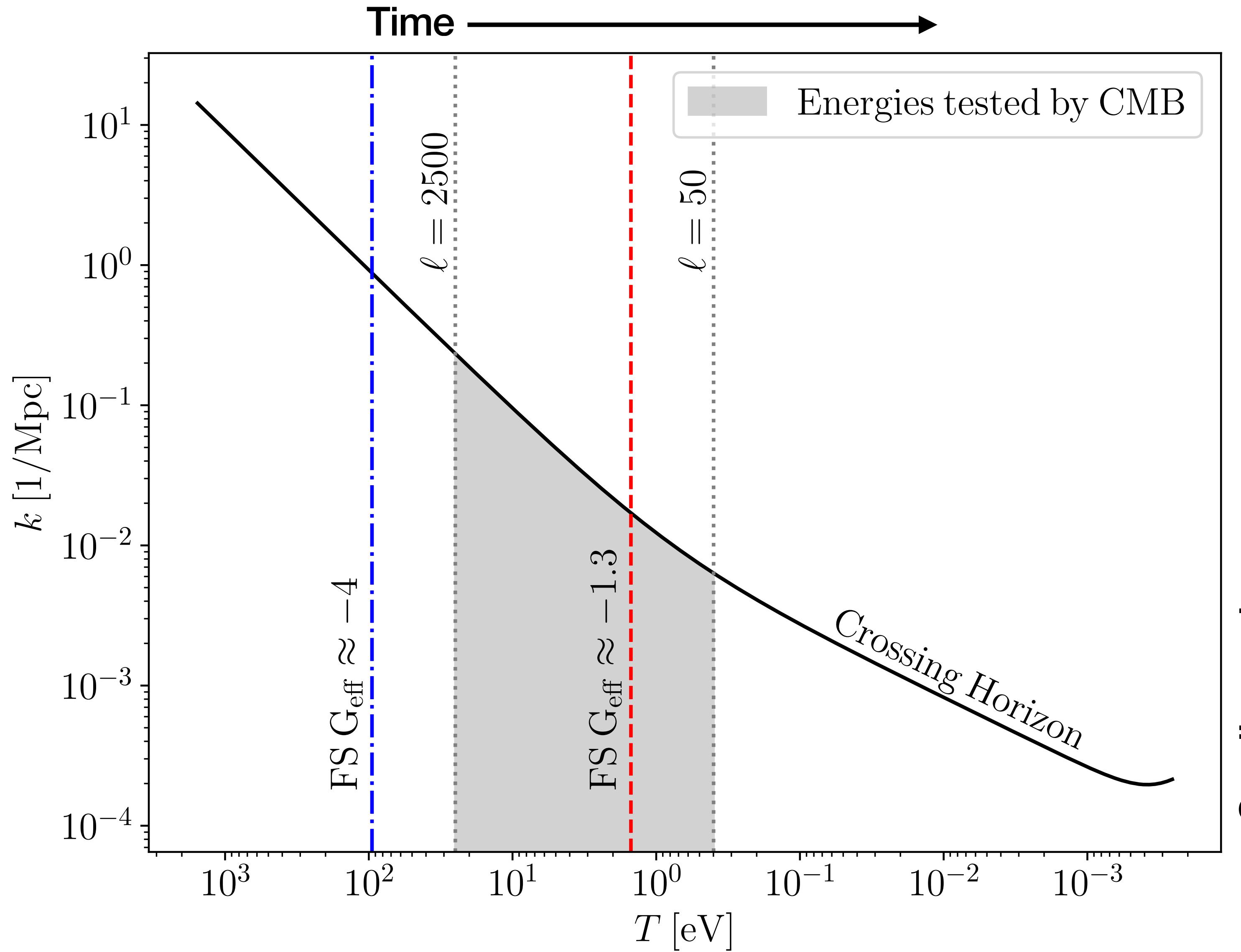
It is crucial to bear in mind that “radically” different scenarios could provide a good fit to the cosmological observables!

Thank you!



Credits: Symmetry Magazine

Energy scales and phenomenology at crossing horizon



Models with $\log_{10} (G_{\text{eff}}/\text{MeV}^{-2}) \lesssim -4$ will result indistinguishable from the Standard paradigm

Cosmological data probes the free-streaming nature of neutrinos at energies $\lesssim 100 \text{ eV}$.

Self-interacting neutrinos: data analysis

The addition of more LSS data restore the preference for the strong mode in its simplest form

