

Quasinormal modes and hydrodynamics of nonthermal fixed points

Michal P. Heller



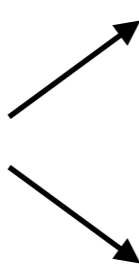
2307.07545 with Mazeliauskas and Preis [PRL], **2502.01622** with De Lescluze
and **2504.18754** with Berges, Denicol and Preis

Motivation


Motivation

Theory challenge: studying thermalization dynamics of closed quantum systems

2005.12299 with Berges, Mazeliauskas, Venugopalan

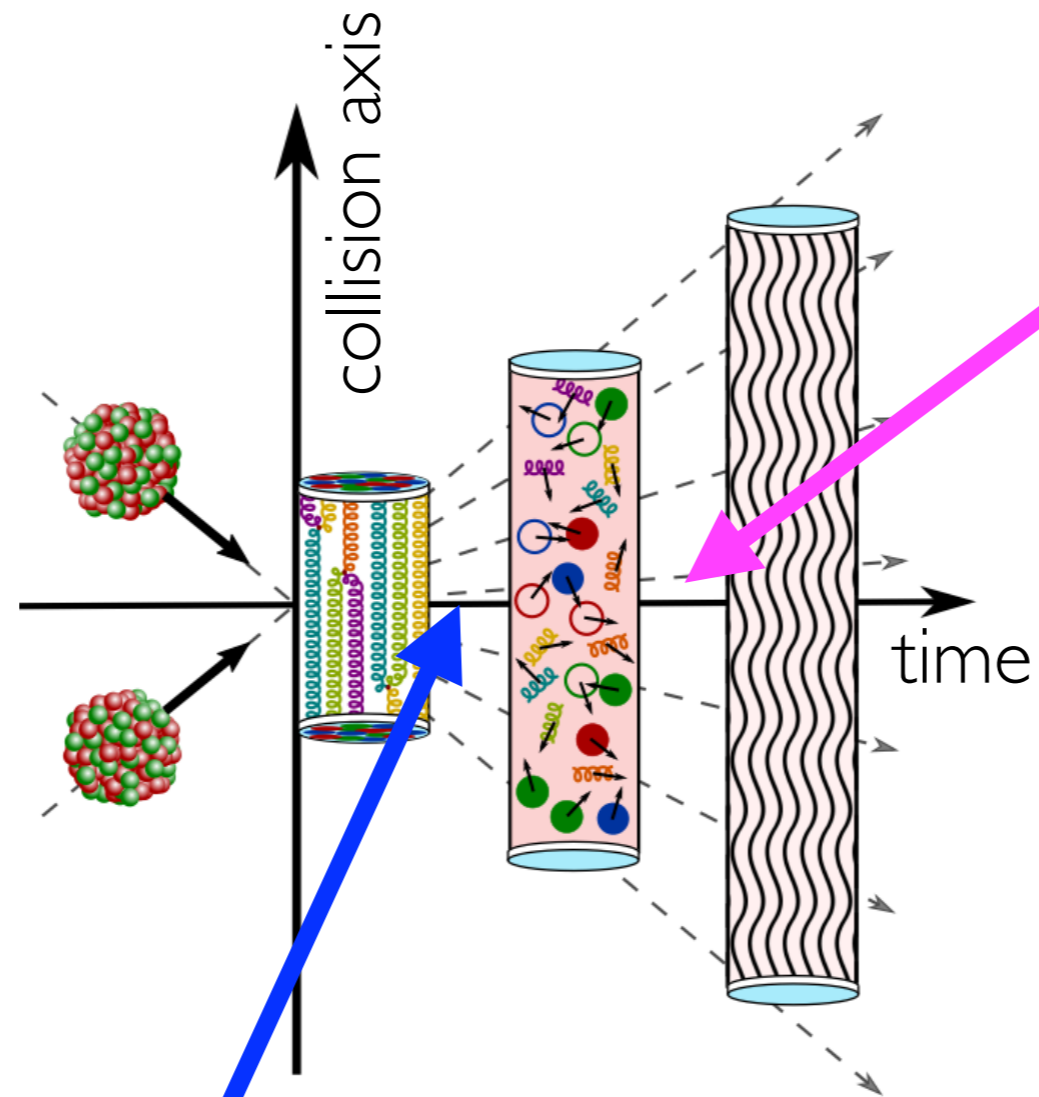
Highly relevant for  ultrarelativistic nuclear collisions at RHIC and LHC
ultracold atoms experiments

The theory targets specific parametric regimes (strong or weak coupling)

Each regime has its own language  possibility of novel connections and perspectives

Attractors view on QCD thermalization

2005.12299 with Berges, Mazeliauskas and Venugopalan



nonthermal attractor
(aka nonthermal fixed point)

hydrodynamic
attractor

this week's talks
by Blaizot, Spaliński



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Attractors and thermalization in nuclear collisions and cold quantum gases

Sep 22 – 26, 2025
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Far from equilibrium ingredient:
nonthermal fixed point(s)

Nonthermal attractor

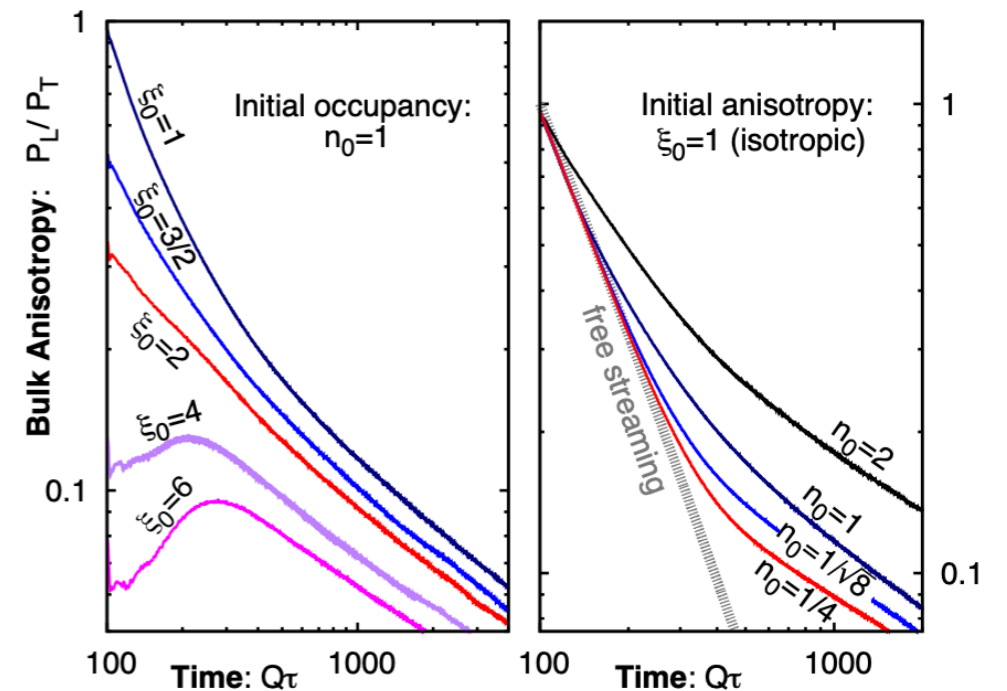
1303.5650 and 1311.3005 by Berges, Boguslavski, Schlichting and Venugopalan

After a collision at weak coupling: overoccupied gluons (strong classical fields):

$$f(p_T, p_z, \tau_0) = \frac{n_0}{8\pi\alpha_S} \Theta\left(Q - \sqrt{p_T^2 + (\xi_0 p_z)^2}\right) \quad \text{with} \quad \alpha_S = 10^{-5}$$

Ab initio simulations revealed significant insensitivity to plasma instabilities and free streaming, consistent with elastic scattering dominance among hard particles in the kinetic theory regime $Q\tau \sim \log^2(1/\alpha_S) = O(10^2)$: stage I of the “bottom up” thermalization

hep-ph/0009237 by Baier, Mueller, Schiff and Son

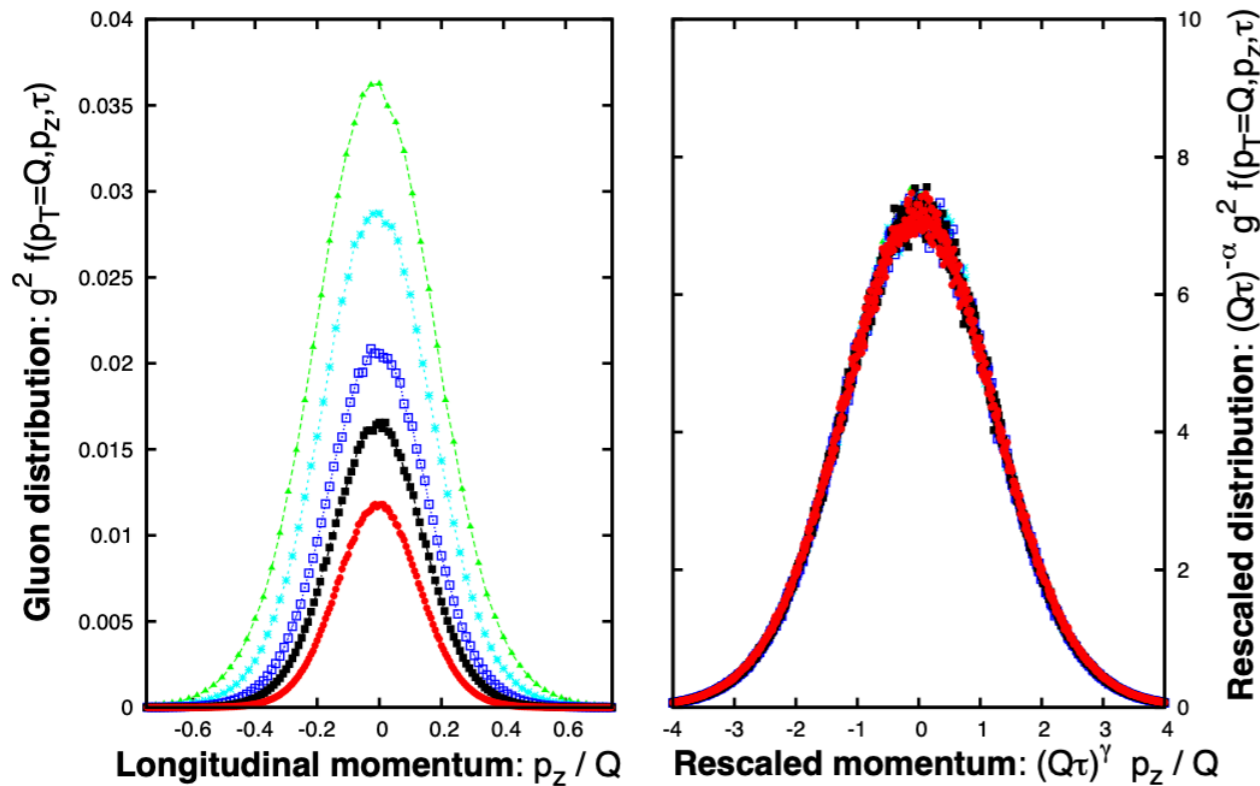


Overoccupation is expected then to drive the system to a self similar regime

$$f(p_T, p_z, \tau) = (Q\tau)^\alpha f_S\left((Q\tau)^\beta p_T, (Q\tau)^\gamma p_z\right) \quad \text{with} \quad \alpha = -\frac{2}{3}, \beta = 0, \gamma = \frac{1}{3}$$

Nonthermal attractor

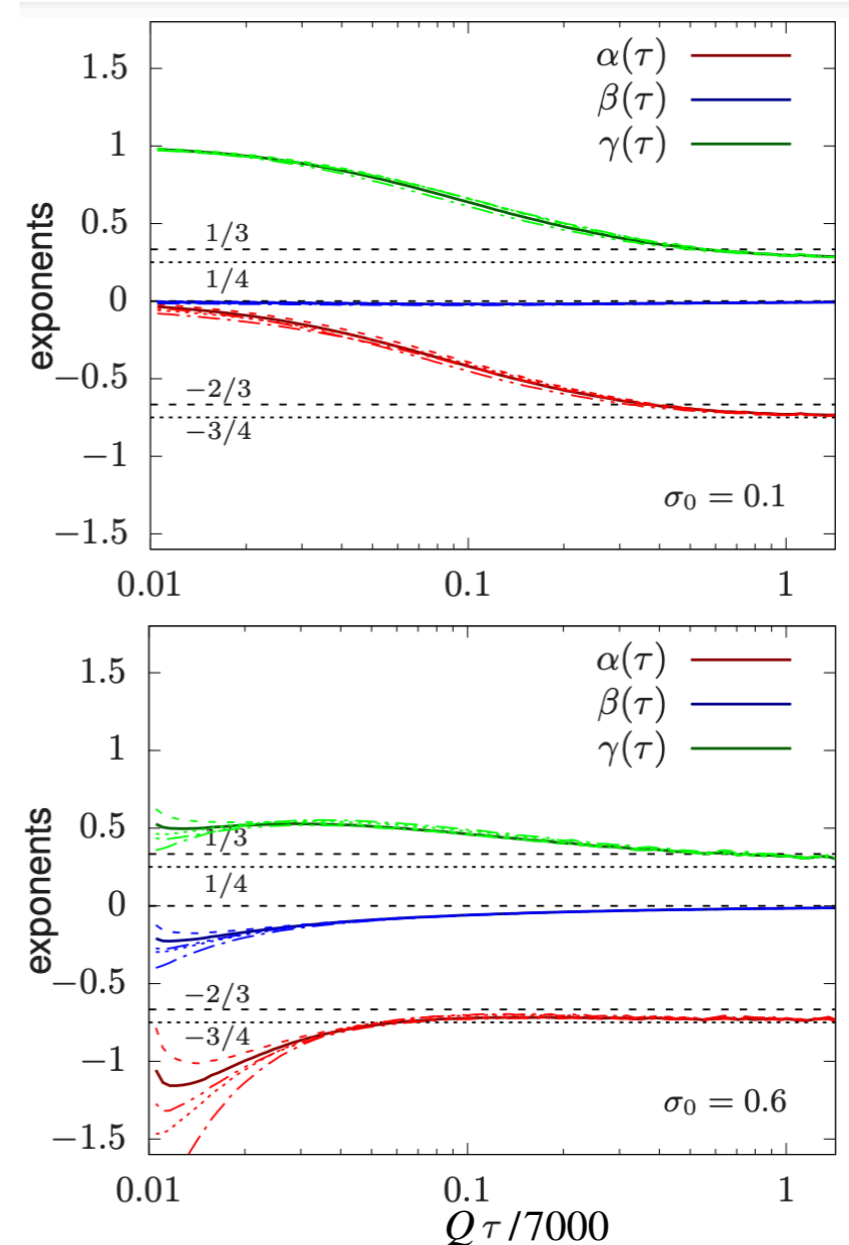
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Classical statistical simulations of SU(2) gluons

1303.5650 and **1311.3005**

by Berges, Boguslavski, Schlichting and Venugopalan



$g = 10^{-3}$ EKT with 2 massless quarks

1810.10554

by Berges and Mazeliauskas

Simplification in this talk: isotropy

No expansion: $ds^2 = -dt^2 + d\vec{x}^2$ and time dependence on t

Distribution function: $f(t, p \equiv |\vec{p}|)$

Nonthermal fixed point has only two scaling exponents:

$$f(t, p) \approx A(t) \times f_s(B(t)p) \quad \text{with} \quad A(t) = (t/t_{\text{ref}})^\alpha \quad \text{and} \quad B(t) = (t/t_{\text{ref}})^\beta$$

Isotropic nonthermal fixed points

e.g. **1810.08143** by Schmied, Mikheev and Gasenzer
or **2005.12299** with Berges, Mazeliauskas, Venugopalan

Ingredients:

weak coupling + overoccupied initial states $f(t=0, p) \gg f_{eq}(p)$ $\Big|_{\text{same energy density}}$

Outcome:

simulations + experiments show prolonged self-similar evolution in time

$$f(t, p) \approx A(t) \times f_s(B(t)p) \quad \text{with} \quad A(t) = (t/t_{\text{ref}})^\alpha \quad \text{and} \quad B(t) = (t/t_{\text{ref}})^\beta$$

Observation: the choice of the origin of time

$$f(t, p) \approx A(t) \times f_s(B(t)p) \quad \text{with} \quad A(t) = (t/t_{\text{ref}})^\alpha \quad \text{and} \quad B(t) = (t/t_{\text{ref}})^\beta$$



However, t used above has an origin chosen in a rather arbitrary way.

Near-equilibrium ingredient:
quasinormal modes

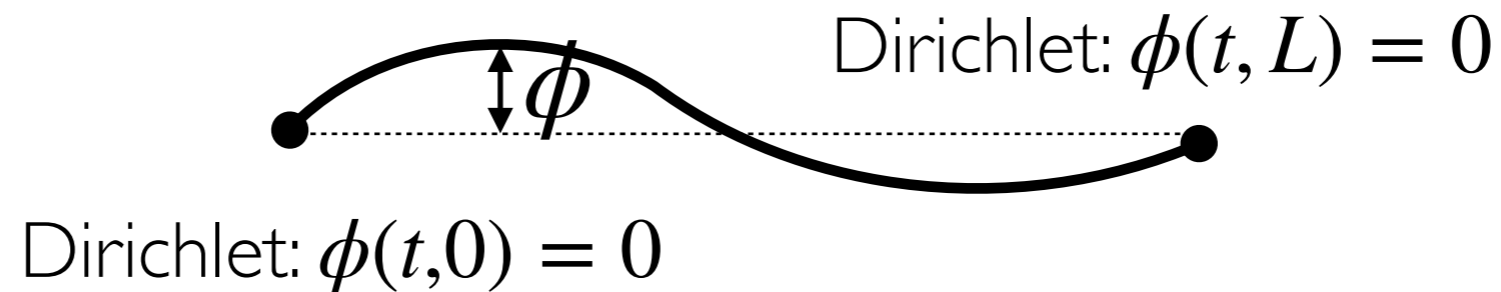
Normal modes

Wave equation in a cavity

$$\square_{\text{cavity}} \phi = 0$$

$$\phi \Big|_{\text{bdries}} = 0$$

→ spectrum of normal modes e.g.



$$\downarrow -\partial_t^2 \phi + \partial_x^2 \phi = 0$$

$$\phi_{\text{NM}} \sim e^{-i\omega_{\text{NM}}t} \sin(n\pi x/L) \quad \text{with} \quad \omega_{\text{NM}} = \pm n\pi/L$$

If excited, normal modes just oscillate (possibly interfering with each other)

Quasinormal modes e.g. 0905.2975 by Berti, Cardoso and Starinets

Option I: the equation breaks time symmetry explicitly, e.g.

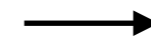
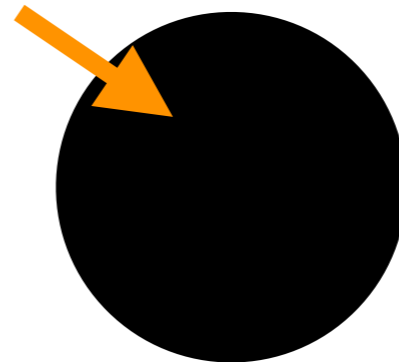
$$\partial_t \phi - D \partial_x^2 \phi = 0 \quad \text{on a line} \quad \phi_{\text{QNM}} \sim e^{-i\omega_{\text{QNM}} t} e^{ikx} \quad \text{with} \quad \omega_{\text{QNM}} = -iDk^2 \in \mathbb{C}$$

Option II: the boundary condition makes the problem non-Hermitian

ϕ purely ingoing at the horizon

black hole classically
only absorbs

$$\square_{\text{black hole}} \phi = 0 +$$



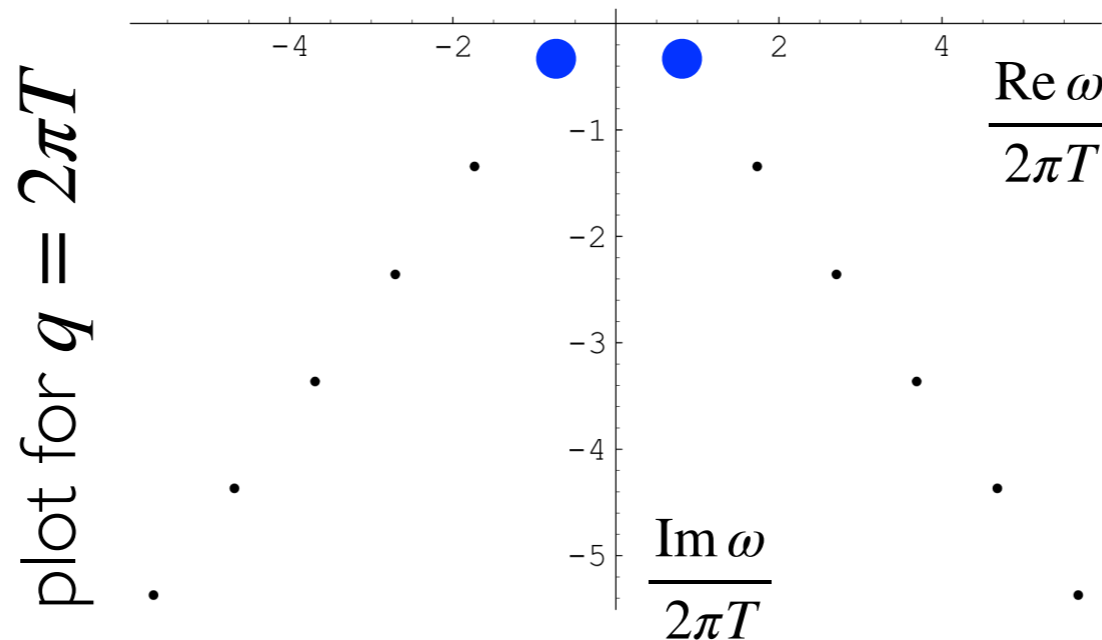
a tower of
 $\omega_{\text{QNM}} \in \mathbb{C}$

If excited, quasinormal modes decay in time (and often also oscillate)

Holographic quasinormal modes (QNMs)

Horowitz and Hubeny hep-th/9909056; Kovtun and Starinets hep-th/0506184

Strongly-coupled QFTs relax via dual QNMs: $\delta g_{ab} \sim \delta \langle T_{\mu\nu} \rangle \sim e^{-i\omega t + i\vec{q}\cdot\vec{x}}$



Consequences for thermalization

lots of short-lived excitations

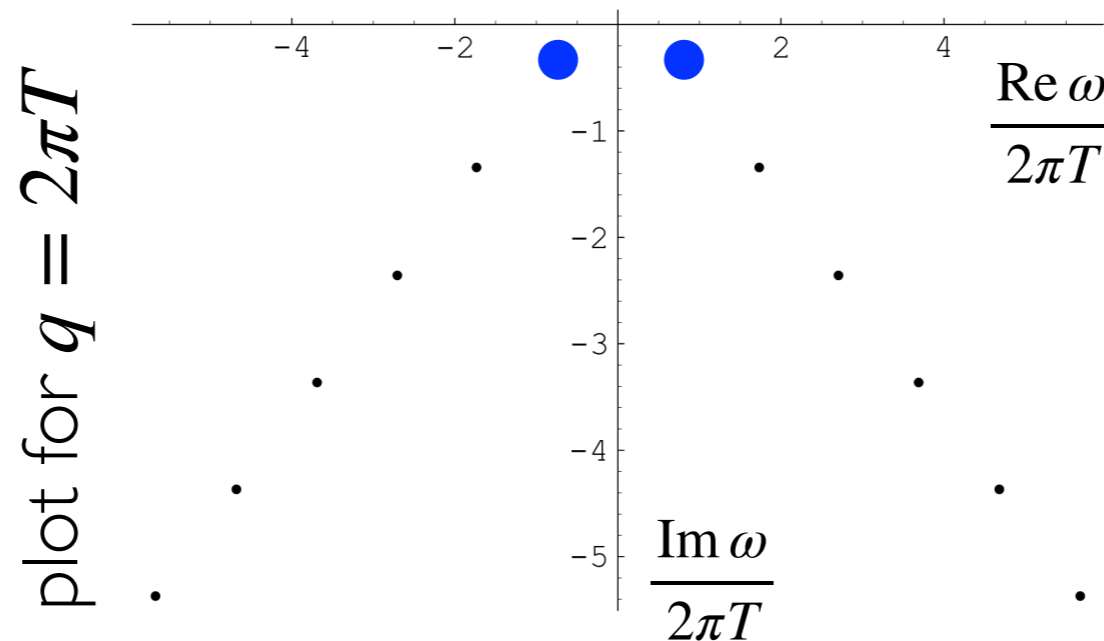
a few long-lived hydrodynamic modes

Ingredient III: (relativistic) hydrodynamics

Relativistic hydrodynamics

e.g. Florkowski, Heller & Spaliński 1707.02282

Strongly-coupled QFTs relax via dual QNMs: $\delta g_{ab} \sim \delta \langle T_{\mu\nu} \rangle \sim e^{-i\omega t + i\vec{q}\cdot\vec{x}}$



Relativistic Navier-Stokes equations dictate the properties of sound propagation:

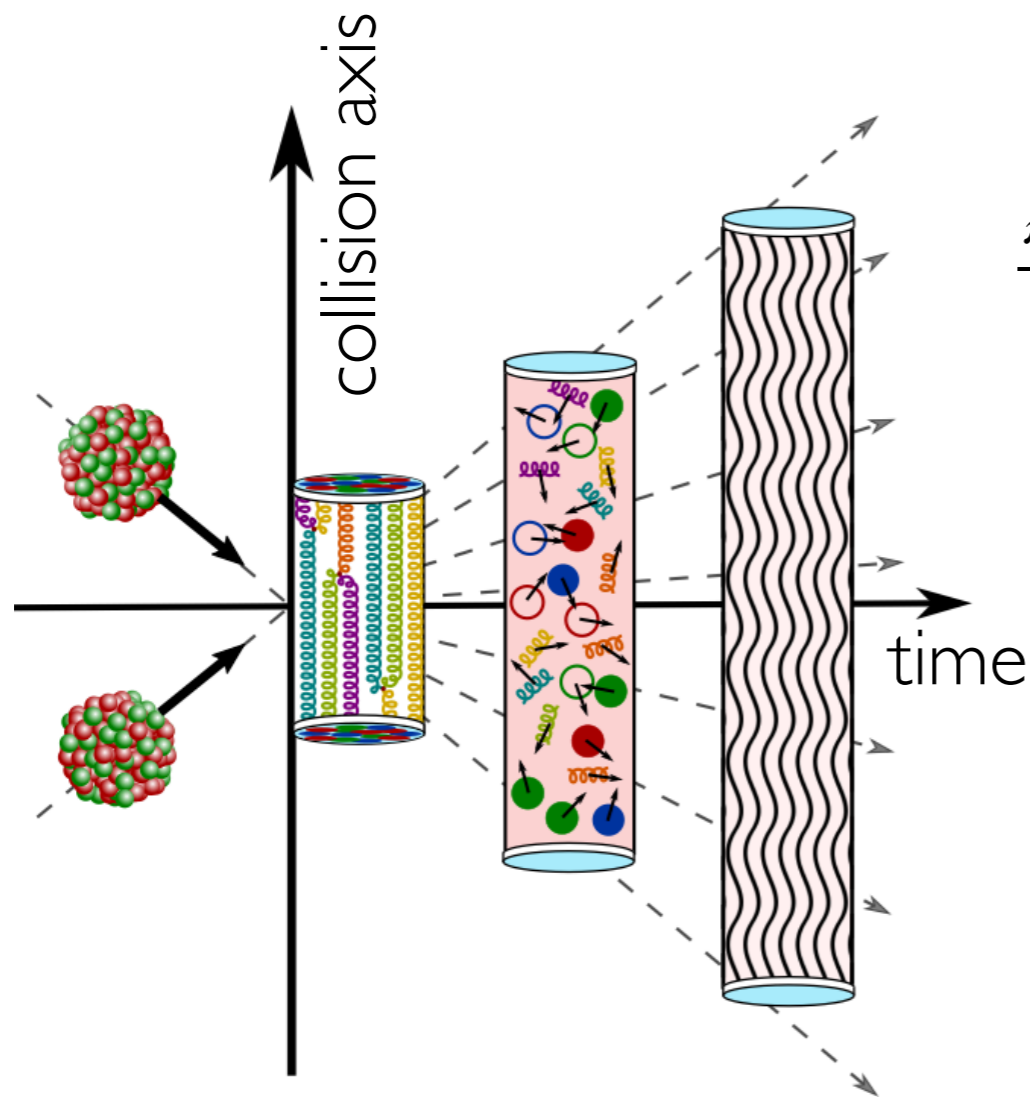
$$\omega = \pm c_s q - i \frac{4}{3T} \frac{\eta}{s} q^2 + \dots$$

(shear) viscosity describes the dominant dissipative effect

Are there sound waves propagating on top of nonthermal fixed points?

Hydro and transient QNMs in action

heavy-ion collisions
at RHIC and LHC



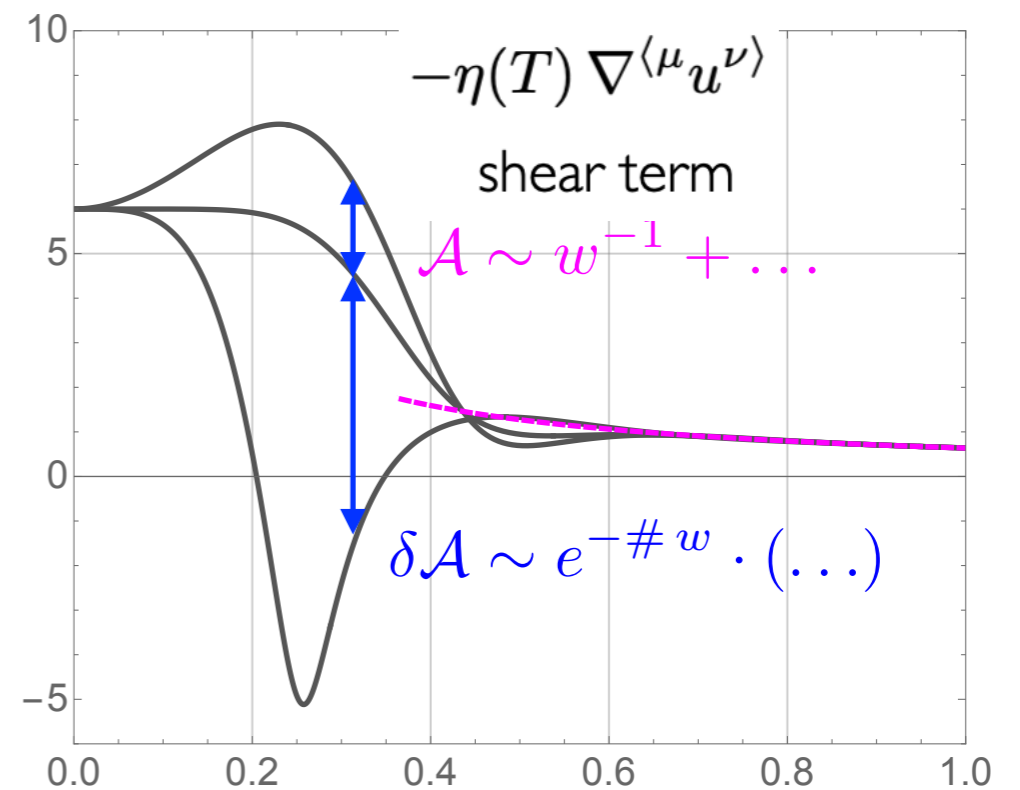
2005.12299

with Berges, Mazeliauskas & Venugopalan

behaviour in
of theoretical models
(here: holographic boost-invariant flow)

$$\frac{\pi_T^T - \pi_L^L}{\mathcal{P}(T)} = A$$

pressure difference A



"time" $w = \tau T$

1103.3452 with Janik & Witaszczyk

Setup

Kinetic theory setup

We will be using (relativistic) isotropic kinetic theory

$$\partial_t f(t, p) = C[f](t, p)$$

Example of $C[f]$ is the Fokker-Planck QCD collision kernel

see e.g. I402.5049 by Blaizot, Wu & Yan

$$C_{FP}[f](t, p) \sim \mathcal{L} \left[I_a \frac{1}{p^2} \partial_p (p^2 \partial_p f) + I_b \frac{1}{p^2} \partial_p (p^2 f(1 + f)) \right]$$

~~$$\mathcal{L} = \int \frac{dq}{q} = \log \frac{\sqrt{\langle p^2 \rangle}}{m_D},$$~~ $\mathcal{L} = \text{const},$

where $I_a = N_c \int \frac{d^3 p}{(2\pi)^3} f(1 + f),$

$$I_b = 2N_c \int \frac{d^3 p}{(2\pi)^3} \frac{f}{p}.$$

This collision kernel leads to a direct cascade in the UV

Result I:

extending nonthermal fixed points to earlier times

Prescaling

1807.07514 by Schmied, Mikheev and Gasenzer

1810.10554 by Berges and Mazeliauskas

Scaling with slowly varying in time exponents

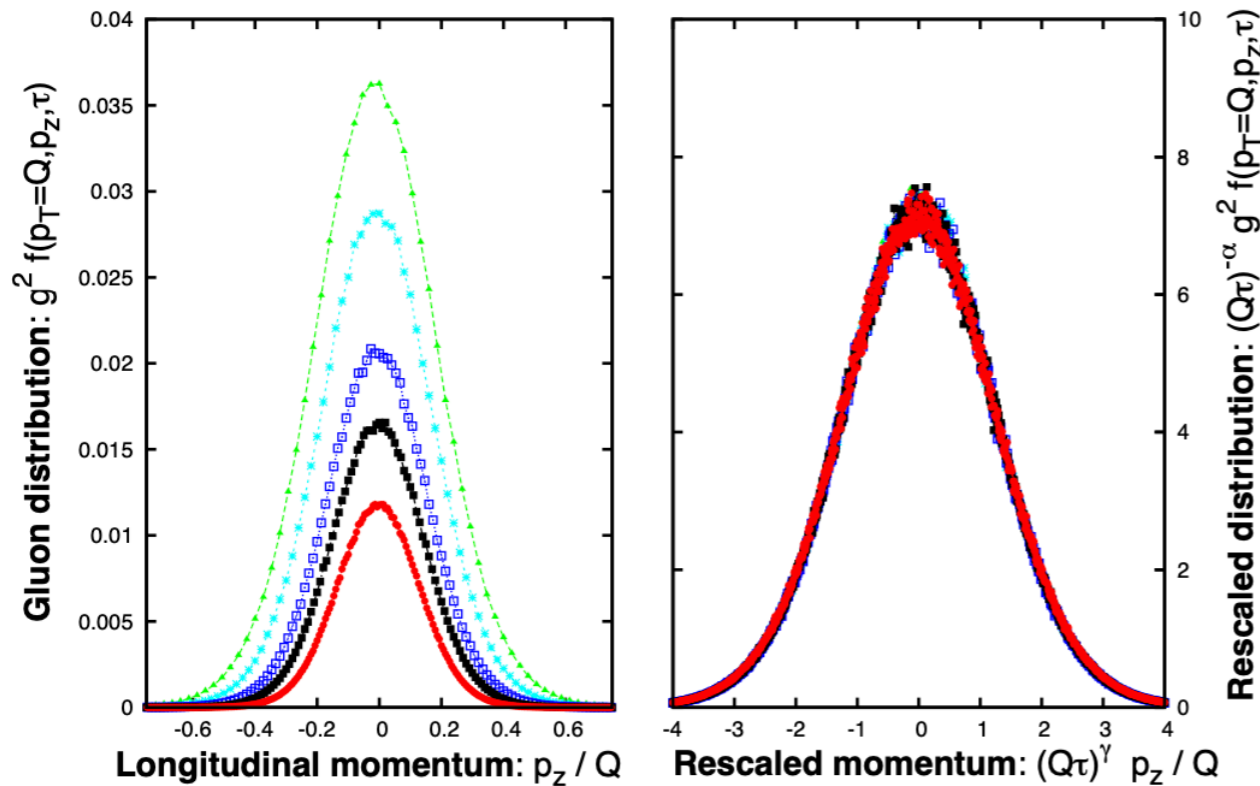
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might precede the exact scaling with α, β constant

Important for theory and experiment, since makes scaling visible much earlier

Nonthermal attractor

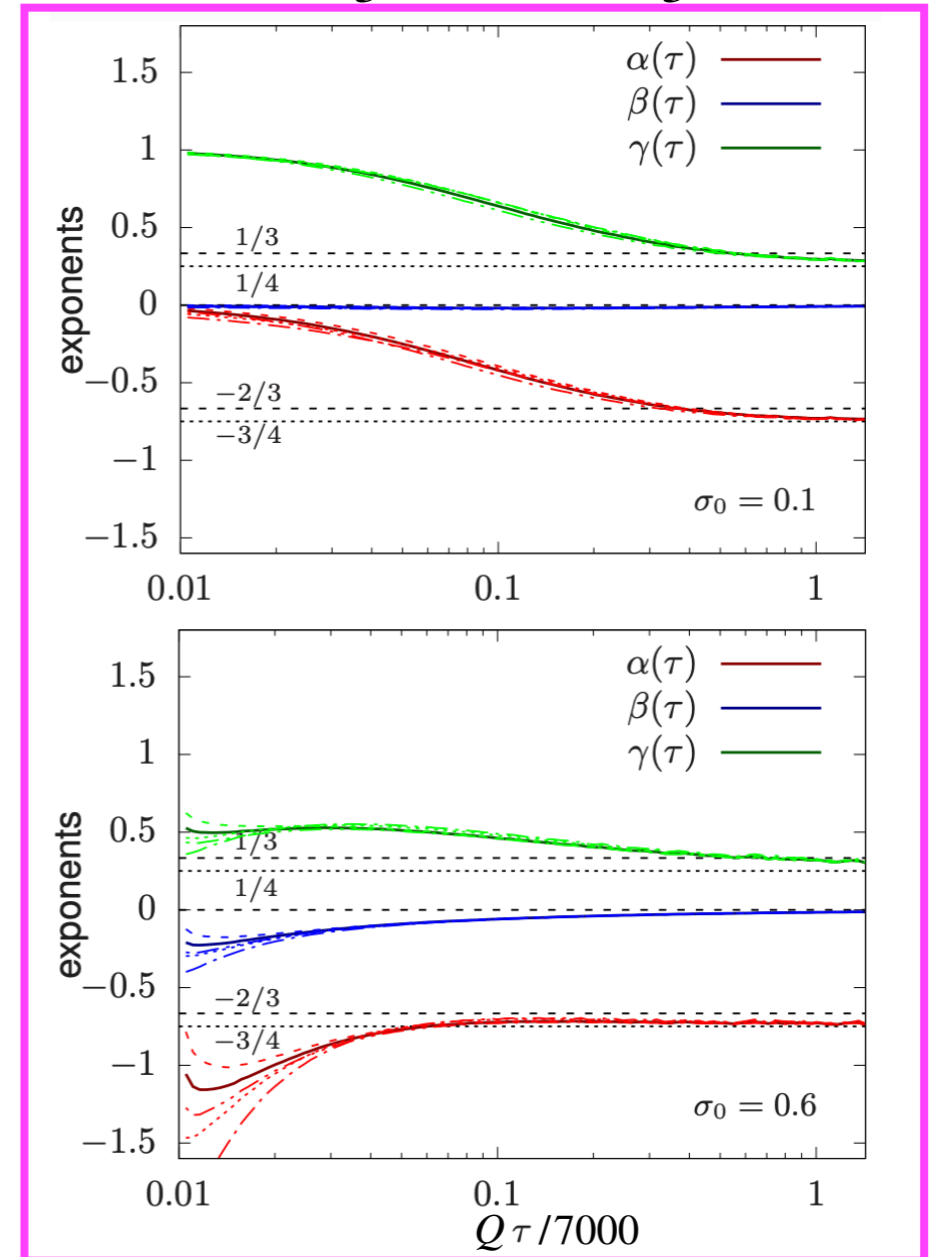
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The origin of (pre)scaling 2307.07545 with Mazeliauskas and Preis

Overoccupation simplifies $C[f(t, p)]$ as the highest power of f dominates

$$C[f(t, p)] \sim \int dP_1 \dots (\dots) f^\kappa \text{ with } \kappa_{2 \leftrightarrow 2} = 3 \text{ and } \kappa_{1 \leftrightarrow 2} = 2$$

This might make it possible to factor out t -dependence for $A(t) f_s(B(t) p)$:

$$C[f(t, p)] \equiv A(t)^{\mu_\alpha} B(t)^{\mu_\beta} C[f_s(\bar{p} \equiv B(t)p)]$$

Overoccupation leads to most of the energy (or particle number) in the relevant range of momenta, but the simplified kernel alters conservation properties

Imposing conservation of energy (or particle number) leads then to

$$A(t) \sim B(t)^\sigma \text{ with } \sigma = 4 \text{ (or } \sigma = 3)$$

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$$\kappa = 3$$

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Prescaling as dimensionality reduction

2307.07545 with Mazeliauskas and Preis

All in all, overoccupation + conservation **factorizes** then the Boltzmann equation

$$\frac{B(t)^{1-1/\beta_\infty}}{\partial_t B(t)} = \frac{1}{D_1} = \frac{[\sigma + \bar{\mathbf{p}} \cdot \partial_{\bar{\mathbf{p}}}] f_S(\bar{\mathbf{p}})}{\mathcal{C}[f_S](\bar{\mathbf{p}})} \quad \text{where} \quad \frac{1}{\beta_\infty} \equiv (1 - \mu_\alpha)\sigma - \mu_\beta$$

time dependence
(closed form eom for $B(t)$)

momentum dependence

Vast reduction of complexity in a sense of dimensionality reduction

Physics of prescaling

2307.07545 with Mazeliauskas and Preis

The solutions of

$$\frac{B(t)^{1-1/\beta_\infty}}{\partial_t B(t)} = \frac{1}{D_1} = \frac{[\sigma + \bar{\mathbf{p}} \cdot \partial_{\bar{\mathbf{p}}}] f_S(\bar{\mathbf{p}})}{\mathcal{C}[f_S](\bar{\mathbf{p}})} \quad \text{where} \quad \frac{1}{\beta_\infty} \equiv (1 - \mu_\alpha)\sigma - \mu_\beta$$

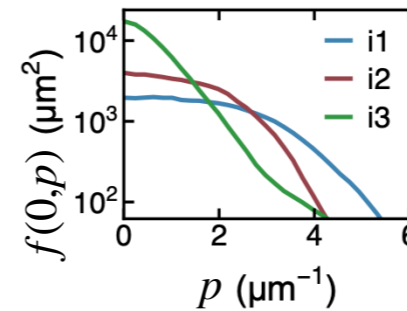
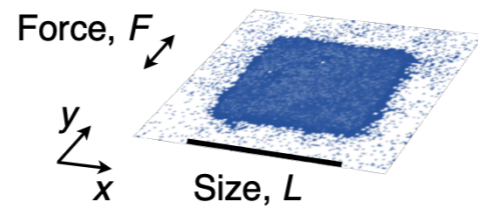
predict the prescaling as

$$B(t) = \left(\frac{t-t_*}{t_{\text{ref}}} \right)^{\beta_\infty} \approx \left(\frac{t}{t_{\text{ref}}} \right)^{\beta_\infty} \left(1 - \beta_\infty \frac{t_*}{t} + \dots \right)$$

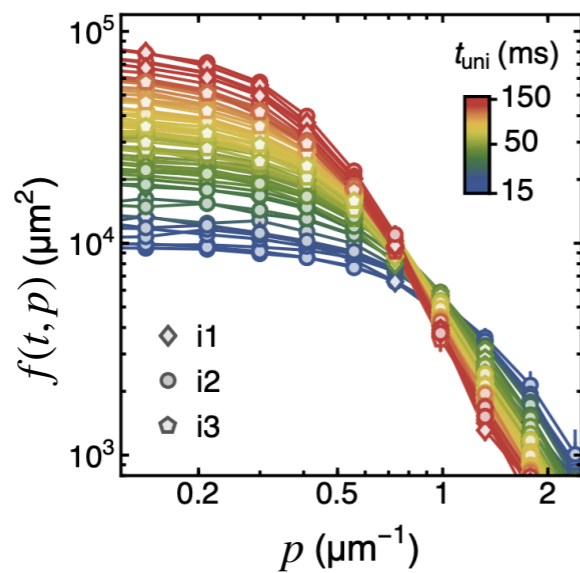
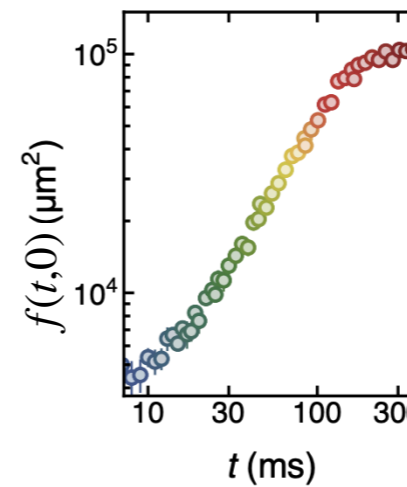
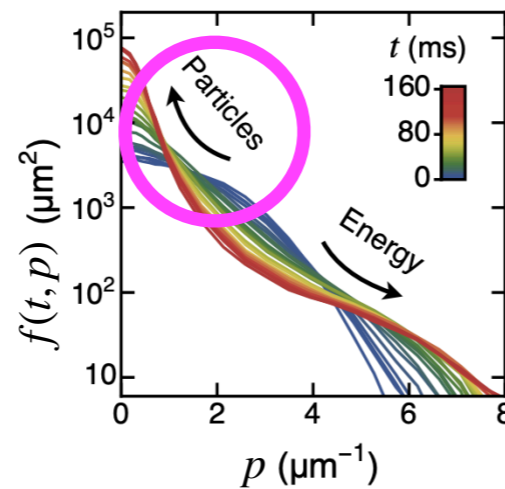
Prescaling is then just a scaling with an initial-condition dependent offset of time

Experimental confirmation

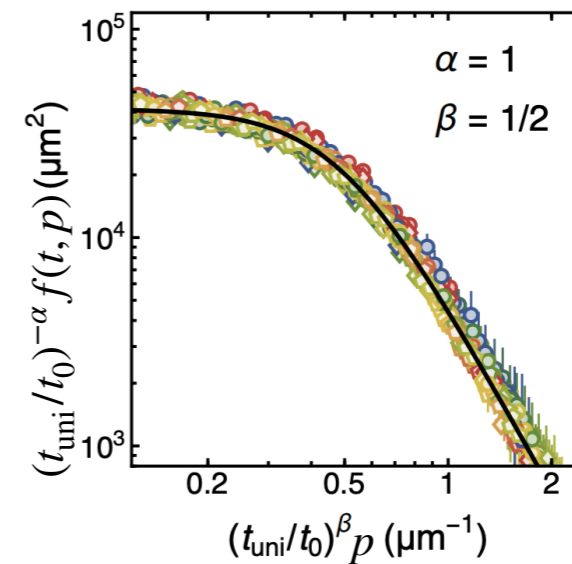
2312.09248 by Gazo, Karailiev, Satoor, Eigen, Gałka and Hadzibabic



We start with a quasi-pure interacting 2D condensate of 7×10^4 atoms of ^{39}K in the lowest hyperfine state, confined in a square box trap of size $L = 50 \mu\text{m}$ [40]. The interactions in the gas, characterized by the scattering length a , are tuneable via the magnetic Feshbach resonance at 402.7 G [41]. To prepare our far-from-equilibrium initial states, we temporarily turn off the interactions ($a \rightarrow 0$) and shake the gas with a spatially uniform oscillating force F (see Fig. 1A). This destroys the condensate and, as previously studied in 3D [42, 43], results in an isotropic highly nonthermal f distribution. After preparing one of the three different initial states i1–i3 shown in Fig. 1A, we stop the shaking, reinstate the interactions ($a \rightarrow 30 a_0$, where a_0 is the Bohr radius), and let the gas relax. The states i1–i3 do not have a defined temperature, but $E = \int \varepsilon(k) dk$, where $\varepsilon = 2\pi\hbar^2 k^3 n_k / (2m)$ and m is the atom mass, gives the total energy. We get $E/k_B = 4.1(3)$ mK, $2.2(3)$ mK, and $1.0(3)$ mK, for i1–i3 respectively; in all cases E is sufficiently low for a condensate to emerge during relaxation [44].



$$t_{\text{uni}} \equiv t - t_*$$



Some perspectives from prescaling

Nonthermal fixed points = overoccupation + dimensionality reduction

(Pre)scaling is then a consequence of the equations of motion

Prescaling exhausts the dimensionally reduced ansatz $f(t, p) \approx A(t) \times f_s(B(t)p)$

Prescaling even at this level does not seem to have much to do with hydro

Result II:
transient QNMs of nonthermal fixed points

Key idea behind

2502.01622 with De Lescluze

There is sense in which nonthermal fixed points are static: $f_s(\bar{p})$

As a result, the notion of quasinormal mode approach makes sense

Quasinormal modes of nonthermal fixed points

2502.01622 with De Lescluze

On a nonthermal fixed point:

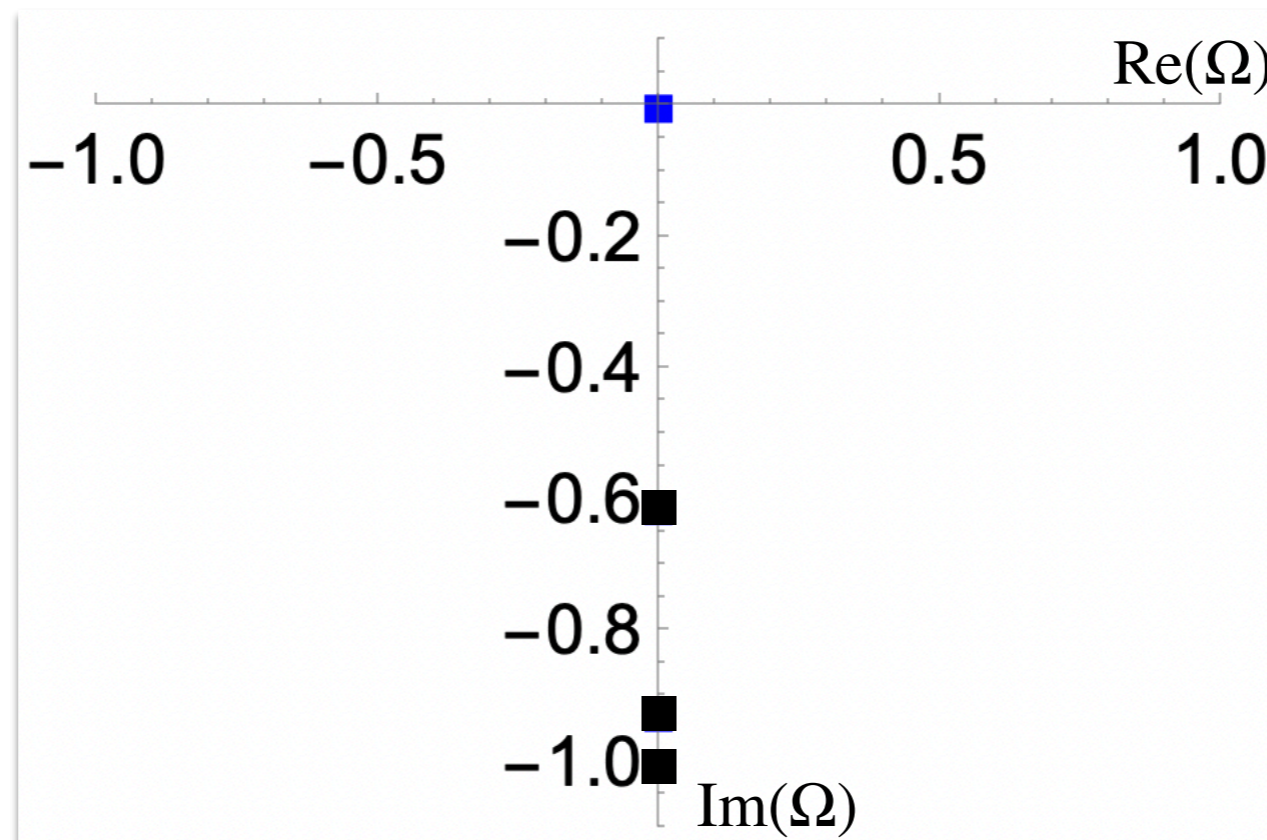
$$f(t, p) \approx (t_{\text{uni}}/t_0)^\alpha f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

with $t_{\text{uni}} \equiv t - t_*$

directly before that:

$$(t_{\text{uni}}/t_0)^{-\alpha} f(t, p) \approx f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

$$+ \sum_{\Omega} (t_{\text{uni}}/t_0)^{-i\Omega} \delta f_{\Omega} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$



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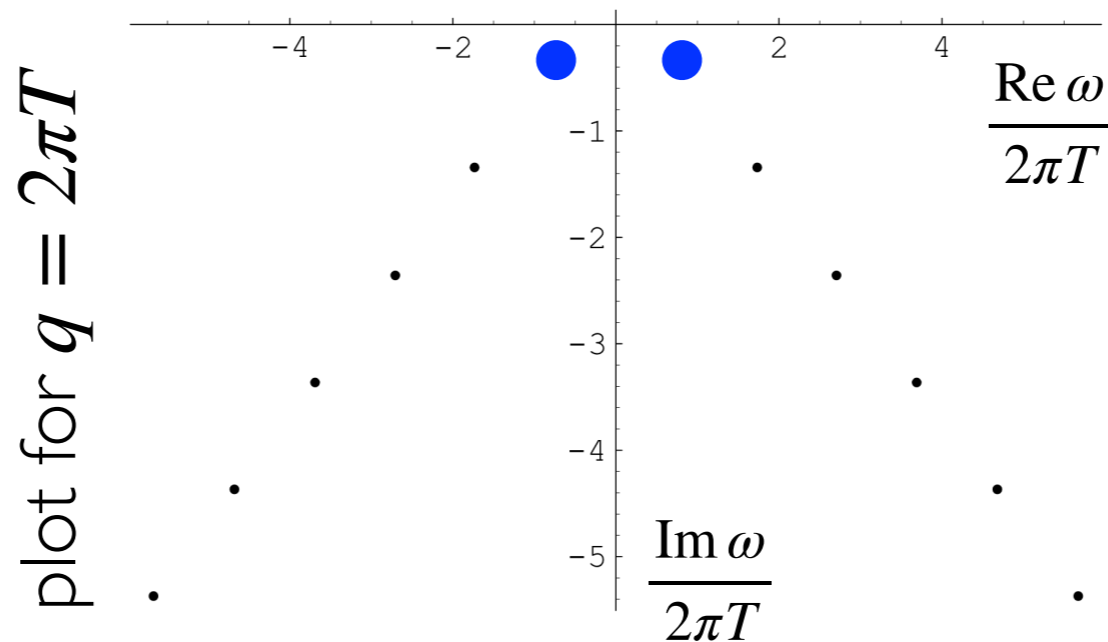
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This collision kernel leads to a direct cascade in the UV

Holographic quasinormal modes (QNMs)

Horowitz and Hubeny hep-th/9909056; Kovtun and Starinets hep-th/0506184

Strongly-coupled QFTs relax via dual QNMs: $\delta g_{ab} \sim \delta \langle T_{\mu\nu} \rangle \sim e^{-i\omega t + i\vec{q}\cdot\vec{x}}$



Consequences for thermalization

- lots of short-lived excitations
- a few long-lived hydrodynamic modes

How about nonthermal fixed points?

Quasinormal modes of nonthermal fixed points

2502.01622 with De Lescluze

On a nonthermal fixed point:

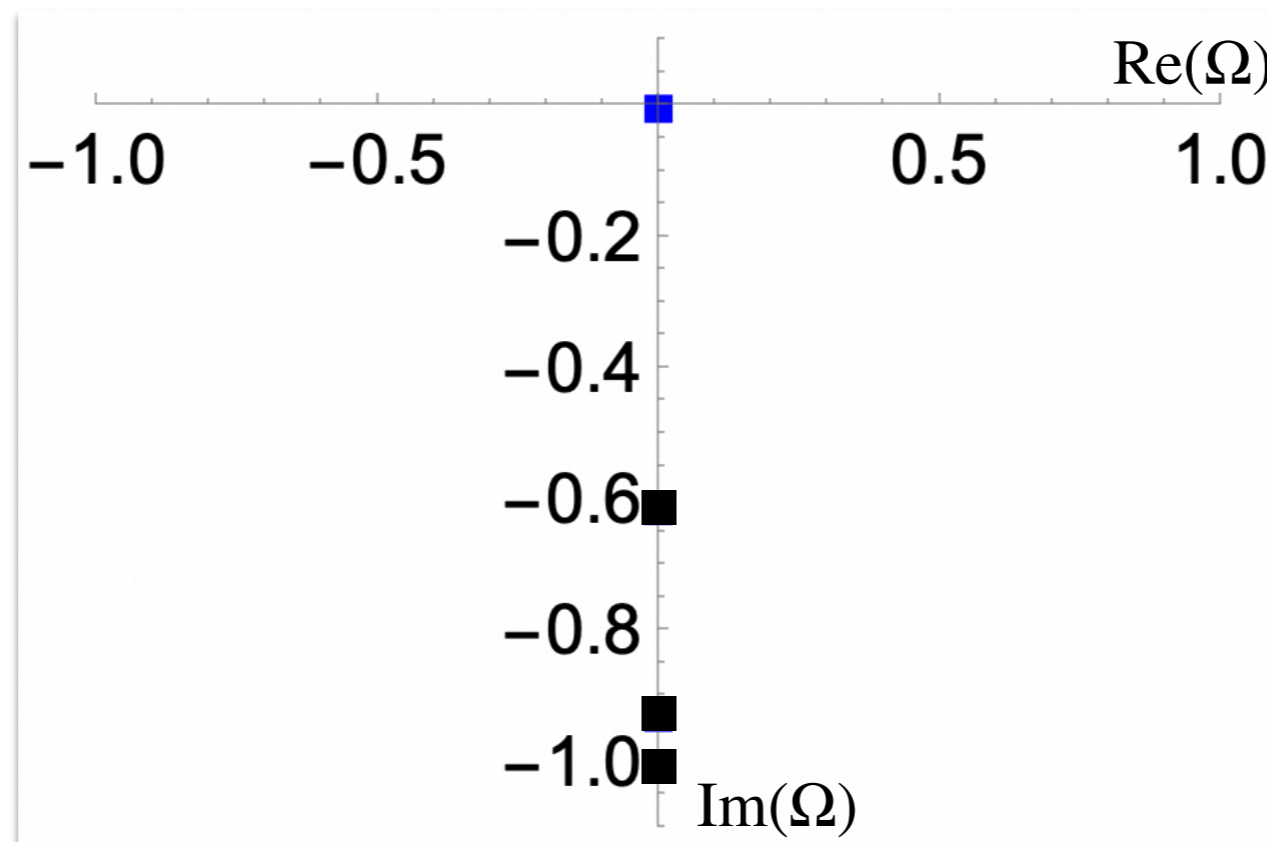
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Quasinormal modes of nonthermal fixed points

2502.01622 with De Lescluze

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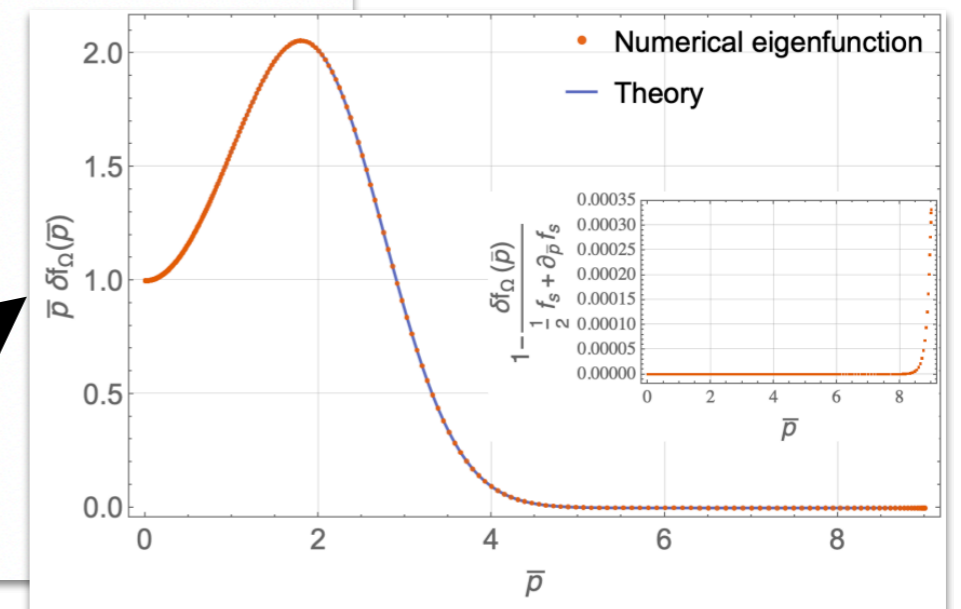
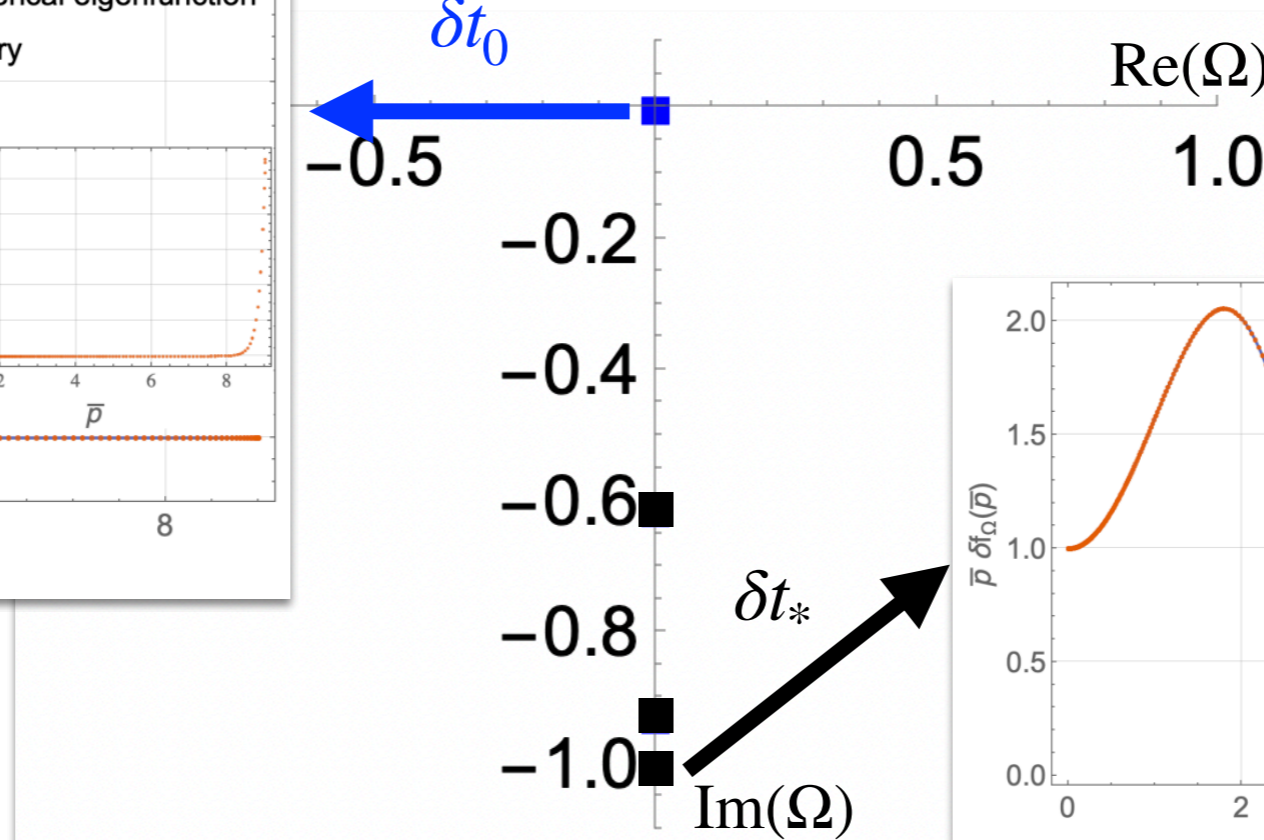
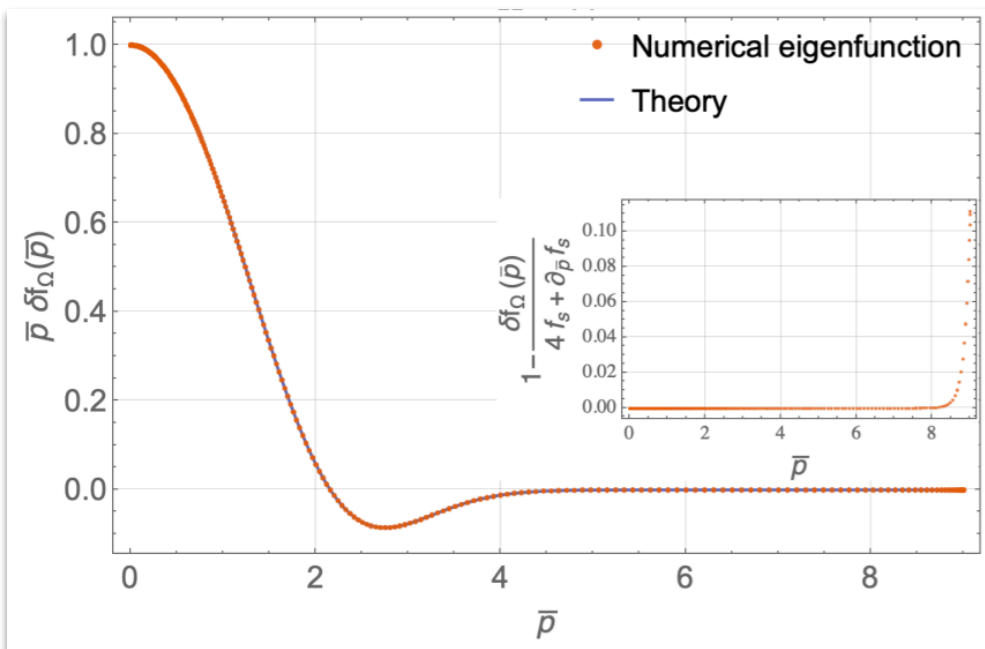
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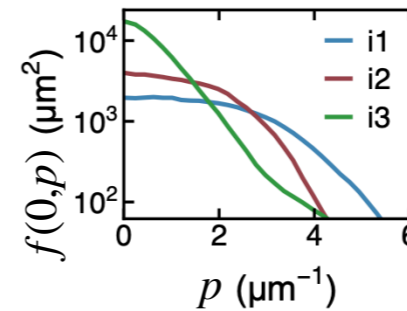
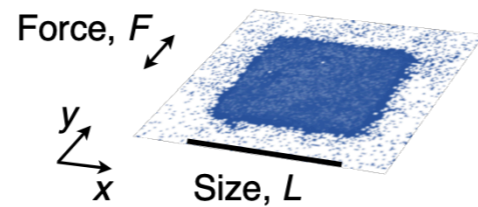
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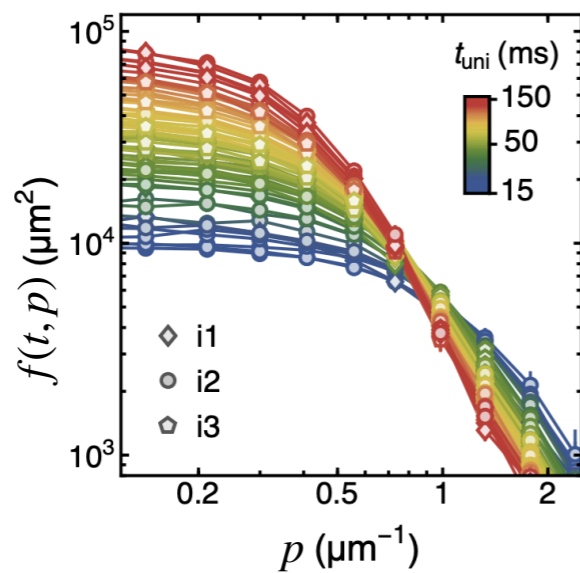
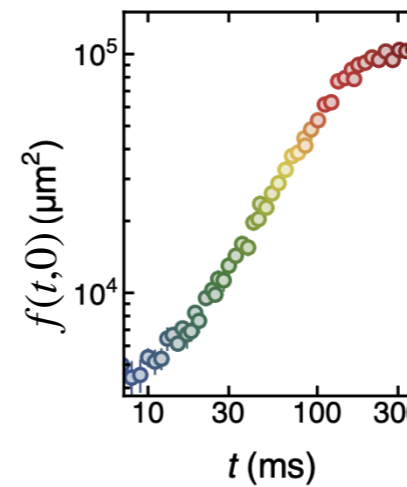
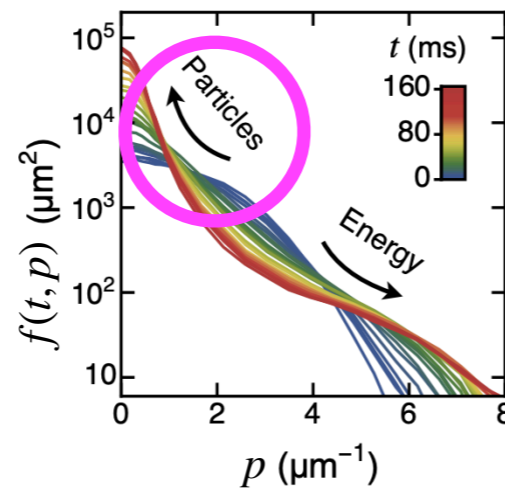


Experimental confirmation

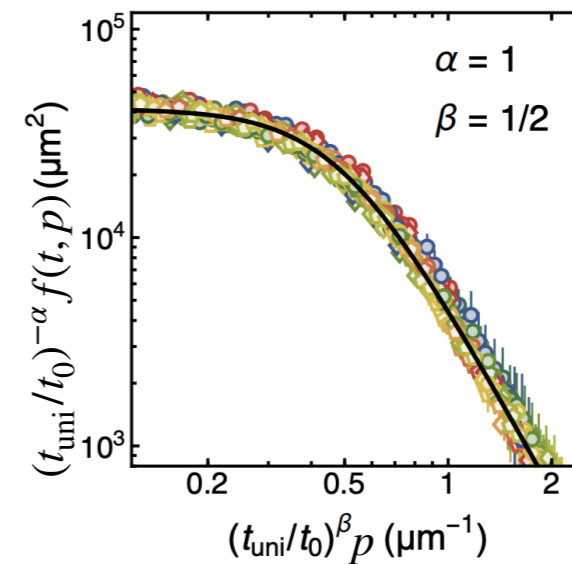
2312.09248 by Gazo, Karailiev, Satoor, Eigen, Gałka and Hadzibabic



We start with a quasi-pure interacting 2D condensate of 7×10^4 atoms of ^{39}K in the lowest hyperfine state, confined in a square box trap of size $L = 50 \mu\text{m}$ [40]. The interactions in the gas, characterized by the scattering length a , are tuneable via the magnetic Feshbach resonance at 402.7 G [41]. To prepare our far-from-equilibrium initial states, we temporarily turn off the interactions ($a \rightarrow 0$) and shake the gas with a spatially uniform oscillating force F (see Fig. 1A). This destroys the condensate and, as previously studied in 3D [42, 43], results in an isotropic highly nonthermal f distribution. After preparing one of the three different initial states i1–i3 shown in Fig. 1A, we stop the shaking, reinstate the interactions ($a \rightarrow 30 a_0$, where a_0 is the Bohr radius), and let the gas relax. The states i1–i3 do not have a defined temperature, but $E = \int \varepsilon(k) dk$, where $\varepsilon = 2\pi\hbar^2 k^3 n_k / (2m)$ and m is the atom mass, gives the total energy. We get $E/k_B = 4.1(3)$ mK, $2.2(3)$ mK, and $1.0(3)$ mK, for i1–i3 respectively; in all cases E is sufficiently low for a condensate to emerge during relaxation [44].



$$t_{\text{uni}} \equiv t - t_*$$



Quasinormal modes of nonthermal fixed points

2502.01622 with De Lescluze

On a nonthermal fixed point:

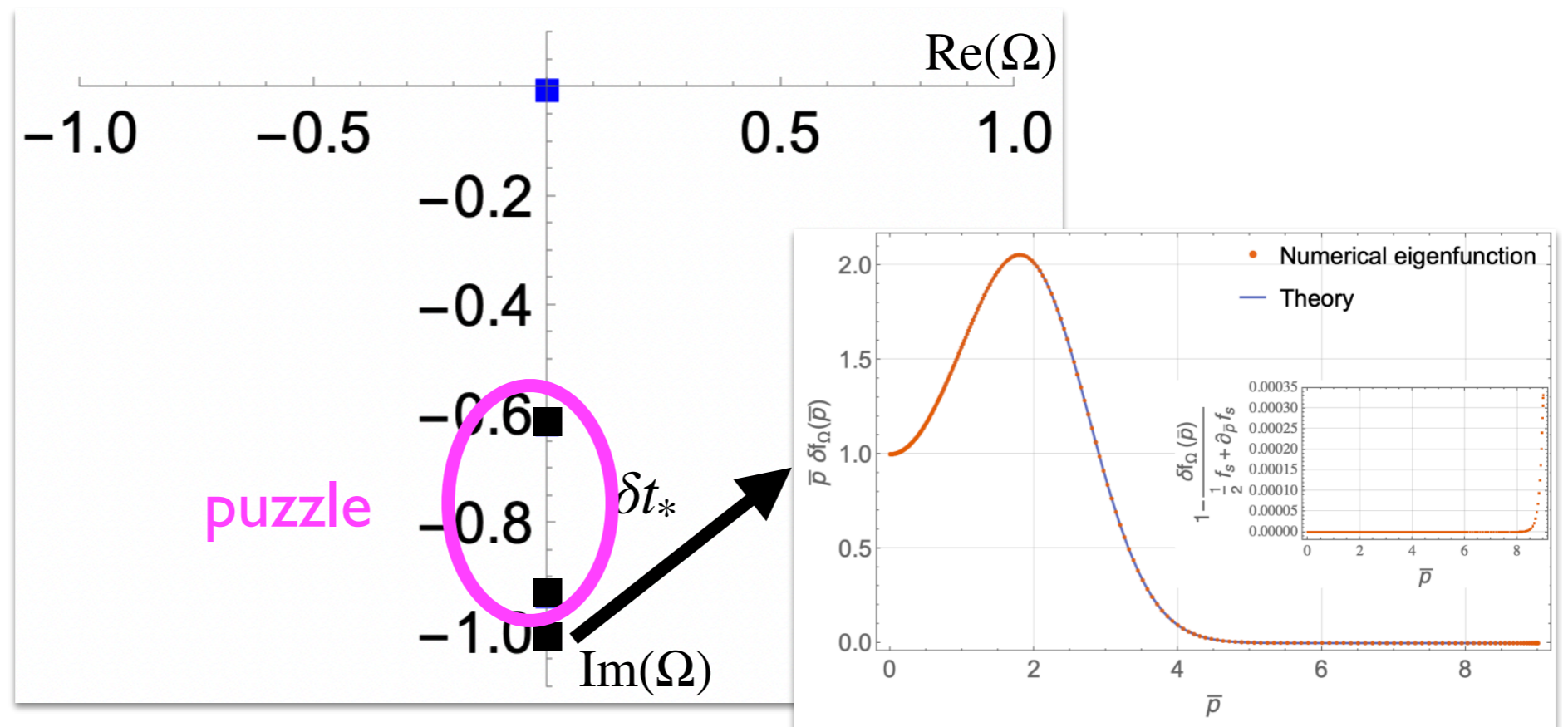
$$f(t, p) \approx (t_{\text{uni}}/t_0)^\alpha f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

with $t_{\text{uni}} \equiv t - t_*$

directly before that:

$$(t_{\text{uni}}/t_0)^{-\alpha} f(t, p) \approx f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

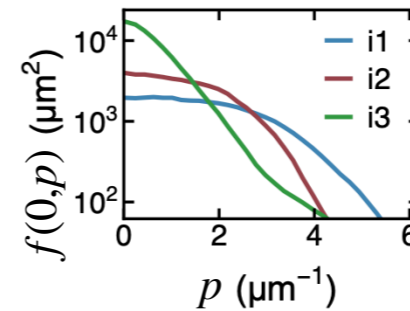
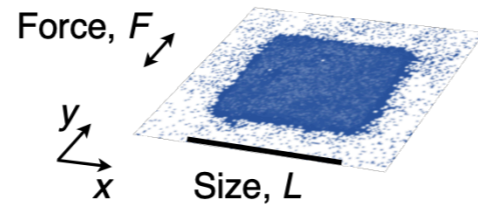
$$+ \sum_{\Omega} (t_{\text{uni}}/t_0)^{-i\Omega} \delta f_{\Omega} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$



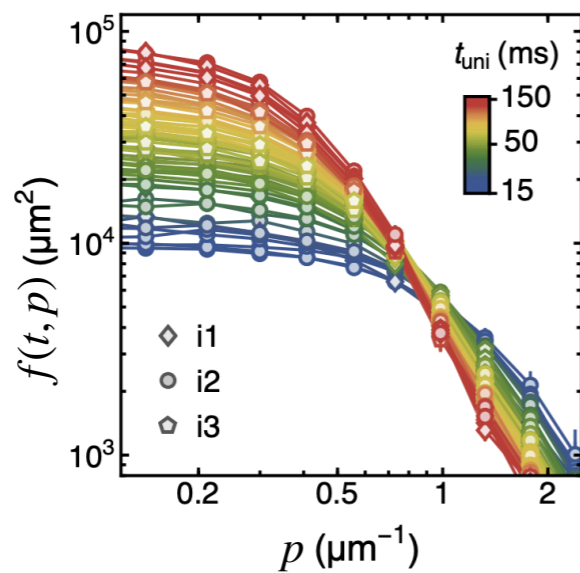
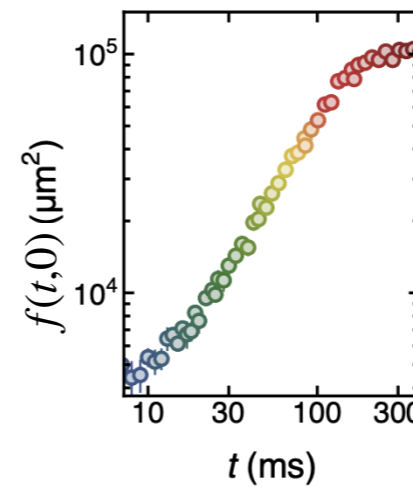
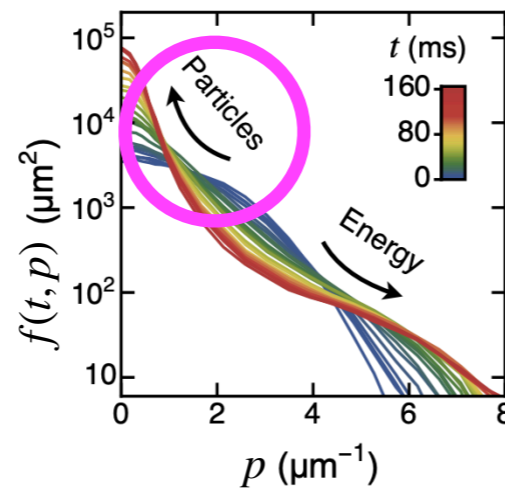
puzzle

Experimental confirmation

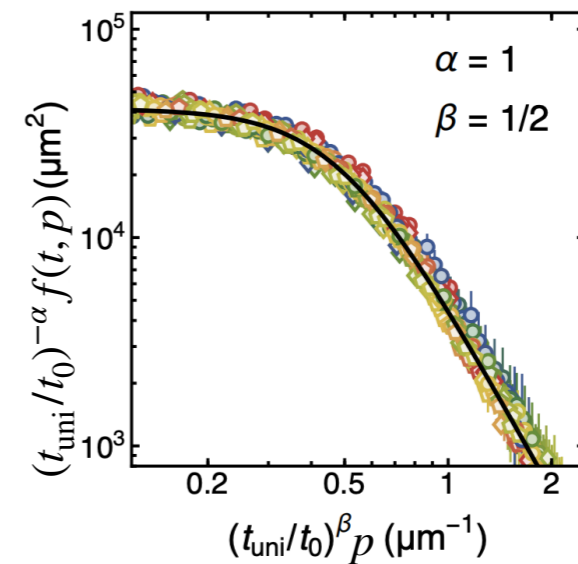
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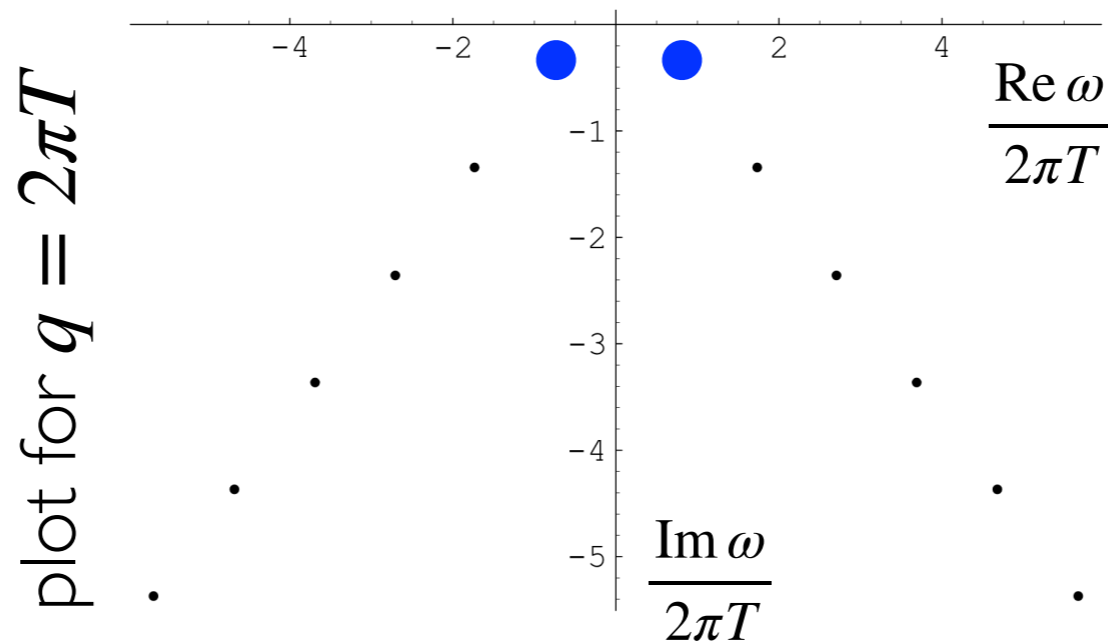


Result III:
hydrodynamics of nonthermal fixed points

Holographic quasinormal modes (QNMs)

Horowitz and Hubeny hep-th/9909056; Kovtun and Starinets hep-th/0506184

Strongly-coupled QFTs relax via dual QNMs: $\delta g_{ab} \sim \delta \langle T_{\mu\nu} \rangle \sim e^{-i\omega t + i\vec{q}\cdot\vec{x}}$



Consequences for thermalization

- lots of short-lived excitations
- a few long-lived hydrodynamic modes

How about nonthermal fixed points?

Hydrodynamics of nonthermal fixed points

2504.18754 with Berges, Denicol and Preis

On a nonthermal fixed point:

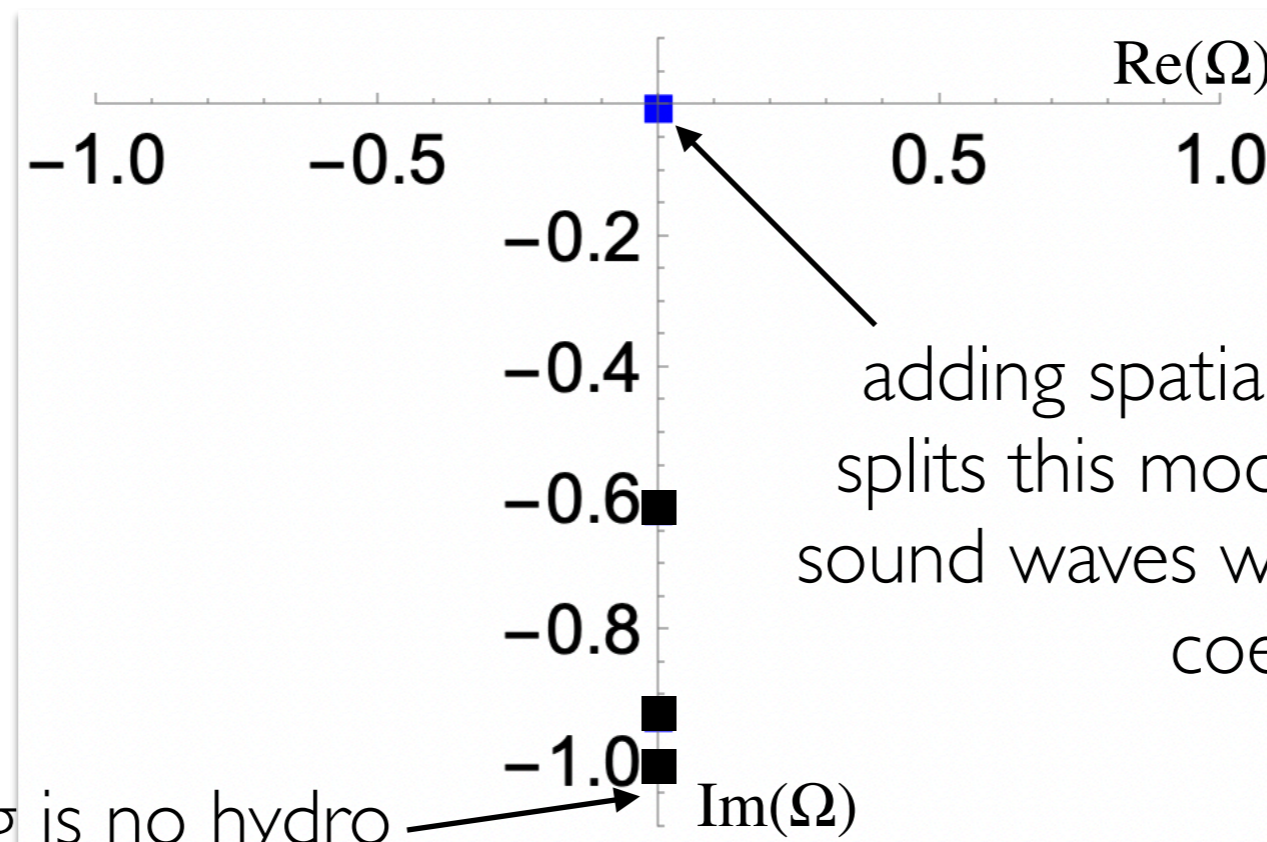
$$f(t, p) \approx (t_{\text{uni}}/t_0)^\alpha f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

with $t_{\text{uni}} \equiv t - t_*$

directly before that:

$$(t_{\text{uni}}/t_0)^{-\alpha} f(t, p) \approx f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$

$$+ \sum_{\Omega} (t_{\text{uni}}/t_0)^{-i\Omega} \delta f_{\Omega} \left[(t_{\text{uni}}/t_0)^\beta p \right]$$



adding spatial momentum e^{iqx} splits this mode into propagating sound waves with scaling transport coefficients

indeed prescaling is no hydro

What we do in practice

2504.18754 with Berges, Denicol and Preis

$$f(t, p) = (t_{\text{uni}}/t_0)^\alpha f_{\text{scaling}} \left[(t_{\text{uni}}/t_0)^\beta p \right] + \delta f(x^\mu, p)$$

Input:

$$\text{with } \delta f(t, p) \sim p_\mu p_\nu \pi^{\mu\nu}(x^\alpha)$$

Method: take truncated low moments expansion of the Boltzmann equation that was used before to derive MIS/DNMR-type equations

Outcome

for 2-2
scattering

$$\tau_\pi(t) D\pi^{\mu\nu} = -\pi^{\mu\nu} + \eta(t)\sigma^{\mu\nu} + \dots$$

with

$$\eta(t) \sim (t_{\text{uni}}/t_{\text{ref}})^1$$

$$\frac{\eta(t)}{\tau_\pi(t)} = \frac{4}{15} \times (\text{energy density})$$

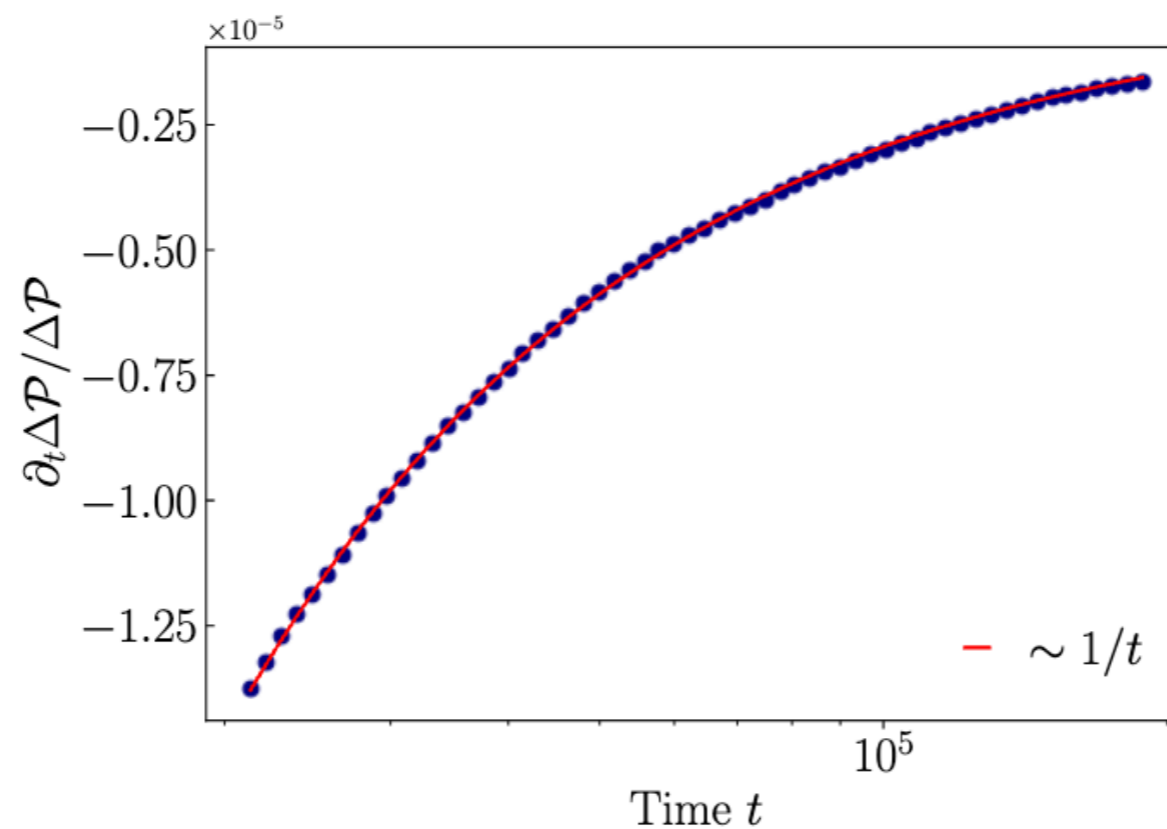
Qualitative* crosscheck

2504.18754 with Berges, Denicol and Preis

$$\tau_\pi(t) D\pi^{\mu\nu} = -\pi^{\mu\nu} + \eta(t)\sigma^{\mu\nu} + \dots$$



restrict to homogenous isotropization: $\pi^{\mu\nu} = \text{diag} \left(0, -\frac{2}{3}\Delta P(t), \frac{1}{3}\Delta P(t), \frac{1}{3}\Delta P(t) \right)^{\mu\nu}$



Quasinormal modes of nonthermal fixed points

2502.01622 with De Lescluze

On a nonthermal fixed point:

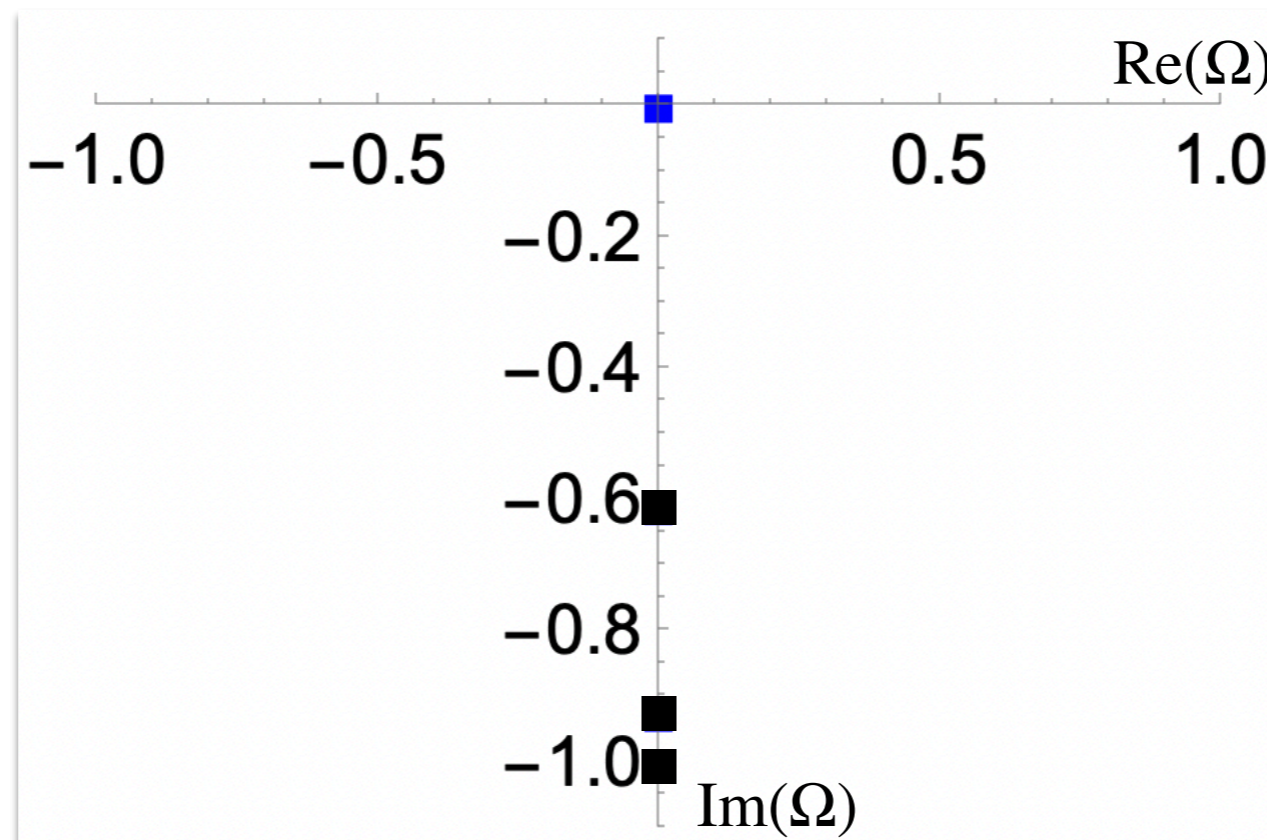
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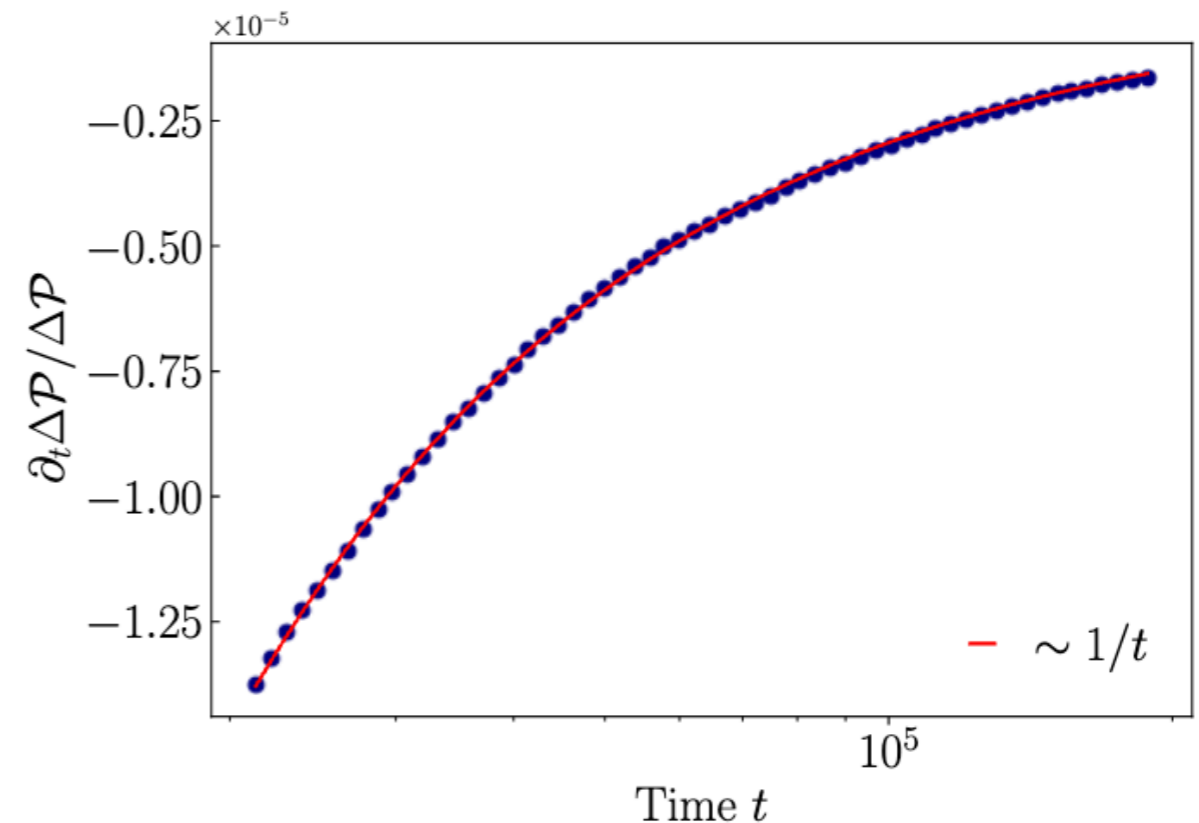
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restrict to homogenous isotropization: $\pi^{\mu\nu} = \text{diag} \left(0, -\frac{2}{3}\Delta P(t), \frac{1}{3}\Delta P(t), \frac{1}{3}\Delta P(t) \right)^{\mu\nu}$

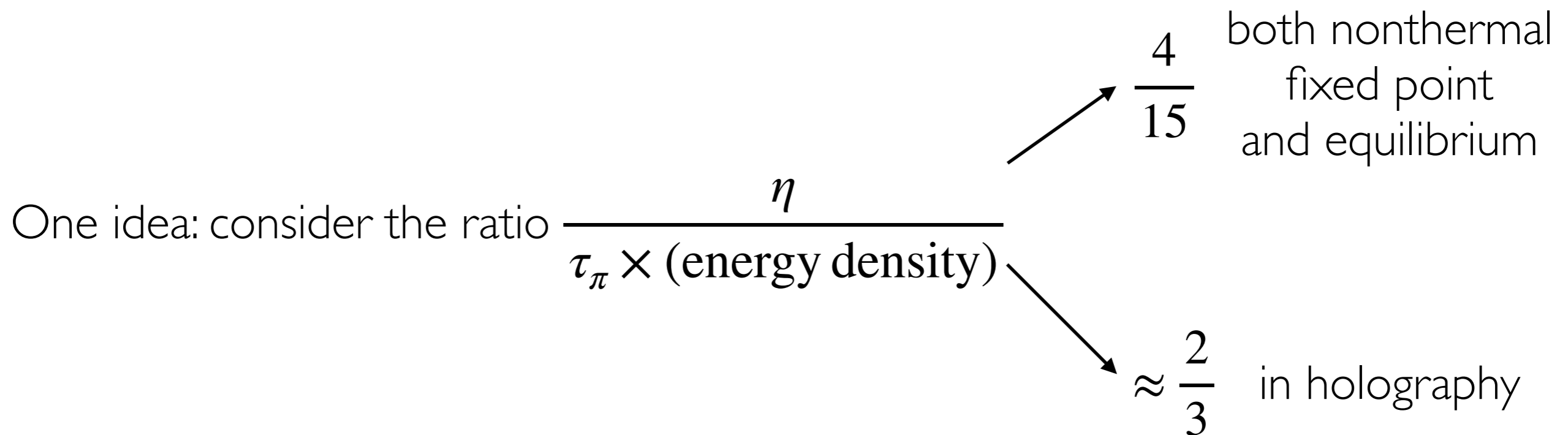
$$\frac{\Delta \dot{P}}{\Delta P} = -\frac{1}{\tau_\pi(t)} = \frac{t_{\text{ref}}}{\bar{\tau}_\pi(t - t_*)}$$



Implications

2504.18754 with Berges, Denicol and Preis

Comparing the nonthermal fixed point liquid with near-equilibrium liquids requires going beyond the η/s paradigm, as this ratio is now time dependent



Using $\tau_\pi(t)D\pi^{\mu\nu} = -\pi^{\mu\nu} + \eta(t)\sigma^{\mu\nu} + \dots$ to model inhomogeneous nonthermal fixed point phenomena eyeing experimental confirmations in cold atomic gases

Summary

Summary

Prescaling is the scaling with correctly accounted for the origin of time
Consequence: nonthermal fixed points extend to earlier times

2307.07545 with Mazeliauskas and Preis

The emergence of nonthermal fixed points can be thought of as originating from the decay of transient quasinormal modes around them

2502.01622 with De Lescluze

Adding spatial momentum reveals hydrodynamic modes and opens a window on studying inhomogeneous nonthermal fixed points

2504.18754 with Berges, Denicol and Preis

Open problems (cold atoms / theory)

Prescaling is the scaling with correctly accounted for
Consequence: nonthermal fixed point

experimentally confirmed in the Hadzibabic Lab
prescaling in the expanding geometry?

2502.01545 with Mazeliauskas and Preis

The emergence of nonthermal fixed points
from the decay of transient quantum states

experiment?
less damped QNMs than the prescaling one?

around them
of as originating

2502.01622 with De Lescluze

Adding spatial momentum reveals
on studying inhomogeneous

experiment?
aHydro for the expanding geometry nonthermal fixed point?
nonthermal fixed point
with initial state fluctuations?

2502.01622 with Berges, Denicol and Preis