

Aim of the lectures: qualitative and semiquantitative description of some phases of cold and dense hadronic matter

Topics

Lecture I, Overview

Motivations, Compact objects, General introduction to superfluids and superconductors, Introduction to color superconductors

Lecture II, Toy Model

Remarks on CFL, Discussion of a toy model, Stability criteria

Lecture III, Tools

Some tools, NJL model, High Density Effective Theory, Low energy effective theories

Lecture IV, Crystalline Color Superconductors

Astrophysical relevance, Main properties, Applications

Remarks

- There are several exercises/question which you should try to do/answer. They appear with a red cornice. They should help to better understand the discussed topic.
- Most of the discussions are rigorous, but not all of them!
- If something is unclear in the first two lectures, do not worry, it should become more clear in the next lecture. I will indeed discuss some topics in various different ways.
- The last lecture is about crystalline color superconductors, it will not help you to clarify any previous topic.
- You are very welcome to ask questions. Although I may not have the answer for all of them.

Reviews: Wilczek and Rajagopal [hep-ph/0011333](https://arxiv.org/abs/hep-ph/0011333)
Alford et al. [arXiv:0709.4635](https://arxiv.org/abs/arXiv:0709.4635),
MM et al. [arXiv:1302.4264](https://arxiv.org/abs/arXiv:1302.4264)

QCD *CONDENSATES*

LECTURE I *OVERVIEW*

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OUTLINE

- *General motivations*
- *What are compact stars made of?*
- *Superfluids and Superconductors*
- *Color Superconductors*

GENERAL MOTIVATIONS

Two main motivations

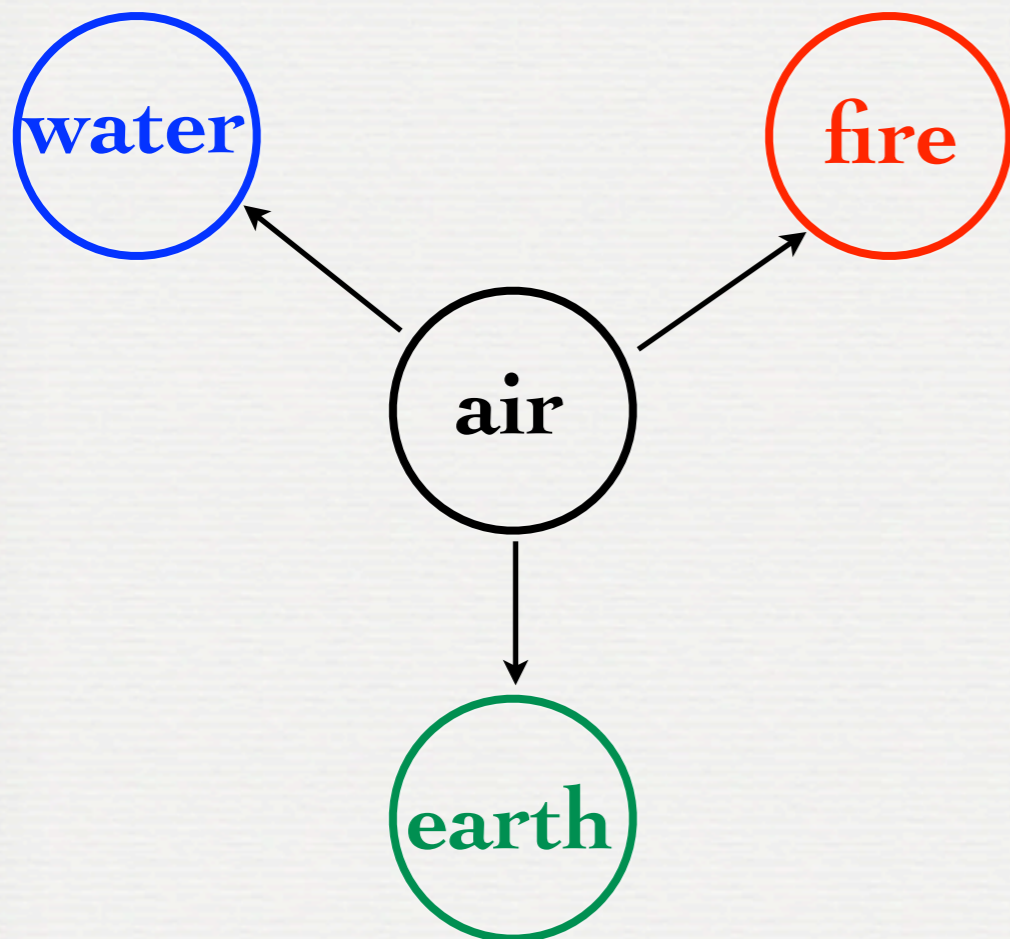
Understanding the properties of hadronic matter in the deconfined phase, in which the correct degrees of freedom are quarks and gluons

Find astrophysical observables related with deconfined quark matter

What is matter made of?

Reductionism: complex objects are made by simple objects

For *Anaximenes of Miletus*, air is the elementary object, the **archè**



water, fire and earth
are condensed states of air

Matter is made by water, earth and fire in
different states of aggregation

What is matter made of?

A chemist answer:

Hydrogen																		Helium	
1 H																		2 He	
1.00794																		4.00260	
Lithium																		Boron	
3 Li																		5 B	
6.941																		10.811	
Beryllium																		Carbon	
4 Be																		6 C	
9.01218																		12.011	
Sodium																		Nitrogen	
11 Na																		7 N	
22.990																		14.007	
Magnesium																		Oxygen	
12 Mg																		8 O	
24.305																		15.999	
Aluminum																		Fluorine	
13 Al																		9 F	
26.982																		18.998	
Silicon																		Neon	
14 Si																		10 Ne	
28.086																		20.180	
Phosphorus																		Sulfur	
15 P																		16 S	
30.974																		32.06	
Chlorine																		Argon	
17 Cl																		18 Ar	
35.453																		39.948	
Potassium																		Gallium	
19 K																		31 Ga	
39.098																		69.723	
Calcium																		Germanium	
20 Ca																		32 Ge	
40.078																		72.64	
Scandium																		Arsenic	
21 Sc																		33 As	
44.956																		74.922	
Titanium																		Selenium	
22 Ti																		34 Se	
47.88																		78.96	
Vanadium																		Bromine	
23 V																		35 Br	
50.942																		79.904	
Chromium																		Krypton	
24 Cr																		36 Kr	
51.996																		83.80	
Manganese																		Rubidium	
25 Mn																		37 Rb	
54.938																		85.468	
Iron																		Strontium	
26 Fe																		38 Sr	
55.845																		87.62	
Cobalt																		Yttrium	
27 Co																		39 Y	
58.933																		88.906	
Nickel																		Zirconium	
28 Ni																		40 Zr	
58.693																		91.224	
Copper																		Niobium	
29 Cu																		41 Nb	
63.546																		92.906	
Zinc																		Molybdenum	
30 Zn																		42 Mo	
65.38																		95.94	
Gallium																		Technetium	
31 Ga																		43 Tc	
69.723																		98	
Germanium																		Ruthenium	
32 Ge																		44 Ru	
72.64																		101.07	
Arsenic																		Rhodium	
33 As																		45 Rh	
74.922																		102.91	
Selenium																		Palladium	
34 Se																		46 Pd	
78.96																		106.42	
Bromine																		Silver	
35 Br																		47 Ag	
79.904																		107.87	
Krypton																		Cadmium	
36 Kr																		48 Cd	
83.80																		112.41	
Rubidium																		Indium	
37 Rb																		49 In	
85.468																		114.82	
Strontium																		Tin	
38 Sr																		50 Sn	
87.62																		118.71	
Yttrium																		Antimony	
39 Y																		51 Sb	
88.906																		121.76	
Zirconium																		Tellurium	
40 Zr																		52 Te	
91.224																		127.6	
Niobium																		Iodine	
41 Nb																		53 I	
92.906																		126.905	
Molybdenum																		Xenon	
42 Mo																		54 Xe	
95.94																		131.29	
Technetium																		Cesium	
43 Tc																		55 Cs	
98																		132.91	
Ruthenium																		Barium	
44 Ru																		56 Ba	
101.07																		137.33	
Rhodium																		Lanthanum	
45 Rh																		57 La	
102.91																		138.905	
Palladium																		Cerium	
46 Pd																		58 Ce	
106.42																		140.12	
Silver																		Praseodymium	
47 Ag																		59 Pr	
107.87																		140.91	
Cadmium																		Neodymium	
48 Cd																		60 Nd	
112.41																		144.24	
Indium																		Promethium	
49 In																		61 Pm	
114.82																		145	
Tin																		Samarium	
50 Sn																		62 Sm	
118.71																		150.36	
Antimony																		Europium	
51 Sb																		63 Eu	
121.76																		151.96	
Tellurium																		Gadolinium	
52 Te																		64 Gd	
127.6																		157.25	
Iodine																		Terbium	
53 I																		65 Tb	
126.905																		158.93	
Xenon																		Dysprosium	
54 Xe																		66 Dy	
131.29																		162.50	
Cesium																		Holmium	
55 Cs																		67 Ho	
132.91																		164.93	
Barium																		Erbium	
56 Ba																		68 Er	
137.33																		167.26	
Lanthanum																		Thulium	
57 La																		69 Tm	
138.905																		168.93	
Cerium																		Ytterbium	
58 Ce																		70 Yb	
140.12																		173.05	
Praseodymium																			
59 Pr																			
140.91																			
Neodymium																			
60 Nd																			
144.24																			
Promethium																			
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62 Sm																			
150.36																			
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157.25																			
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70 Yb																			
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Lutetium																			
71 Lu																			
174.967																			
Hafnium																			
72 Hf																			
178.49																			
Tantalum																			
73 Ta																			
180.948																			
Tungsten																			
74 W																			
183.84																			
Rhenium																			
75 Re																			
186.21																			
Osmium																			
76 Os																			
190.23																			
Iridium																			
77 Ir																			
192.22																			
Platinum																			
78 Pt																			
195.08																			
Gold																			
79 Au																			
196.967																			
Mercury																			
80 Hg																			
200.59																			
Thallium																			
81 Tl																			
204.38																			
Lead																			
82 Pb																			
207.2																			
Bismuth																			
83 Bi																			
208.98																			
Polonium																			
84 Po																			
209																			
Astatine																			
85 At																			
210																			
Radon																			
86 Rn																			
222																			
Francium																			
87 Fr																			
223																			
Radium																			
88 Ra																			
226																			
Actinium																			
89 Ac																			
227																			
Thorium																			
90 Th																			
232.04																			
Protactinium																			
91 Pa																			
231.04																			
Uranium																			
92 U																			
238.03																			
Neptunium																			
93 Np																			
237																			
Plutonium																			
94 Pu																			
244																			
Americium																			
95 Am																			
243																			
Curium																			
96 Cm																			
247																			
Berkelium																			
97 Bk																			
247																			
Californium																			
98 Cf																			
251																			
Einsteinium																			
99 Es																			
252																			
Fermium																			
100 Fm																			
257																			
Mendelevium																			
101 Md																			
258																			
Nobelium																			
102 No																			
259																			

Systematics suggests substructure



protons, neutrons and electrons

Proliferation of particles

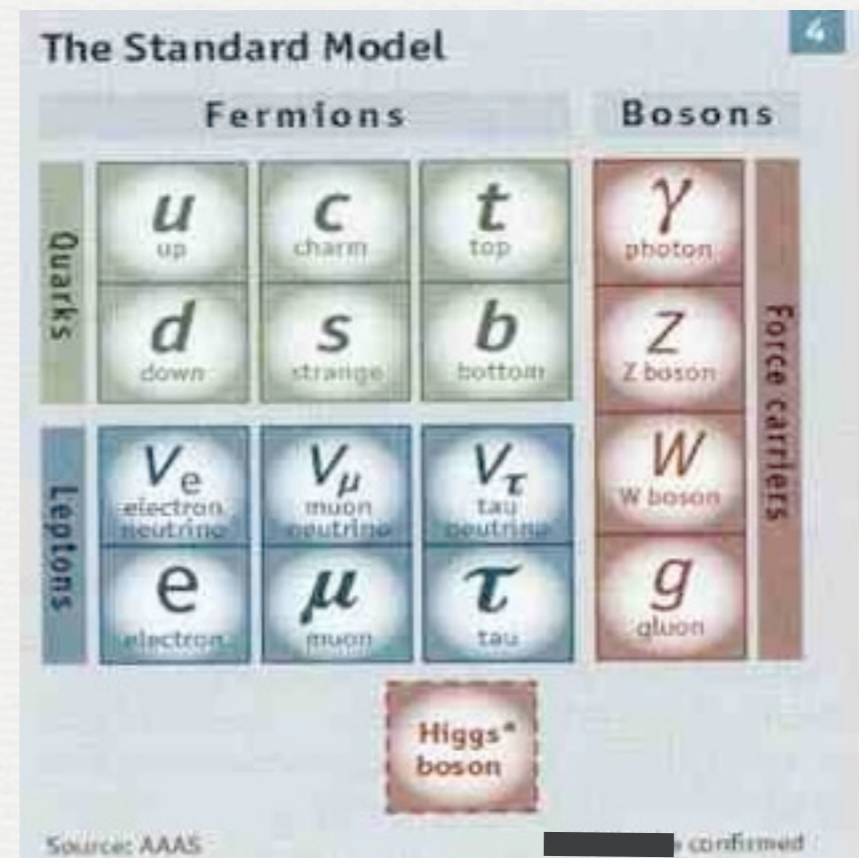
mesons	{	J^P	Particles (mass in MeV)
		0^-	π^0 (135), π^\pm (140), η (547), η' (958), K^\pm (494), K^0, \bar{K}^0 (498)
baryons	{	1^-	$\rho^{\pm,0}$ (771), ω (783), $K^{*\pm}, K^{*0}, \bar{K}^{*0}$ (892), Φ (1020)
		$\frac{1}{2}^+$	p (938), n (939), Λ (1116), $\Sigma^{\pm,0}$ (1193), $\Xi^{0,-}$ (1318)
		$\frac{3}{2}^+$	$\Delta^{++}, \Delta^+, \Delta^-, \Delta^0$ (1232), $\Sigma^{*\pm,0}$ (1385), $\Xi^{*\pm,0}$ (1318), Ω^- (1672)

systematics suggests substructure



Particle physicist:

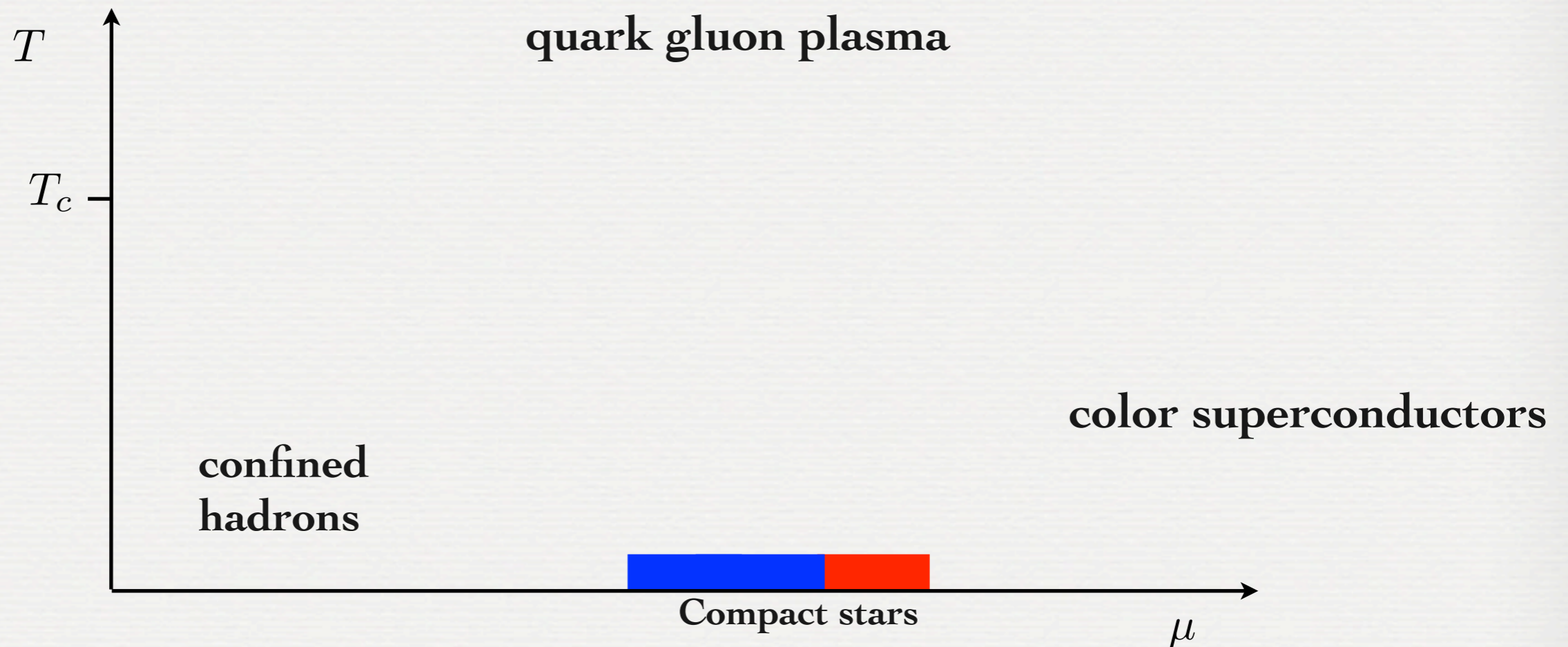
Matter is made by elementary particles
in different states of aggregation



A modern vision: it does not exist one single description of matter

The description depends on the energy of the probe, on the “thermodynamic conditions”, on the kinematic state of the observer

QCD phase diagram



Few pieces of information about the phase diagram

HOT MATTER

RHIC
LHC

ENERGY-SCAN

RHIC
NA61/SHINE@CERN-SPS
CBM@FAIR/GSI
MPD@NICA/JINR

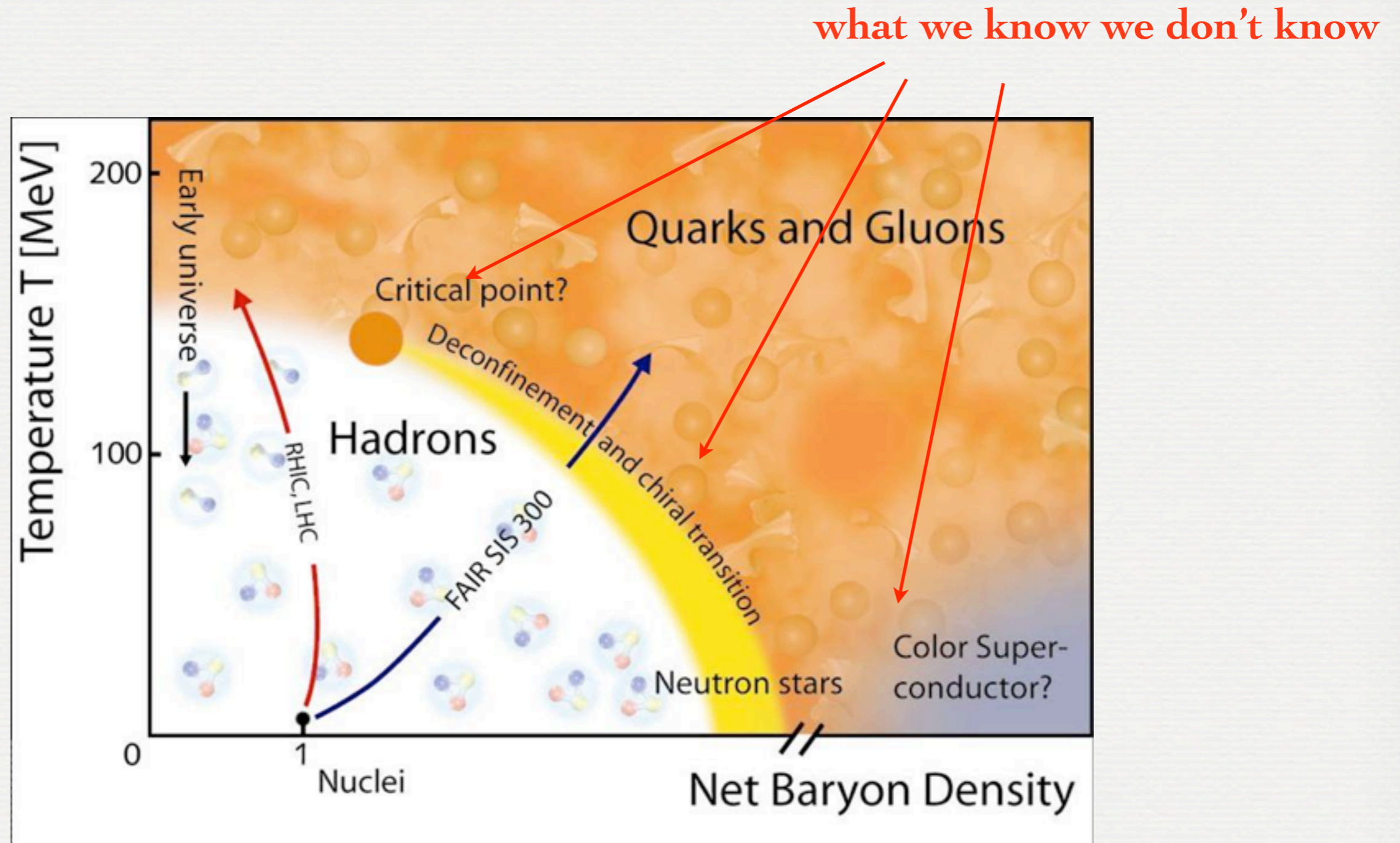
LATTICE QCD

Different approaches.
See M.P. lecture
Sign problem.

EMULATION

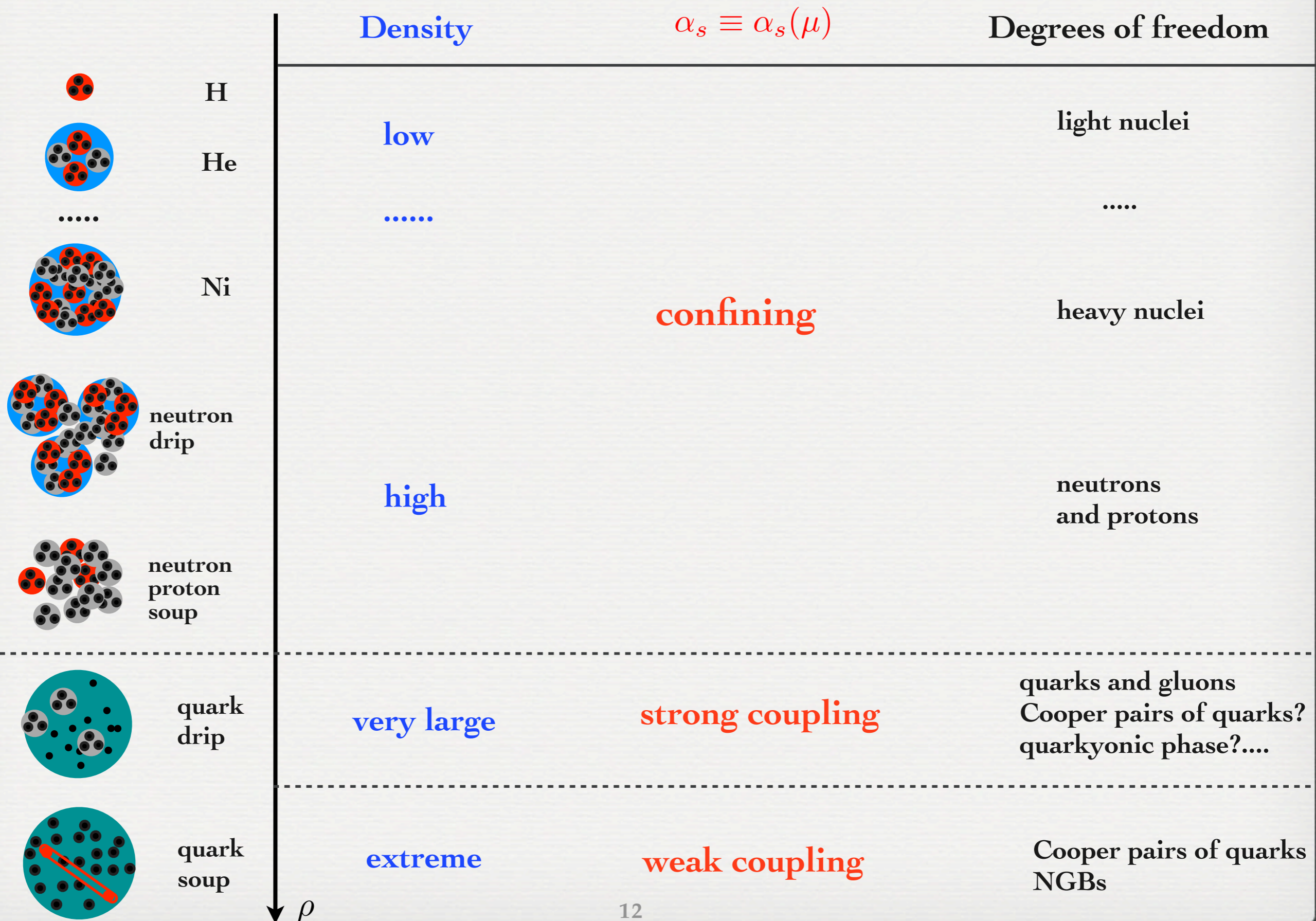
Ultracold fermi atoms

How we think it should be



http://homepages.uni-regensburg.de/~sow28704/ftd_lqcd_ss2012/ftd_lqcd_ss2012.html

Increasing baryonic density



The physics at high baryonic density is difficult to handle

1. QCD is nonperturbative
2. Lattice simulations do not work (Barbour et al. 1986 Nucl.Phys. B275 296)
3. No experimental facility (so far) can reproduce the correct conditions

Let me rephrase it:

1. We do not know how to do computations
2. We do not have numerical methods for doing tests
3. We have no terrestrial lab for validating the theoretical results

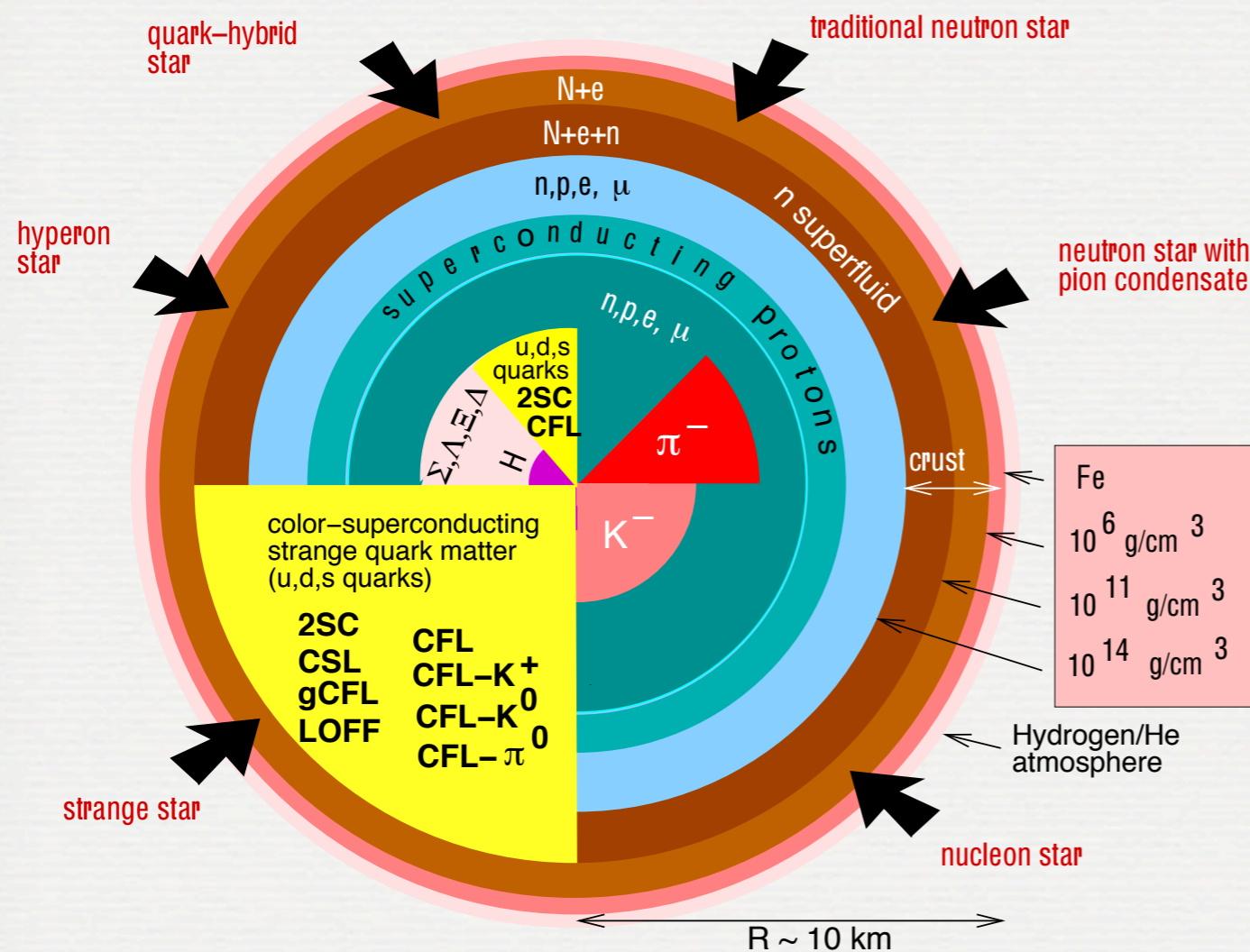
The way out:

We can use symmetries and analogies for obtaining qualitative and semiquantitative results

We can use compact stars as the “lab”

What are compact stars made of?

Compact stellar objects



“Probes”

cooling

glitches

instabilities

mass-radius

magnetic field

GW

.....

F. Weber, Prog.Part.Nucl.Phys. 54 (2005) 193

Very massive compact stars?

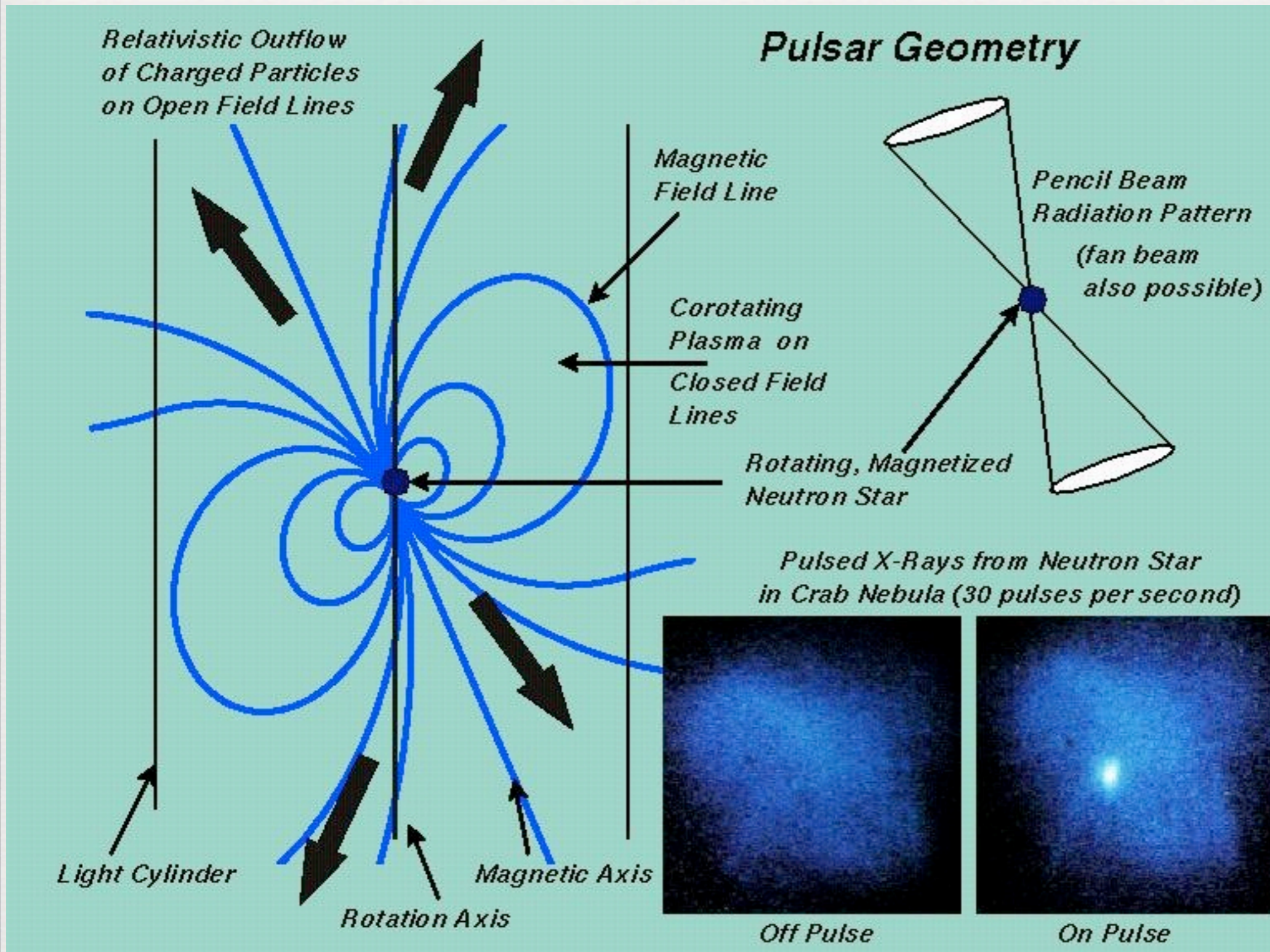
PSR J1614-2230 mass $M \sim 2 M_{\odot}$ Demorest et al Nature 467, (2010) 1081

Tension with quark matter models Bombaci et al. Phys. Rev. C 85, (2012) 55807

Unlikely one single model can explain everything

Pulsars

Compact stars are typically observed as pulsars



EPN arxiv

Crab
33ms

Vela
89ms

Classification of CSOs

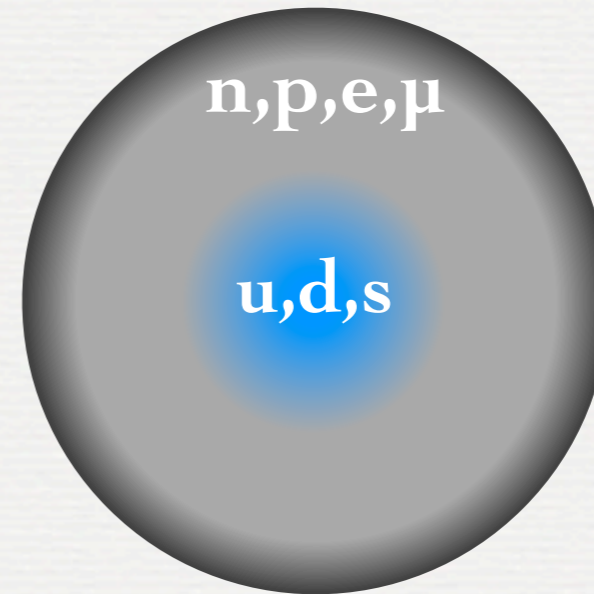
Neutron star



$R \sim 10 \text{ km}$ $M = 1.4 M_{\odot}$

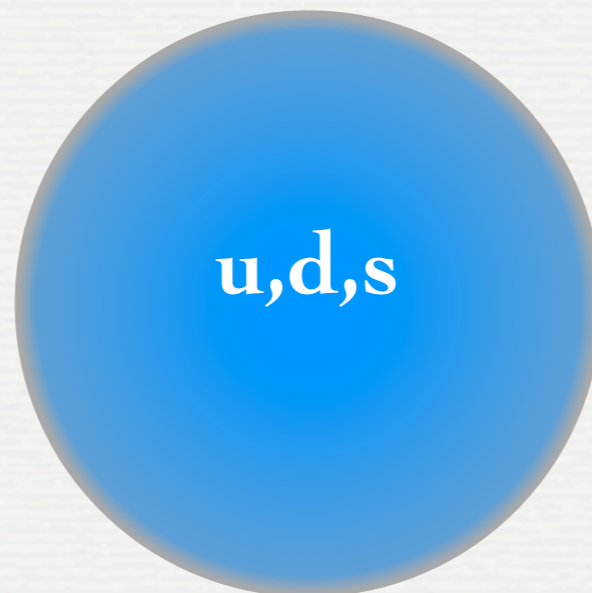
See I.V. Lecture

Hybrid star



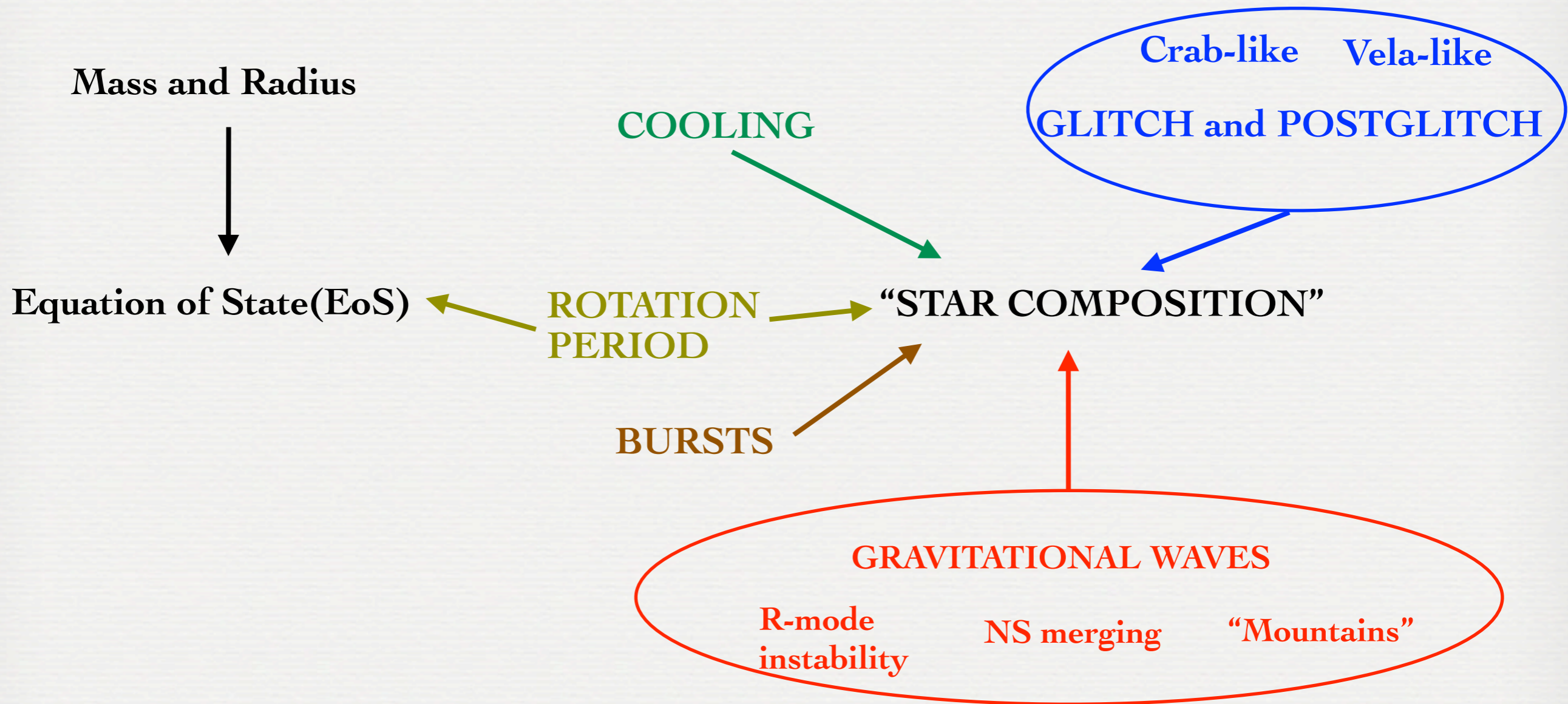
$R \sim 10 \text{ km}$ $M = 1.4 M_{\odot}$

Strange star



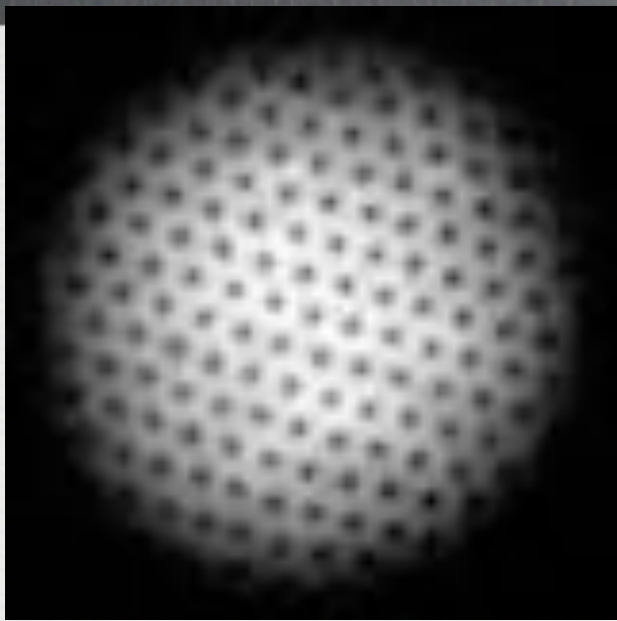
$R \sim 0 - 10 \text{ km}$ $M < 2.5 M_{\odot}$

Information from CSOs

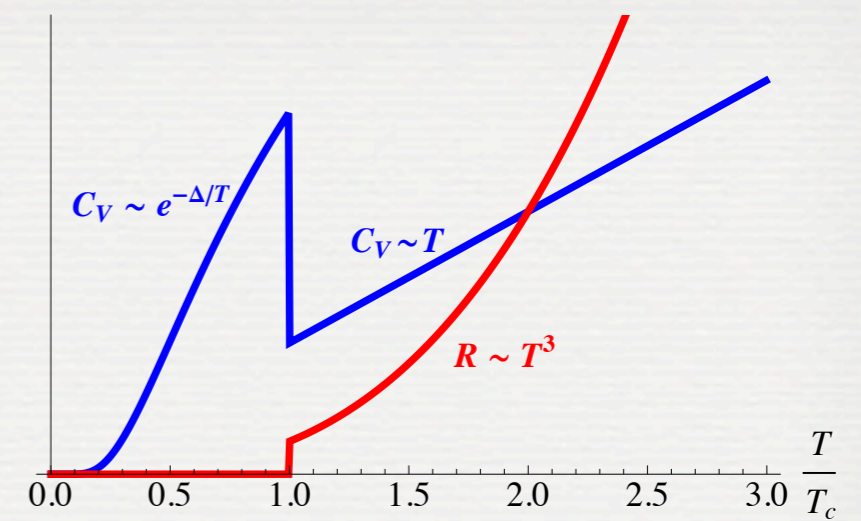


The quality of the information is not the same in all the observables.
For example, we now VERY well the **rotation period** of pulsars.
We have NOT DETECTED **gravitational waves**

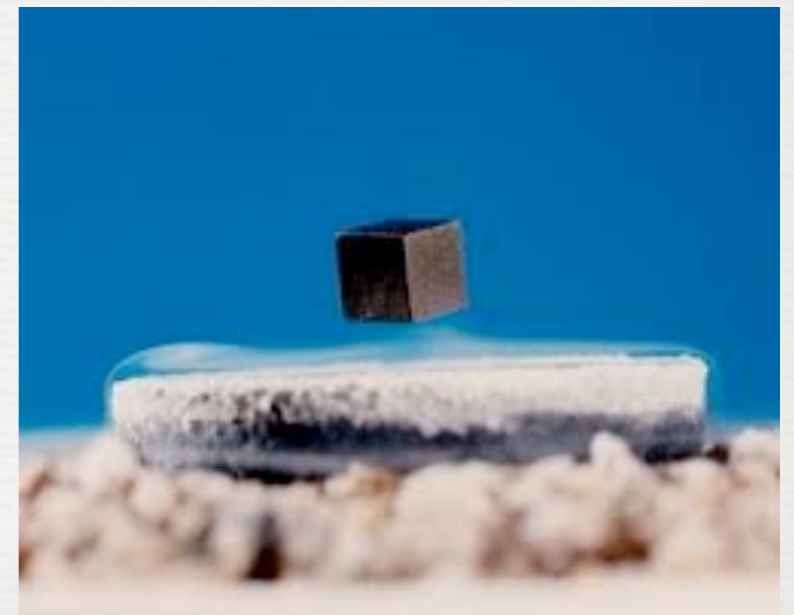
	Neutron and hybrid stars	Strange stars
holding force	gravity	strong interactions and gravity
mass-radius	constrained	$M \propto R^3$ no lower bound
top spinning period	$P \sim 1$ ms	$P < 1$ ms
cooling	might be the same	
r-modes	gravitational waves emission	model dependent
glitches	more or less explained	qualitative explanation



arbitrary units

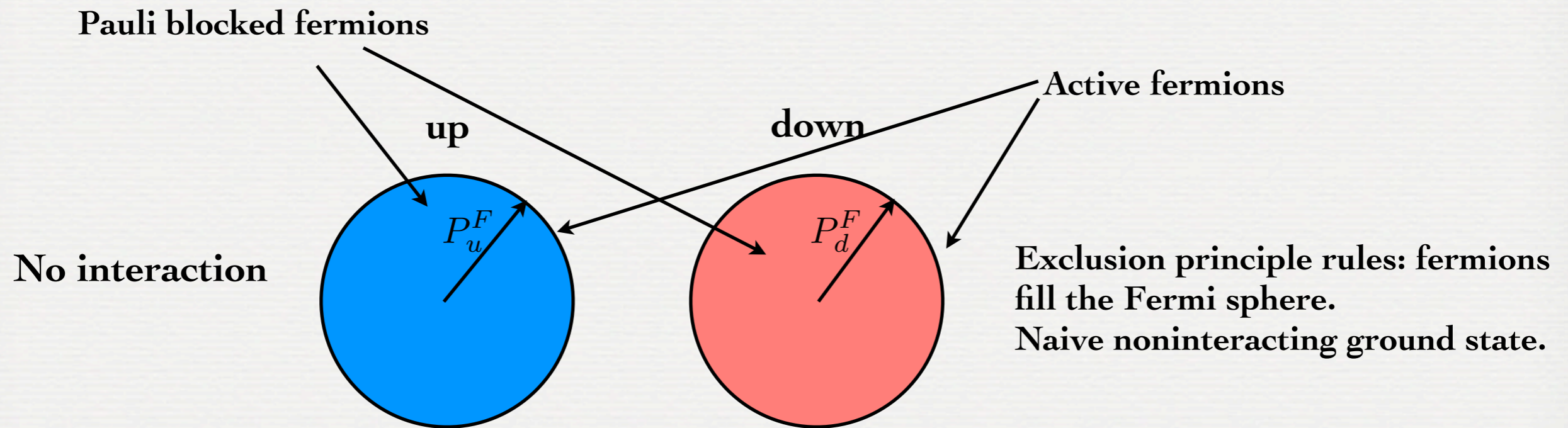


SUPERFLUIDS AND SUPERCONDUCTORS

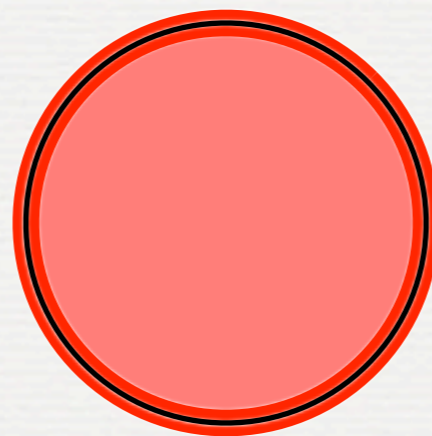
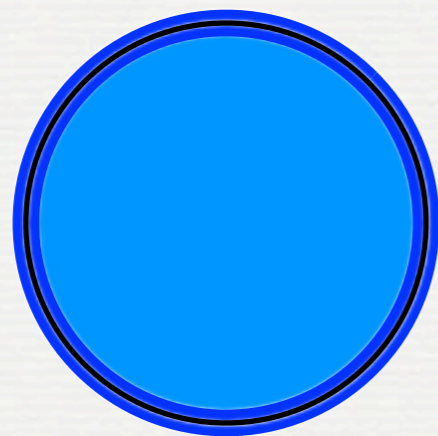


BCS qualitative description

Degenerate system of spin up and spin down fermions



Attractive
interaction



Active fermions form correlated pairs.
BCS state

The naive Fermi sphere ground state is unstable: the BCS state has minimum energy.
We can integrate out the Pauli blocked fermions

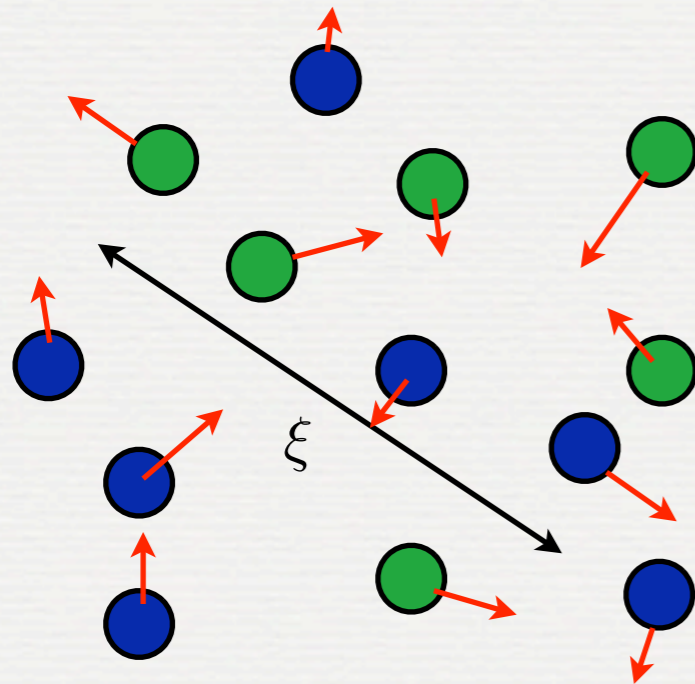
BCS qualitative description

fermions

● spin up

● spin down

↗ momentum



Cooper pairs: “difermions” with total spin 0 and total momentum 0

Free energy gain $\sim \Delta$

$$\xi \sim \frac{v_F}{\Delta}$$

BCS: loosely bound pairs $\xi \gtrsim n^{-1/3}$

BEC: tightly bound pairs $\xi \lesssim n^{-1/3}$

Type I (Pippard): $\lambda \ll \xi$ first order phase transition to the normal phase

Type II (London): $\lambda \gg \xi$ richer behavior, 2nd order phase transition

Superfluid vs Superconductors

Definitions

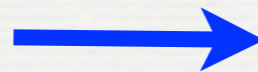
Superfluid: frictionless fluid with $\mathbf{v} = \nabla\phi \Rightarrow \nabla \times \mathbf{v} = 0$ (irrotational or quantized vorticity)

Superconductor: “screening” of the magnetic field: Meissner effect (almost perfect diamagnet)

Superfluid

Broken global symmetry

Goldstone theorem

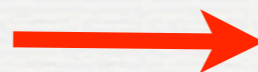


Transport of the quantum numbers of the broken group with almost no dissipation

Superconductor

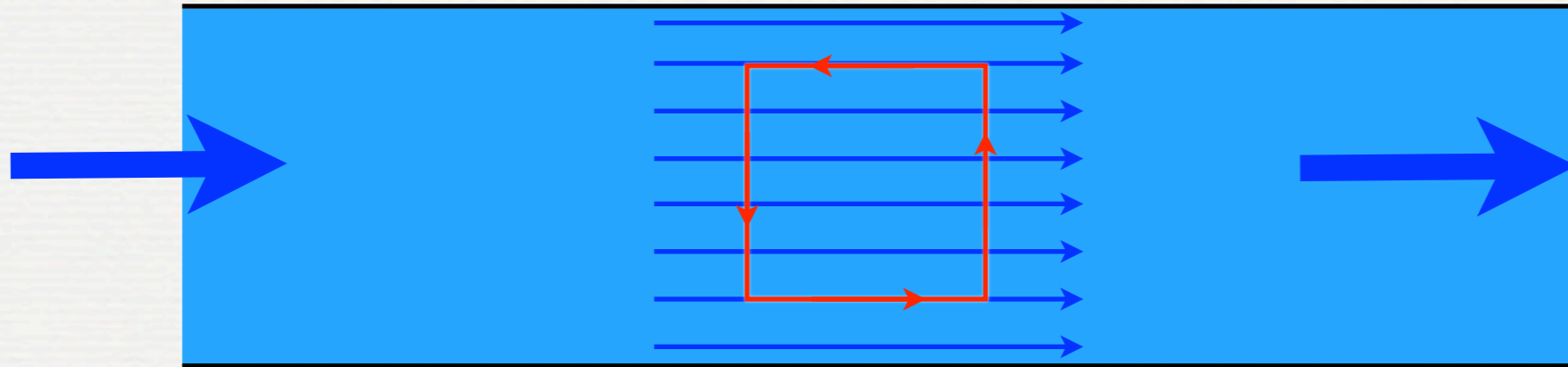
“Broken gauge symmetry”

Higgs mechanism



Broken gauge fields with mass, M ,
penetrate for a length $\lambda \propto 1/M$

Unviscid (dry) fluid



Continuity equation $\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{v}) = 0$

Euler equation $\frac{\partial \mathbf{v}}{\partial t} + (\mathbf{v} \cdot \nabla) \mathbf{v} = -\frac{\nabla p}{\rho} - \nabla \phi$

Vorticity $\Omega = \nabla \times \mathbf{v}$

Unviscid fluid $\Omega = 0$

24

The flow is permanently irrotational $\mathbf{v} = \nabla \phi$

Viscous fluid

$$\rho \left(\frac{\partial \mathbf{v}}{\partial t} + (\mathbf{v} \cdot \nabla) \mathbf{v} \right) = -\nabla p - \rho \nabla \phi + \eta \nabla^2 \mathbf{v} + \zeta \nabla(\nabla \cdot \mathbf{v})$$

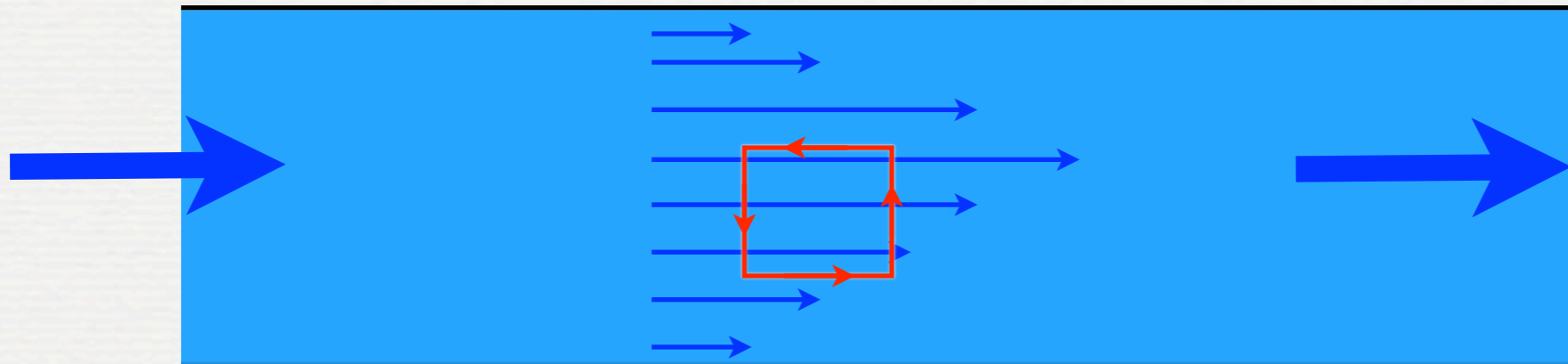
shear viscosity

bulk viscosity

Using the vorticity

$$\frac{\partial \Omega}{\partial t} + \nabla \times (\Omega \times \mathbf{v}) = \frac{\eta}{\rho} \nabla^2 \Omega$$

Vorticity is generated by the shear viscosity



Superfluid

Superfluidity is due to the absence of low energy excitations which dissipate energy

When does an excitation appear?

Suppose the superfluid moves with respect to a boundary

Low energy excitation in the comoving frame $\epsilon(p)$

Low energy excitation in the lab frame $\epsilon(p) + \mathbf{p} \cdot \mathbf{v}$

$\epsilon(p) + \mathbf{p} \cdot \mathbf{v} < 0$ **transition to the excited state**

Landau's criterion:

Superfluidity occurs when $v < v_{cr} = \text{Min} \frac{\epsilon(p)}{p}$ $\text{Min} \frac{\epsilon(p)}{p} \neq 0$

Example

26

Consider a system with a global $U(1)$ symmetry

Spontaneous symmetry breaking: Goldstone boson $\epsilon(p) = c p$

Question: Does the Goldstone theorem imply a linear dispersion law?

Univiscid flow is not the characterizing property of a superfluid.

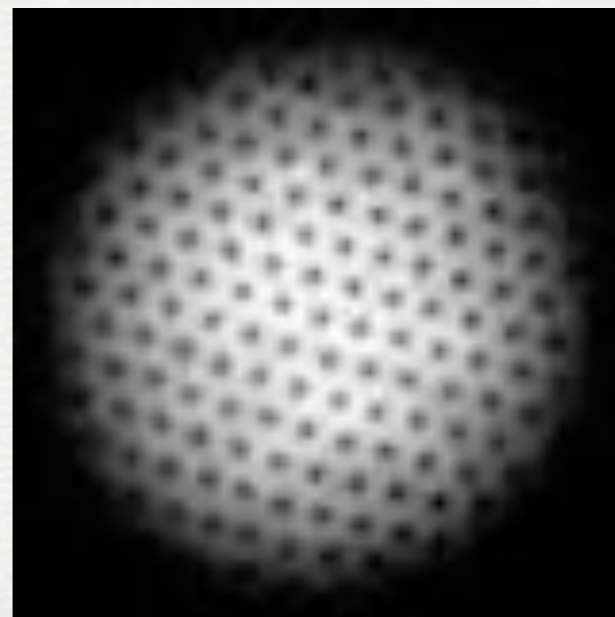
Consider a ballistic gas. It “flows” without dissipation. But it is certainly not a superfluid.

The characterizing property of a superfluid is potential flow with quantized vortices when in rotation

$$\mathbf{v} = \nabla\varphi \rightarrow \nabla \times \mathbf{v} = 0 \text{ almost everywhere}$$

$$\oint_C d\mathbf{l} \cdot \mathbf{v} = \Delta\varphi = n\pi \text{ because } \varphi \text{ is a phase}$$

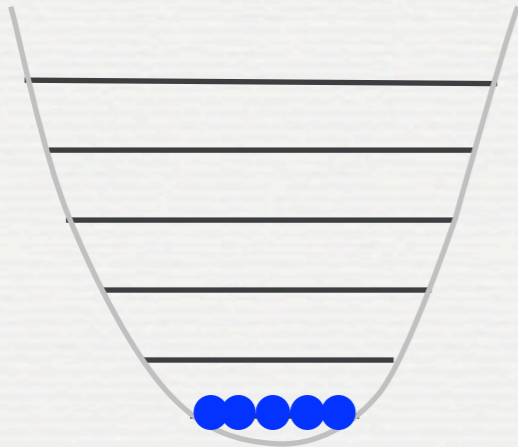
Since vortices repel they form an Abrikosov lattice



Fermionic and bosonic superfluids at $T=0$

^4He

BOSONS



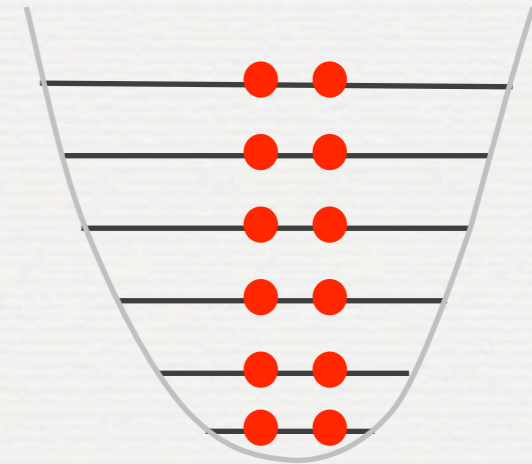
Bosons “like” to move together, no dissipation

^4He becomes superfluid at $T_c \approx 2.17 \text{ K}$, Kapitsa et al (1938)

BEC

^3He

FERMIONS



An arbitrary weak interaction leads to the formation of Cooper pairs

^3He becomes superfluid at $T_c \approx 0.0025 \text{ K}$, Osheroff (1971)

BCS

increasing the attractive interaction between fermions

BCS-BEC crossover

BCS
fermi surface phenomenon

BCS-BEC crossover
start to form bound pairs

BEC
tightly bound pairs

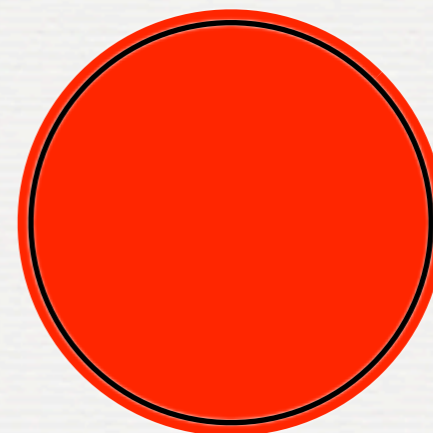
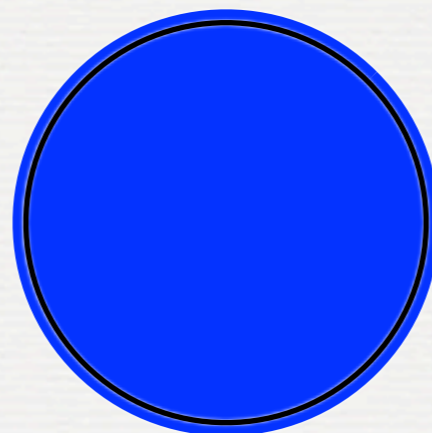
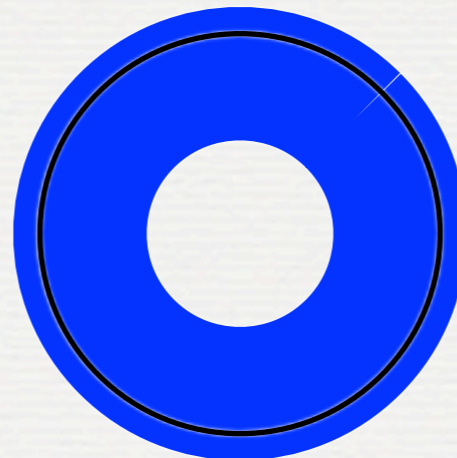
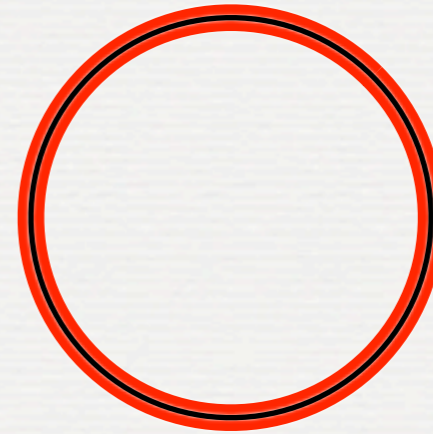
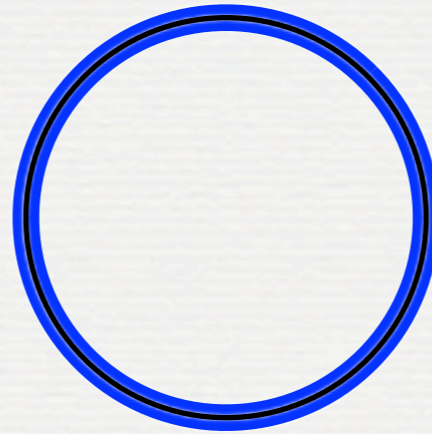
up

down

μ_0

weak

strong



Main concepts so far:

- We don't know what is inside compact stars. Some exotic phase might be there
- Superfluid, spontaneous breaking of a global symmetry
- Superconductor, “spontaneous breaking” of a local symmetry
- Superfluids are weird systems: vanishing viscosity, quantized vorticity...
- Both fermions (like ^3He) and bosons (like ^4He) can become superfluid

Next:

What about quark matter? Can it be superfluid? Does it happen?
Which are the consequences?

COLOR SUPERCONDUCTORS

A bit of history

- Quark matter inside compact stars, Ivanenko and Kurdgelaidze (1965), Paccini (1966) ...
- Quark Cooper pairing was proposed by Ivanenko and Kurdgelaidze (1969)
- With asymptotic freedom (1973) more robust results by Collins and Perry (1975), Baym and Chin (1976)
- Classification of some color superconducting phases: Bailin and Love (1984)

Interesting studies but predicted small energy gaps $\sim 10 \div 100$ keV
small/negligible phenomenological impact for compact stars

- A large gap with instanton models by Alford et al. (1998) and by Rapp et al. (1998)
- The color flavor locked (CFL) phase was proposed by Alford et al. (1999)

Do we have the ingredients?

Recipe for superconductivity

- Degenerate system of fermions
- Attractive interaction (in some channel)
- $T < T_c$

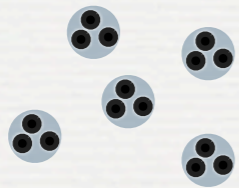


Color superconductivity

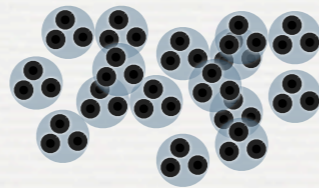
- At large μ , degenerate system of quarks
- Attractive interaction between quarks in the antitriplet color channel
- We expect $T_c \sim (10 - 100) \text{ MeV} \gg T_{\text{star-core}} \sim 10 \div 100 \text{ keV}$
THE SYSTEM IS EFFECTIVELY ULTRACOLD

Color superconductors

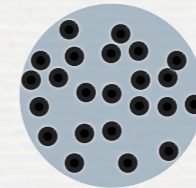
Confined



Strong coupling



Weak coupling



μ

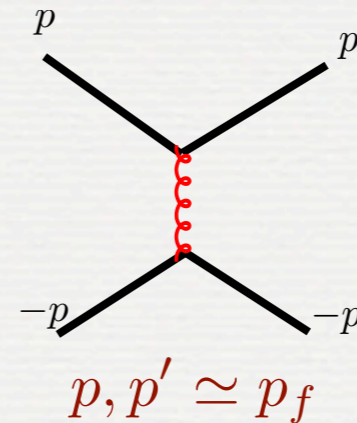
Degenerate system of quarks

Attractive interaction between quarks

$$3 \times 3 = \bar{3}_A + 6_S$$



attractive channel



Using quarks as building blocks, one has color, flavor as well as spin degrees of freedom: **the game is more complicated**

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QCD, allows for a zoo of colored phases and one has to single out the one with the smallest free-energy

Gap parameter

Any superconducting phase is characterized by a particular difermion condensate

The condensate express the fact that the ground state contains a sizable fraction of particles

The quantum numbers of the condensate allow to determine the residual symmetries of the theory

If the condensate is “charged” with respect to a particular quantum symmetry, then that symmetry is spontaneously broken.

Example

“Standard BCS superconductors”

Consider a degenerate system of fermions with charge Q

Suppose there is an attractive S-wave interaction channel, say because of a phonon exchange

If the temperature is sufficiently low, there will be a condensate made by two fermions

$$\langle \psi\psi \rangle$$

The gauge transformation $\psi(x) \rightarrow e^{iQ\alpha(x)}\psi(x)$ does not leave the condensate invariant

Indeed the condensate has electric charge $2Q$ and it “brakes” $U(1)_{\text{em}}$

By the Higgs-Anderson mechanism, the photon gets mass: the Meissner mass and the magnetic component of the gauge field is screened.

Important points:

- 1) we have only used symmetries (no specific description of the interaction channel)
- 2) we have not used an external Higgs field, it has been the dynamics of the fermions to induce the symmetry breaking.

General expression of the gap parameter

Quite general color superconducting condensate:

$$\langle \psi_{\alpha i} C \gamma_5 \psi_{\beta j} \rangle \propto \sum_{I=1}^3 \Delta_I \varepsilon^{\alpha\beta I} \epsilon_{ijI}$$

$\alpha, \beta = 1, 2, 3$ color indices

$i, j = 1, 2, 3$ flavor indices

gap parameters



It has a flavor charge

It has a color charge

It has a baryonic charge

Δ_I is the gap parameter between quarks whose flavor and color is not I

Δ_3 is the gap parameter between $\langle u_b d_r \rangle$ and $\langle u_r d_b \rangle$

Obs. the condensate has been written in a gauge variant way

2 Flavor color superconductor (2SC)

Suppose the strange quark mass is “large”.

Strange quarks decouple and we effectively have only up and down quarks

$$\Delta_3 > 0, \Delta_2 = \Delta_1 = 0$$

The breaking pattern:

$$SU(3)_c \times SU(2)_L \times SU(2)_R \times U(1)_B \times U(1)_S \rightarrow SU(2)_c \times SU(2)_L \times SU(2)_R \times U(1)_{\tilde{B}} \times U(1)_S$$

$\underbrace{\hspace{15em}}_{\supset U(1)_Q} \qquad \underbrace{\hspace{15em}}_{\supset U(1)_{\tilde{Q}}}$

- 5 gauge bosons acquire a mass: the system IS A COLOR SUPERCONDUCTOR
- No global symmetry is broken: the system IS NOT A SUPERFLUID
- No chiral symmetry breaking
- The photon is rotated (mixed with gauge and global symmetries).

The system is an “electrical” conductor

Color Flavor Locking (CFL)

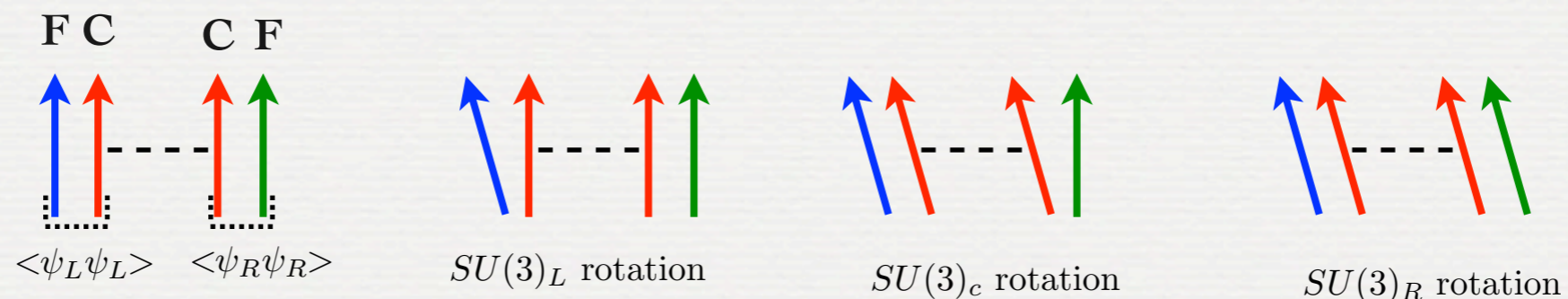
Suppose that the strange quark mass is “small”.
All quarks should be treated on an equal footing:

$$\Delta_1 = \Delta_2 = \Delta_3 = \Delta_{\text{CFL}}$$

$$\langle \psi_{\alpha i} C \gamma_5 \psi_{\beta j} \rangle \propto \Delta_{\text{CFL}} \sum_{I=1}^3 \varepsilon^{\alpha\beta I} \epsilon_{ij I} \quad \text{Alford, Rajagopal, Wilczek hep-ph/9804403}$$

All quarks, contribute coherently to pairing. This phase maximizes the pairing.
It is very robust. It is expected to be the ground state of quark matter at very large densities

Locking color and flavor rotations:



This is “like” in the $SU(2) \times U(1) \rightarrow U(1)$ locking of the standard model

CFL breaking pattern

$$\begin{array}{c}
 SU(3)_c \times SU(3)_L \times SU(3)_R \times U(1)_B \rightarrow SU(3)_{c+L+R} \times Z_2 \\
 \underbrace{\hspace{10em}}_{\supset U(1)_Q} \qquad \qquad \underbrace{\hspace{10em}}_{\supset U(1)_{\tilde{Q}}}
 \end{array}$$

- 8 gluons acquire “magnetic mass” CFL IS A COLOR SUPERCONDUCTOR
- χ SB: 8 (pseudo) Nambu-Goldstone bosons
- $U(1)_B$ breaking CFL IS A SUPERFLUID
- “Rotated” photon, mixing angle $\cos \theta = \frac{g}{\sqrt{g^2 + 4e^2/3}}$

The system is an electromagnetic transparent insulator